

2011 Southern Cross Country Championships

Venue: Parliament Hill Fields, London

Saturday, 29 January 2010

Under 13 Girls Individual Results

Pos.	Race No.	Time	Name	Club
1	442	00:12:04	Katie Shiel Rankin	Aldershot Farnham & District AC
2	489	00:12:15	Siannah Rayment	Bracknell AC
3	691	00:12:23	Elisabeth Hood	Poole AC
4	785	00:12:31	Hannah Knapton	Winchester & District AC
5	450	00:12:33	Lucy Wildash	Basingstoke & Mid Hants AC
6	482	00:12:35	Grace Goddard	Bracknell AC
7	483	00:12:41	Hope Goddard	Bracknell AC
8	515	00:12:49	Millie Smith	Chelmsford AC
9	549	00:12:50	Chessie Waters	Cornwall AC
10	779	00:12:51	Sophie Tooley	West Suffolk AC
11	478	00:12:54	Grace Cook	Bodyworks XTC Tri Store
12	604	00:12:55	Sarah Wilson	Havering Mayesbrook
13	511	00:12:57	Khai Mhlanga	Chelmsford AC
14	452	00:12:58	Sarah Kerr	Bedford & County AC
15	707	00:12:59	Niamh Brown	Reigate Priory AC
16	493	00:12:59	Martha Coyle	Brighton & Hove City AC
17	795	00:13:00	Eloise Davison	Windsor Slough Eton & Hounslow AC
18	674	00:13:01	Georgia Timson	Newquay & Par AC
19	480	00:13:02	Amy Bowers	Bracknell AC
20	797	00:13:04	Kathryn Ditton	Windsor Slough Eton & Hounslow AC
21	598	00:13:05	Louise Nash	Hastings A C
22	531	00:13:07	Hannah Morton	Chiltern Harriers AC
23	507	00:13:07	Sabrina Sinha	Cambridge Harriers
24	433	00:13:08	Daisy D'Santos	Aldershot Farnham & District AC
25	788	00:13:10	Alexandra Barbour	Windsor Slough Eton & Hounslow AC
26	747	00:13:15	Yasmin Ryder	Team Kennet Triathlon & AC
27	441	00:13:17	Molly Pocock	Aldershot Farnham & District AC
28	768	00:13:19	Jade Dos Santos	Trent Park RC
29	669	00:13:19	Lily England	Newquay & Par AC
30	742	00:13:21	Hannah Novakovic	St Marys Richmond A C
31	731	00:13:22	Briallen Taylor	Southampton AC
32	730	00:13:23	Alana Spiers	Southampton AC
33	506	00:13:23	Megan Marchant	Cambridge Harriers
34	613	00:13:23	Saskia Millard	Herne Hill Harriers
35	706	00:13:24	Hanah Willis	Reading AC
36	671	00:13:24	Emma Morkey	Newquay & Par AC
37	509	00:13:25	Jodie Judd	Chelmsford AC
38	687	00:13:25	Storm Sunderland	Oxford City AC
39	471	00:13:27	Jessica Keene	Blackheath & Bromley Harriers AC
40	574	00:13:27	Emma Hatchett	Enfield & Haringey AC
41	652	00:13:30	Lauren Murphy	Marshall Milton Keynes AC
42	784	00:13:31	Zoe Jennings	Winchester & District AC
43	561	00:13:32	Hannah Morris	Dorking & Mole Valley A C
44	602	00:13:32	Heidi Surman-Wells	Havering Mayesbrook
45	597	00:13:33	Sophie Markwick	Hastings A C
46	684	00:13:34	Elisha Evans	Oxford City AC
47	699	00:13:34	Megan Humphreys	Radley AC
48	802	00:13:35	Nancy Scott	Windsor Slough Eton & Hounslow AC
49	757	00:13:35	Emily Bond	Thanet Road Runners AC
50	609	00:13:35	Breagua Campbell	Herne Hill Harriers
51	686	00:13:36	Beth Mulvany	Oxford City AC
52	500	00:13:36	Charlotte Murphy	Cambridge & Coleridge AC
53	724	00:13:36	Keauna Phillips Darko	South London Harriers
54	794	00:13:36	Sophie Davies	Windsor Slough Eton & Hounslow AC
55	701	00:13:37	Katie Holt	Reading AC
56	728	00:13:38	Abbie Fisher	Southampton AC
57	766	00:13:39	Alice Ralph	Tonbridge AC
58	534	00:13:39	Megan Bird	City of Norwich AC
59	485	00:13:40	Abigail Holden	Bracknell AC
60	780	00:13:42	Abbie Hine	Wimborne AC
61	646	00:13:43	Amalia Edwards	Luton AC
62	615	00:13:44	Victoria Picken	Herne Hill Harriers
63	767	00:13:45	Alessia Russo	Tonbridge AC
64	808	00:13:47	Alicia McArdell	Woodford Green AC & Essex Ladies
65	520	00:13:47	Elona Woodford	Chelmsford AC

66	783	00:13:51	Olivia Hazlitt	Winchester & District AC
67	474	00:13:51	Shannon Risky	Blackheath & Bromley Harriers AC
68	533	00:13:52	Hannah Thear	Chiltern Harriers AC
69	741	00:13:52	Abigail West	St Albans A C
70	762	00:13:53	Eleanor Cohen	Tonbridge AC
71	816	00:13:54	Georgina Searle	Worthing & District Harriers
72	488	00:13:56	Hannah McClay	Bracknell AC
73	542	00:13:56	Sophie Wright	City of Norwich AC
74	528	00:13:57	Georgia Bingham	Chiltern Harriers AC
75	798	00:13:58	Evie Highton	Windsor Slough Eton & Hounslow AC
76	535	00:13:59	Catherine Broster	City of Norwich AC
77	635	00:13:59	Anna Weston	Invicta East Kent
78	659	00:14:00	Sian Keegan	Medway & Maidstone AC
79	683	00:14:00	Katie Inch	Orion Harriers
80	636	00:14:02	Ellen Whitehead	Invicta East Kent
81	793	00:14:03	Matilda Compton Stewart	Windsor Slough Eton & Hounslow AC
82	492	00:14:03	Mahlah Tomsett	Bracknell AC
83	654	00:14:03	Amy Radford	Marshall Milton Keynes AC
84	786	00:14:04	Klara Lyne	Winchester & District AC
85	796	00:14:04	Tara De Klerk	Windsor Slough Eton & Hounslow AC
86	761	00:14:06	Genevieve Allan	Tonbridge AC
87	712	00:14:12	Gemma Grose	Saint Edmund Pacers
88	764	00:14:15	Mhairi Fenton	Tonbridge AC
89	774	00:14:17	Amy Darcy	Wells City Harriers
90	664	00:14:18	Georgie Gibbs	Nene Valley Harriers
91	675	00:14:18	Talya Abbotts	Orion Harriers
92	681	00:14:19	Sophie Grant	Orion Harriers
93	732	00:14:19	Lucy Kidwell	Southend AC
94	705	00:14:21	Georgia Walton	Reading AC
95	647	00:14:22	Michelle Lathwell	Luton AC
96	657	00:14:23	Jacinta Barham	Medway & Maidstone AC
97	614	00:14:23	Skye O'Shaunessey	Herne Hill Harriers
98	771	00:14:23	Alice Wright	Vale of Aylesbury
99	666	00:14:24	Aylesha Reid	Nene Valley Harriers
100	490	00:14:25	Emily Read	Bracknell AC
101	510	00:14:26	Emily Ley	Chelmsford AC
102	437	00:14:26	Natalie Gilfrin	Aldershot Farnham & District AC
103	618	00:14:26	Natalija Woollny	Herne Hill Harriers
104	491	00:14:27	Amy Tickner	Bracknell AC
105	527	00:14:28	Katie Bench	Chiltern Harriers AC
106	695	00:14:30	Lucy Brain	Poole Runners
107	551	00:14:31	Rebecca Chee	Crawley AC
108	744	00:14:31	Georgina Bradford	Team Kennet Triathlon & AC
109	735	00:14:32	Natasha May	Southend AC
110	645	00:14:32	Adeya Edwards	Luton AC
111	444	00:14:32	Pippa Tilney	Aldershot Farnham & District AC
112	514	00:14:33	Rosa Prideaux	Chelmsford AC
113	625	00:14:34	Marjolaine Briscoe	Highgate Harriers
114	812	00:14:34	Jodi Ratcliff	Woodford Green AC & Essex Ladies
115	573	00:14:34	Caroline Dunnett	Enfield & Haringey AC
116	557	00:14:34	Claire Baxter	Dacorum & Tring AC
117	469	00:14:35	Mary Guy	Blackheath & Bromley Harriers AC
118	445	00:14:35	Emma Jones	Andover AC
119	545	00:14:37	Yo yo Barnsley	Cornwall AC
120	740	00:14:38	Tabitha Weddell	St Albans A C
121	655	00:14:39	Elise Annand	Medway & Maidstone AC
122	755	00:14:41	Madeline Turner	Thames Valley Harriers
123	814	00:14:43	Erin Bateman	Worthing & District Harriers
124	497	00:14:43	Peony Myall	Camberley & District AC
125	660	00:14:43	Charlotte O'Connor	Medway & Maidstone AC
126	572	00:14:44	Nastassja Allin	Enfield & Haringey AC
127	454	00:14:45	Erin McCaffray	Bedford & County AC
128	486	00:14:45	Jane Kennedy	Bracknell AC
129	765	00:14:46	Becky O'Hara	Tonbridge AC
130	737	00:14:47	Naomi Baker	St Albans A C
131	546	00:14:49	Ella Buzza	Cornwall AC
132	458	00:14:50	Alice Wallbank	Bedford & County AC
133	704	00:14:51	Lois Meredith	Reading AC
134	449	00:14:51	Kelsey Mosquera	Basingstoke & Mid Hants AC
135	801	00:14:52	Lauren Miller	Windsor Slough Eton & Hounslow AC
136	619	00:14:52	Ellie Baker	Herts Phoenix A C
137	550	00:14:53	Sian Bishop	Crawley AC

138	637	00:14:54	Savannah Dixon	London Heathside
139	543	00:14:54	Eleanor Mills	City of Portsmouth AC
140	692	00:14:55	Rachael Jeffries	Poole AC
141	715	00:14:55	Emma Dwan	Shaftesbury Barnet Harriers
142	678	00:14:56	Serena Espeute	Orion Harriers
143	565	00:14:56	Camille Bradbury	Ealing Southall & Middlesex AC
144	588	00:14:57	Emily Russell	Harrow A C
145	738	00:14:57	Laura Edwards	St Albans A C
146	743	00:14:57	Charlotte Duke	Stevenage & North Herts AC
147	439	00:14:57	Hannah Jacobs	Aldershot Farnham & District AC
148	667	00:14:58	Pheobe Whattoff	Nene Valley Harriers
149	632	00:14:58	Polly Smith	Huntingdonshire A C
150	717	00:14:58	Chloe Goodson	Shaftesbury Barnet Harriers
151	811	00:14:59	Rosie Poole	Woodford Green AC & Essex Ladies
152	468	00:15:00	Leah Everson	Blackheath & Bromley Harriers AC
153	696	00:15:00	Verity Hayter	Poole Runners
154	569	00:15:00	Courtney Marshall	Ealing Southall & Middlesex AC
155	685	00:15:05	Georgina Moss	Oxford City AC
156	447	00:15:06	Gaia Casciello	Barnet & District AC
157	539	00:15:06	Georgina Matthews	City of Norwich AC
158	775	00:15:07	Leigh Ann Rose	Werrington Joggers
159	733	00:15:08	Lucy Lynch	Southend AC
160	815	00:15:12	Amy Harris	Worthing & District Harriers
161	586	00:15:12	Alex Ranaghan	Harrow A C
162	541	00:15:12	Ellena White	City of Norwich AC
163	789	00:15:14	Sophie Bigmore	Windsor Slough Eton & Hounslow AC
164	612	00:15:15	Izzy Lamport-Went	Herne Hill Harriers
165	746	00:15:18	Charlie Estcourt	Team Kennet Triathlon & AC
166	804	00:15:19	Amy Talbot	Windsor Slough Eton & Hounslow AC
167	519	00:15:19	Cameron Venton	Chelmsford AC
168	773	00:15:20	Molly Harland	Watford Harriers
169	594	00:15:21	Zoe Botting	Hastings A C
170	763	00:15:25	Hannah Czarnowski	Tonbridge AC
171	745	00:15:26	Carys Cox	Team Kennet Triathlon & AC
172	600	00:15:26	Amy Baggs	Havering Mayesbrook
173	532	00:15:31	Rachel Padwick	Chiltern Harriers AC
174	501	00:15:31	Alice Newcombe	Cambridge & Coleridge AC
175	554	00:15:31	Libby Moody	Crawley AC
176	540	00:15:32	Harriet Seargant	City of Norwich AC
177	642	00:15:32	Ottavia Laidler	London Heathside
178	548	00:15:32	Katie Jones	Cornwall AC
179	700	00:15:33	Lauren Church	Reading AC
180	499	00:15:34	Sophie Wickens	Camberley & District AC
181	644	00:15:34	Genevieve Weston	London Heathside
182	751	00:15:34	Chiara Kafero Roberts	Thames Valley Harriers
183	530	00:15:34	Sophie Chesterman	Chiltern Harriers AC
184	800	00:15:35	Jamie Marshall	Windsor Slough Eton & Hounslow AC
185	596	00:15:35	Abigail Higgs	Hastings A C
186	578	00:15:35	Megan Bailey	Harrow A C
187	584	00:15:35	Maria Hill	Harrow A C
188	770	00:15:39	Greta Norton	Trent Park RC
189	498	00:15:39	Megan Raby	Camberley & District AC
190	456	00:15:39	Annabel Shreeves	Bedford & County AC
191	777	00:15:41	Beth McKay	West Norfolk AC
192	467	00:15:42	Molly Dent	Blackheath & Bromley Harriers AC
193	641	00:15:42	Molly Harrison	London Heathside
194	782	00:15:43	Emily De Salis	Winchester & District AC
195	446	00:15:44	Ella Neil	Andover AC
196	711	00:15:44	Bethan Bradshaw	Saint Edmund Pacers
197	621	00:15:45	Erin Breen	Herts Phoenix A C
198	460	00:15:46	Victoria Blincoe	Bexley A C
199	587	00:15:47	Madelane Ranaghan	Harrow A C
200	436	00:15:48	Cydney Epps	Aldershot Farnham & District AC
201	537	00:15:49	Izzy Chrysafi	City of Norwich AC
202	611	00:15:50	Olivia Lamont	Herne Hill Harriers
203	713	00:15:51	Gaia Johnstone	Saint Edmund Pacers
204	633	00:15:53	Molly Dawson	Invicta East Kent
205	589	00:15:54	Rosa Smart	Harrow A C
206	457	00:15:55	Ellie Shreeves	Bedford & County AC
207	803	00:15:56	Kirsten Sutherland	Windsor Slough Eton & Hounslow AC
208	603	00:15:57	Jessica Ward	Havering Mayesbrook
209	736	00:16:01	Jennifer Allen	St Albans A C

210	431	00:16:01	Emily Ayres	Aldershot Farnham & District AC
211	714	00:16:02	Mikayela Sealby	Saint Edmund Pacers
212	564	00:16:04	Millie Atherton	Ealing Southall & Middlesex AC
213	716	00:16:09	Deanna Enemy	Shaftesbury Barnet Harriers
214	610	00:16:11	Rosa Collier	Herne Hill Harriers
215	640	00:16:15	Jessica Godden	London Heathside
216	518	00:16:17	Kiera Tippet	Chelmsford AC
217	571	00:16:18	Besirat Tesfu	Ealing Southall & Middlesex AC
218	575	00:16:19	Katie Hatchett	Enfield & Haringey AC
219	718	00:16:22	Ellie McNamara	Shaftesbury Barnet Harriers
220	778	00:16:24	Suleika Horrocks	West Suffolk AC
221	769	00:16:25	Eva Jones	Trent Park RC
222	438	00:16:29	Grace Jacobs	Aldershot Farnham & District AC
223	544	00:16:31	Sian Hicks	Colchester & Tendring AC
224	529	00:16:42	Claire Buttivant	Chiltern Harriers AC
225	465	00:16:43	Harley Wooler	Bexley A C
226	508	00:16:49	Emily Brooks	Chelmsford AC
227	555	00:16:55	Josie Kavanagh	Croydon Harriers
228	663	00:17:02	Beth Denial	Nene Valley Harriers
229	547	00:17:03	Martha Carlisle	Cornwall AC
230	631	00:17:14	Amelia Darnell	Huntingdonshire A C
231	676	00:17:33	Madeline Carr	Orion Harriers
232	689	00:17:35	Megan Hunter Powell	Peterborough AC
233	688	00:17:44	Felicity Ford	Peterborough AC
234	536	00:18:01	Ashleigh Bunn	City of Norwich AC
235	601	00:18:13	Robbie Nunn	Havering Mayesbrook
236	630	00:18:53	Lucia Rimini	Highgate Harriers
237	464	00:18:57	Eleanor Winch	Bexley A C
238	810	00:19:12	Katherine Myers	Woodford Green AC & Essex Ladies
239	805	00:19:16	Niamh Bartlett	Woodford Green AC & Essex Ladies
240	677	00:19:29	Melissa Cleary	Orion Harriers
241	496	00:19:33	Phoebe Harvey	Camberley & District AC
242	495	00:22:04	Lucy Anderson	Camberley & District AC

Under 13 Girls Team Results

Pos.	Pts.	Team	Placings
1	34	Bracknell AC	(2 6 7 19)
2	110	Windsor Slough Eton & Hounslow AC	(17 20 25 48)
3	123	Chelmsford AC	(8 13 37 65)
4	154	Aldershot Farnham & District AC	(1 24 27 102)
5	196	Winchester & District AC	(4 42 66 84)
6	243	Herne Hill Harriers	(34 50 62 97)
7	269	Chiltern Harriers AC	(22 68 74 105)
8	276	Tonbridge AC	(57 63 70 86)
9	290	Oxford City AC	(38 46 51 155)
10	295	Windsor Slough Eton & Hounslow AC	(54 75 81 85)
11	313	Bracknell AC	(59 72 82 100)
12	317	Reading AC	(35 55 94 133)
13	364	City of Norwich AC	(58 73 76 157)
14	375	Blackheath & Bromley Harriers AC	(39 67 117 152)
15	404	Orion Harriers	(79 91 92 142)
16	420	Medway & Maidstone AC	(78 96 121 125)
17	420	Hastings A C	(21 45 169 185)
18	436	Havering Mayesbrook	(12 44 172 208)
19	437	Cornwall AC	(9 119 131 178)
20	463	Bedford & County AC	(14 127 132 190)
21	464	St Albans A C	(69 120 130 145)
22	470	Team Kennet Triathlon & AC	(26 108 165 171)
23	499	Enfield & Haringey AC	(40 115 126 218)
24	565	Nene Valley Harriers	(90 99 148 228)
25	567	Woodford Green AC & Essex Ladies	(64 114 151 238)
26	596	Chelmsford AC	(101 112 167 216)
27	648	Windsor Slough Eton & Hounslow AC	(135 163 166 184)
28	668	Aldershot Farnham & District AC	(111 147 200 210)
29	678	Harrow A C	(144 161 186 187)
30	683	Herne Hill Harriers	(103 164 202 214)
31	689	London Heathside	(138 177 181 193)
32	697	Saint Edmund Pacers	(87 196 203 211)
33	723	Shaftesbury Barnet Harriers	(141 150 213 219)
34	726	Ealing Southall & Middlesex AC	(143 154 212 217)
35	734	Camberley & District AC	(124 180 189 241)
36	773	City of Norwich AC	(162 176 201 234)

Under 13 Boys Individual Results

Pos.	Race No.	Time	Name	Club
1	933	00:11:19	Ashley Waterson	City of Norwich AC
2	1103	00:11:20	George Butler	Southampton AC
3	994	00:11:23	Jamie Dee	Herts Phoenix A C
4	1028	00:11:38	Jamal Lewis	Luton AC
5	892	00:11:38	Stephen Ferroni	Brighton & Hove City AC
6	1157	00:11:39	Sam Somerville	Wells City Harriers
7	1114	00:11:52	Jack Gentle	St Albans A C
8	1136	00:11:53	Stuart Brown	Tonbridge AC
9	1112	00:11:55	Lawrence Willmore	Southend AC
10	918	00:11:58	Bill Hughes	Chiltern Harriers AC
11	900	00:11:59	Rian McCawley	Camberley & District AC
12	1119	00:12:02	Aaron Farr	St Marys Richmond A C
13	905	00:12:03	Thomas Heylen	Cambridge & Coleridge AC
14	965	00:12:03	Luke Cooper	Hastings A C
15	1143	00:12:04	Euan Nicholls	Tonbridge AC
16	1034	00:12:06	Toby Herdman Smith	Marshall Milton Keynes AC
17	1169	00:12:10	Piers Copeland	Wimborne AC
18	836	00:12:11	Charlie Mills	Aldershot Farnham & District AC
19	1144	00:12:11	Toby Ralphq	Tonbridge AC
20	1160	00:12:12	Elliot Holland	West Norfolk AC
21	833	00:12:14	Nathan Gibson	Aldershot Farnham & District AC
22	850	00:12:16	Matthew Comer	Basingstoke & Mid Hants AC
23	1110	00:12:17	Adam Jordan	Southend AC
24	1050	00:12:17	Alex Hampson	Nene Valley Harriers
25	997	00:12:20	George Gould	Highgate Harriers
26	922	00:12:20	Will Perkin	Chiltern Harriers AC
27	1068	00:12:21	Nat Jones	Oxford City AC
28	893	00:12:23	Samura Kamura	Brighton & Hove City AC
29	917	00:12:23	Sam Henning	Chiltern Harriers AC
30	916	00:12:23	Robert Hall	Chiltern Harriers AC
31	1137	00:12:24	Christopher Cohen	Tonbridge AC
32	1071	00:12:29	Archie Davis	Phoenix AC
33	942	00:12:31	Callum Ward	Dartford Harriers AC
34	946	00:12:33	Charlie Wyllie	Dorking & Mole Valley A C
35	848	00:12:34	Cairon Campbell	Basingstoke & Mid Hants AC
36	1090	00:12:36	Matthew Le Poidevin	Saint Edmund Pacers
37	1038	00:12:40	Owen Seamark	Marshall Milton Keynes AC
38	1140	00:12:40	Thomas Kendrick	Tonbridge AC
39	902	00:12:41	Jake Raby	Camberley & District AC
40	882	00:12:42	Bailey Stickings	Blackheath & Bromley Harriers AC
41	985	00:12:43	Paul Burgess	Herne Hill Harriers
42	1191	00:12:44	Daniel Rowden	Woodford Green AC & Essex Ladies
43	947	00:12:45	Rowan Board	Ealing Southall & Middlesex AC
44	930	00:12:45	Alfie Linstead	City of Norwich AC
45	996	00:12:46	Terence Fawden	Highgate Harriers
46	943	00:12:46	Daniel Ashwood	Dorking & Mole Valley A C
47	939	00:12:47	Jonty Wager Leigh	Dacorum & Tring AC
48	1030	00:12:48	Lewis Bounds	Marshall Milton Keynes AC
49	1009	00:12:49	Jack Milnthorpe	Horsham Blue Star Harriers
50	1162	00:12:50	Ben Eames	West Suffolk AC
51	908	00:12:51	Henry Blanks	Chelmsford AC
52	928	00:12:52	Jamie Finch	City of Norwich AC
53	992	00:12:52	George Cook	Herts Phoenix A C
54	857	00:12:54	Tom Angell	Bedford & County AC
55	1128	00:12:54	Abraham Mendes Da Costa	Thames Valley Harriers
56	1111	00:12:55	Brandon Thorpe	Southend AC
57	865	00:12:57	Williams Mullins	Bedford & County AC
58	834	00:12:59	Harry Grace	Aldershot Farnham & District AC
59	1165	00:13:01	Ben Claridge	White Horse Harriers AC
60	904	00:13:01	Finn Barnes	Cambridge & Coleridge AC
61	1120	00:13:01	Patrick Goffey	St Marys Richmond A C
62	1101	00:13:03	Jamie Abrahams	Southampton AC
63	866	00:13:04	Cameron Westrope	Bedford & County AC
64	1156	00:13:05	Luke Prior	Wells City Harriers
65	863	00:13:06	Matthew Marsom	Bedford & County AC
66	1091	00:13:06	Tommy Robinson	Saint Edmund Pacers
67	1045	00:13:06	Scott Rowatt	Medway & Maidstone AC
68	934	00:13:08	Omar Harhara	Croydon Harriers
69	1069	00:13:08	Freddie Sunderland	Oxford City AC
70	1022	00:13:11	Johnny Naylor	London Heathside

71	1057	00:13:11	Jake Callis	Orion Harriers
72	927	00:13:11	Adam Davison	City of Norwich AC
73	1013	00:13:12	Lloyd Milliken	Leighton Buzzard AC
74	859	00:13:12	Alexander Hepburn	Bedford & County AC
75	914	00:13:13	Harry Lyne	Chichester Runners & AC
76	887	00:13:13	Will Cooper	Bracknell AC
77	966	00:13:14	Jess Magorrian	Hastings A C
78	984	00:13:15	Alfie Brown	Herne Hill Harriers
79	1117	00:13:15	Adam Wilmshurst	St Albans A C
80	841	00:13:16	John Vignaux	Andover AC
81	1141	00:13:16	Luke Melvin	Tonbridge AC
82	1170	00:13:17	Jason Haw	Winchester & District AC
83	1085	00:13:17	Elliot Morton	Reading AC
84	861	00:13:17	Frankie Jenkins	Bedford & County AC
85	870	00:13:17	Adam Foster	Benfleet R C
86	1175	00:13:17	Angus Thackray	Winchester & District AC
87	982	00:13:18	James Bates	Herne Hill Harriers
88	1182	00:13:19	Sam Critchley	Windsor Slough Eton & Hounslow AC
89	886	00:13:20	Alex Calyton	Bracknell AC
90	839	00:13:20	Tim Snook	Aldershot Farnham & District AC
91	981	00:13:20	Callum Barker	Herne Hill Harriers
92	1088	00:13:21	Ieuan Alldis	Saint Edmund Pacers
93	962	00:13:22	Louis Thorogood	Harrow A C
94	1043	00:13:24	Cameron Payas	Medway & Maidstone AC
95	1059	00:13:25	George Day	Orion Harriers
96	259	00:13:25	Liam Ward	Peterborough AC
97	1048	00:13:26	Ollie Bowling	Nene Valley Harriers
98	987	00:13:27	Max Ferrari	Herne Hill Harriers
99	1125	00:13:27	Joseph Cooper	Thames Valley Harriers
100	878	00:13:27	Charlie Davis	Blackheath & Bromley Harriers AC
101	853	00:13:28	Jack Ladhams	Basingstoke & Mid Hants AC
102	1052	00:13:28	Benjamin Haynes	Newham & Essex Beagles
103	957	00:13:28	Owen Hurcum	Harrow A C
104	1053	00:13:28	James Haynes	Newham & Essex Beagles
105	998	00:13:30	Arnold Harrison	Highgate Harriers
106	1147	00:13:31	Charlie Briers	Trent Park RC
107	1039	00:13:31	Jacob Tresham	Marshall Milton Keynes AC
108	1109	00:13:32	Mitchell Cox	Southend AC
109	1106	00:13:33	Owen Lawrence	Southampton AC
110	1098	00:13:33	Nathan Davies	Shaftesbury Barnet Harriers
111	924	00:13:33	Johnny Stenning	Chiltern Harriers AC
112	842	00:13:34	Kyle Denning	Ashford AC
113	1127	00:13:34	James Horrex	Thames Valley Harriers
114	923	00:13:35	Callum Steer	Chiltern Harriers AC
115	1005	00:13:35	Liam Holbrook	Hillingdon A C
116	1066	00:13:37	Charlie Weston	Orion Harriers
117	860	00:13:38	Tom Holland	Bedford & County AC
118	1138	00:13:38	Sam Crick	Tonbridge AC
119	1181	00:13:39	Harry Critchley	Windsor Slough Eton & Hounslow AC
120	1084	00:13:39	Michael Lennon	Reading AC
121	925	00:13:39	David Willcox	Chiltern Harriers AC
122	1150	00:13:41	Thomas McArdle	Trent Park RC
123	1046	00:13:42	Tom Whiley	Medway & Maidstone AC
124	1195	00:13:45	Jack Johnson	Worthing & District Harriers
125	941	00:13:47	Jake Williamson	Dacorum & Tring AC
126	872	00:13:48	Lewis Caiels	Bexley A C
127	1123	00:13:49	Oliver Overend	Team Kennet Triathlon & AC
128	889	00:13:49	Nicholas Kaba	Bracknell AC
129	972	00:13:51	Thomas Pitkin	Havering Mayesbrook
130	1113	00:13:51	Jack Woolf	Southend AC
131	977	00:13:52	Robert Woodgate	Havering Mayesbrook
132	1131	00:13:53	Caine Moir	Thanet Road Runners AC
133	840	00:13:53	Reece Webber	Aldershot Farnham & District AC
134	969	00:13:54	Ryan Green	Havering Mayesbrook
135	890	00:13:54	Matthew Litchfield Williams	Bracknell AC
136	1116	00:13:56	Ben Pattison	St Albans A C
137	1067	00:13:58	Alex Beveridge	Oxford City AC
138	1174	00:13:59	Will Stafford	Winchester & District AC
139	958	00:14:00	Toby McDermott	Harrow A C
140	835	00:14:00	Sam McCready	Aldershot Farnham & District AC
141	874	00:14:00	Harry Jarvis	Bexley A C
142	901	00:14:00	Tom McLaren	Camberley & District AC

143	1026	00:14:01	Harry Lander	Luton AC
144	1094	00:14:01	Felix Bordet-Stead	Shaftesbury Barnet Harriers
145	1132	00:14:02	Thomas Winch	Thanet Road Runners AC
146	983	00:14:03	Ibrahim Belal	Herne Hill Harriers
147	940	00:14:04	Tom Waterhouse	Dacorum & Tring AC
148	1153	00:14:04	Jackson Spielmeyer	Victoria Park Harriers
149	949	00:14:04	Johnny Gibbes	Ealing Southall & Middlesex AC
150	864	00:14:04	Callum Mullins	Bedford & County AC
151	931	00:14:05	Falko Rosbergen	City of Norwich AC
152	899	00:14:07	Ross Maxwell	Camberley & District AC
153	1011	00:14:08	Jack Maher	Ilford AC
154	1089	00:14:10	Tom Ford	Saint Edmund Pacers
155	980	00:14:10	Mustaf Abdirahmam	Herne Hill Harriers
156	1168	00:14:10	Jamie Brash	Wimborne AC
157	1019	00:14:11	Harry Johnson	London Heathside
158	956	00:14:11	Jamie Cohen	Harrow A C
159	873	00:14:11	Mitchell Horne	Bexley A C
160	1024	00:14:13	Harry Vinall Smeeth	London Heathside
161	1092	00:14:14	Christy Williams	Saint Edmund Pacers
162	926	00:14:15	Zak Colman	City of Norwich AC
163	1167	00:14:16	Tom Boulton	Wimborne AC
164	932	00:14:17	Joshua Shorrock	City of Norwich AC
165	1149	00:14:18	James Lovell	Trent Park RC
166	852	00:14:19	Ross Friar	Basingstoke & Mid Hants AC
167	948	00:14:21	Reece Farren	Ealing Southall & Middlesex AC
168	1151	00:14:21	Christian Steel	Trent Park RC
169	1061	00:14:22	Morgan Letchford	Orion Harriers
170	1154	00:14:23	Alex Harris	Watford Harriers
171	1060	00:14:24	George Hart	Orion Harriers
172	937	00:14:24	Samuel Howell	Dacorum & Tring AC
173	1134	00:14:25	Sam Avis	Tonbridge AC
174	891	00:14:26	Ethan Tattersall	Bracknell AC
175	897	00:14:32	James Formby	Camberley & District AC
176	1121	00:14:36	Daniel Duke	Stevenage & North Herts AC
177	1135	00:14:37	Ben Brooks	Tonbridge AC
178	1188	00:14:38	Sam Percy	Windsor Slough Eton & Hounslow AC
179	964	00:14:39	Lewis Clark	Hastings A C
180	876	00:14:43	Luc Legon	Bexley A C
181	988	00:14:44	Oliver Fox	Herne Hill Harriers
182	1133	00:14:45	Samuel Smith	Thurrock Harriers
183	1126	00:14:47	Nebay Haile	Thames Valley Harriers
184	1003	00:14:48	Joseph Doyle	Hillingdon A C
185	1159	00:14:48	Ryan Coates	West Norfolk AC
186	1081	00:14:53	Josh Green	Reading AC
187	1124	00:14:55	Darnel Chambers	Thames Valley Harriers
188	1058	00:14:56	Andrew Davies	Orion Harriers
189	1021	00:14:57	Ryan Napleton	London Heathside
190	1179	00:14:59	Joe Brown	Windsor Slough Eton & Hounslow AC
191	963	00:15:00	Bailey Cheshire	Hastings A C
192	1146	00:15:03	Ben Beckwith	Trent Park RC
193	1155	00:15:06	Michael Biss	Wells City Harriers
194	1100	00:15:08	Daniel Wilson	Shaftesbury Barnet Harriers
195	1056	00:15:09	Craig Pettitt	Newquay & Par AC
196	1055	00:15:09	Luke Craddock	Newquay & Par AC
197	952	00:15:10	Connor McCarthy	Ealing Southall & Middlesex AC
198	1197	00:15:11	Owen Weedon	Worthing & District Harriers
199	919	00:15:12	Rohan Montgomery	Chiltern Harriers AC
200	978	00:15:12	Alex Bond	Hercules Wimbledon A C
201	1129	00:15:14	Edward Wootton	Thames Valley Harriers
202	1083	00:15:17	Sam Lawrence	Reading AC
203	838	00:15:17	Chris Snook	Aldershot Farnham & District AC
204	1023	00:15:20	Tomas O'Shea	London Heathside
205	921	00:15:22	Will Oleksiuk	Chiltern Harriers AC
206	1166	00:15:22	Charlie Harrison	White Horse Harriers AC
207	1047	00:15:25	Tyler Willison	Medway & Maidstone AC
208	894	00:15:27	Aidan Silsby	Brighton & Hove City AC
209	1049	00:15:29	Dan Corrigan	Nene Valley Harriers
210	854	00:15:33	Brandon Lock	Basingstoke & Mid Hants AC
211	1070	00:15:43	Oliver Sutcliffe	Oxford City AC
212	1051	00:15:44	Ben Philby	Nene Valley Harriers
213	1020	00:15:47	Cameron Mackinney	London Heathside
214	849	00:15:50	Daniel Chalwin	Basingstoke & Mid Hants AC

215	1152	00:15:56	Joseph Young	Trent Park RC
216	967	00:16:09	Nathan Wren	Hastings A C
217	1007	00:16:11	Freddie Lavers	Hillingdon A C
218	1099	00:16:12	Sam Morris	Shaftesbury Barnet Harriers
219	846	00:16:12	Will Martin	Barnet & District AC
220	847	00:16:17	Robbie Beaumont	Basingstoke & Mid Hants AC
221	1076	00:16:18	Alex Jeffries	Poole AC
222	1161	00:16:35	Thomas Middleton	West Norfolk AC
223	1158	00:16:37	Tom Clarke	West Norfolk AC
224	1145	00:16:56	Gabriel Anstee	Trent Park RC

Under 13 Boys Team Results

Pos.	Pts.	Team	Placings
1	73	Tonbridge AC	(8 15 19 31)
2	95	Chiltern Harriers AC	(10 26 29 30)
3	169	City of Norwich AC	(1 44 52 72)
4	186	Aldershot Farnham & District AC	(18 21 58 89)
5	195	Southend AC	(9 23 56 107)
6	207	Marshall Milton Keynes AC	(16 37 48 106)
7	239	Bedford & County AC	(54 57 63 65)
8	295	Herne Hill Harriers	(41 78 86 90)
9	322	Basingstoke & Mid Hants AC	(22 35 100 165)
10	342	Camberley & District AC	(11 39 141 151)
11	346	Saint Edmund Pacers	(36 66 91 153)
12	408	Tonbridge AC	(38 81 117 172)
13	423	Bedford & County AC	(74 84 116 149)
14	425	Bracknell AC	(76 88 127 134)
15	442	Oxford City AC	(27 69 136 210)
16	447	Thames Valley Harriers	(55 98 112 182)
17	448	Orion Harriers	(71 94 115 168)
18	459	Hastings A C	(14 77 178 190)
19	487	Dacorum & Tring AC	(47 124 146 170)
20	488	Medway & Maidstone AC	(67 93 122 206)
21	489	Harrow A C	(92 102 138 157)
22	539	Nene Valley Harriers	(24 96 208 211)
23	541	Chiltern Harriers AC	(110 113 120 198)
24	553	Ealing Southall & Middlesex AC	(43 148 166 196)
25	557	Trent Park RC	(105 121 164 167)
26	571	Windsor Slough Eton & Hounslow AC	(87 118 177 189)
27	573	London Heathside	(70 156 159 188)
28	576	Herne Hill Harriers	(97 145 154 180)
29	588	Reading AC	(83 119 185 201)
30	602	Bexley A C	(125 140 158 179)
31	647	West Norfolk AC	(20 184 221 222)
32	662	Shaftesbury Barnet Harriers	(109 143 193 217)

Under 15 Girls Individual Results

Pos.	Race No.	Time	Name	Club
1	1212	00:14:54	Grace Baker	Aldershot Farnham & District AC
2	1220	00:14:58	Harriet Preedy	Aldershot Farnham & District AC
3	1225	00:15:07	Charlotte Chalwin	Basingstoke & Mid Hants AC
4	1503	00:15:08	Ruth Bourne	Tonbridge AC
5	1286	00:15:12	Sophie Riches	Chelmsford AC
6	1530	00:15:18	Isobel Glaisher	Wells City Harriers
7	1553	00:15:19	Rebecca Croft	Windsor Slough Eton & Hounslow AC
8	1426	00:15:20	Beth Hawtin	Oxford City AC
9	1235	00:15:26	Kelly Rodd	Bedford & County AC
10	1403	00:15:32	Jasmine Finlay	Marshall Milton Keynes AC
11	1380	00:15:33	Bobby Clay	Invicta East Kent
12	1219	00:15:34	Rebecca Howard	Aldershot Farnham & District AC
13	1461	00:15:42	Natalie Connor	Shaftesbury Barnet Harriers
14	1215	00:15:47	Leigh Chapman	Aldershot Farnham & District AC
15	1491	00:15:51	Lillie Bellamy	Swindon Harriers
16	1300	00:15:52	Connie Lewis	Chiltern Harriers AC
17	1511	00:15:53	Leah Melvin	Tonbridge AC
18	1518	00:15:58	Alice Wood	Tonbridge AC
19	1256	00:16:00	Rebecca Elphick	Bodyworks XTC Tri Store
20	1364	00:16:00	Emily Ruane	Herts Phoenix A C
21	1230	00:16:01	Gemma Wildash	Basingstoke & Mid Hants AC
22	1548	00:16:04	Emily Stoodley	Winchester & District AC
23	1399	00:16:07	Ellie Still	Luton AC
24	1341	00:16:10	Lydia Hallam	Havering Mayesbrook
25	1485	00:16:10	Victoria Pritchard	St Albans A C
26	1478	00:16:11	Caitlin Stewart	Southampton AC
27	1234	00:16:12	Molly McKenzie	Bedford & County AC
28	1287	00:16:14	Katie Solis	Chelmsford AC
29	1566	00:16:21	Ellie Wallis	Windsor Slough Eton & Hounslow AC
30	1549	00:16:22	Rosie Upton	Winchester & District AC
31	1528	00:16:22	Rebecca Carver	Wells City Harriers
32	1232	00:16:24	Alanah Harris	Bedford & County AC
33	1571	00:16:29	Amelia Barrett	Woodford Green AC & Essex Ladies
34	1417	00:16:32	Charlotte Cayton Smith	Newquay & Par AC
35	1303	00:16:32	Emily Hoogkamer	City of Norwich AC
36	1275	00:16:34	Grace De Rome	Cambridge Harriers
37	1384	00:16:35	Suzie Reid	Ipswich Harriers
38	1252	00:16:36	Saffron Salih	Blackheath & Bromley Harriers AC
39	1554	00:16:37	Mary Davison	Windsor Slough Eton & Hounslow AC
40	1467	00:16:37	Eleanor Hunt	Shaftesbury Barnet Harriers
41	1400	00:16:42	Amy Botham	Marshall Milton Keynes AC
42	1406	00:16:44	Ellie Hemming	Marshall Milton Keynes AC
43	1218	00:16:46	Beth Gibson	Aldershot Farnham & District AC
44	1449	00:16:46	Darcy Grant	Reigate Priory AC
45	1538	00:16:48	Sophie Lloyd	White Horse Harriers AC
46	1267	00:16:48	Charlotte Gillard	Cambridge & Coleridge AC
47	1507	00:16:50	Sian Driscoll	Tonbridge AC
48	1276	00:16:51	Sophie Parks	Cambridge Harriers
49	1261	00:16:54	Olivia Shepherd	Bracknell AC
50	1334	00:16:55	Eleanor Harrison	Guildford & Godalming A C
51	1489	00:16:56	Josie Savill	St Marys Richmond A C
52	1407	00:16:56	Fern Yull	Marshall Milton Keynes AC
53	1319	00:16:59	Stevie Lawrence	Croydon Harriers
54	1469	00:16:59	Sophia Parvizi-Wayne	Shaftesbury Barnet Harriers
55	1552	00:17:00	Caitlin Critchley	Windsor Slough Eton & Hounslow AC
56	1447	00:17:01	Alice Chandler	Reigate Priory AC
57	1343	00:17:02	Lindsay McLachlan	Havering Mayesbrook
58	1270	00:17:02	Hollie Parker	Cambridge & Coleridge AC
59	1242	00:17:04	Kate Curran	Blackheath & Bromley Harriers AC
60	1263	00:17:04	Esther Lutz Davies	Brighton & Hove City AC
61	1254	00:17:05	Lucy Sidey	Blackheath & Bromley Harriers AC
62	1439	00:17:07	Mollie Haines	Reading AC
63	1283	00:17:07	Nastasha Fisher	Chelmsford AC
64	1356	00:17:09	Georgie Hay	Herne Hill Harriers
65	1273	00:17:09	Fiona Basham	Cambridge Harriers
66	1547	00:17:10	Phoebe Rochford	Winchester & District AC
67	1297	00:17:10	Emma Barraclough	Chiltern Harriers AC
68	1302	00:17:10	Alice Cheverton	City of Norwich AC
69	1385	00:17:11	Carla Plowden Roberts	Isle of Wight AC
70	1236	00:17:11	Daisy Ward	Bedford & County AC

71	1347	00:17:12	Isabella Woods	Havering Mayesbrook
72	1318	00:17:12	Holly Haile	Croydon Harriers
73	1253	00:17:13	Greta Sharp	Blackheath & Bromley Harriers AC
74	1425	00:17:13	Elissa Clark	Oxford City AC
75	1374	00:17:16	Rebecca Miles	Hillingdon A C
76	1344	00:17:21	Francesca Smith	Havering Mayesbrook
77	1279	00:17:22	Marleen Avonthur	Chelmsford AC
78	1290	00:17:22	Isobella Warren	Chelmsford AC
79	1562	00:17:25	Rebecca Riches	Windsor Slough Eton & Hounslow AC
80	1299	00:17:26	Amy Harris	Chiltern Harriers AC
81	1282	00:17:28	Christy Dailly	Chelmsford AC
82	1304	00:17:29	Lorna McGrath	City of Norwich AC
83	1371	00:17:31	Hannah Viner	Highgate Harriers
84	1531	00:17:33	Lily Hawkins	Wells City Harriers
85	1480	00:17:33	Emma Jarvis	Southend AC
86	1459	00:17:35	Emma Watts	Saint Edmund Pacers
87	1216	00:17:35	Becky Chissell	Aldershot Farnham & District AC
88	1479	00:17:35	Sarah Imbush	Southend AC
89	1498	00:17:39	Tilly Ellis Jarmen	Thanet Road Runners AC
90	1430	00:17:39	Katie Hutchenson	Peterborough AC
91	1490	00:17:40	Caroline Willis	Stevenage & North Herts AC
92	1471	00:17:41	Amy Billups	South London Harriers
93	1284	00:17:41	Madeline Gough	Chelmsford AC
94	1558	00:17:44	Kirsty Marshall	Windsor Slough Eton & Hounslow AC
95	1301	00:17:44	Hannah Wardley	Chiltern Harriers AC
96	1413	00:17:45	Amy Gibbons	Nene Valley Harriers
97	1458	00:17:46	Emily Strickland	Saint Edmund Pacers
98	1416	00:17:47	Lucy Bowden	Newquay & Par AC
99	1401	00:17:47	Emily Bousfield	Marshall Milton Keynes AC
100	1245	00:17:49	Bethony Frost	Blackheath & Bromley Harriers AC
101	1567	00:17:49	Megan Brooke	Woking AC
102	1315	00:17:51	Paige Clarke	Crawley AC
103	1457	00:17:52	Alice Maguire	Saint Edmund Pacers
104	1289	00:17:53	Rebecca Wade	Chelmsford AC
105	1422	00:17:53	Heather Marshall	Orion Harriers
106	1320	00:17:54	Sarah Needleman	Dacorum & Tring AC
107	1414	00:17:55	Paige Lambert	Nene Valley Harriers
108	1534	00:17:58	India George	West Suffolk AC
109	1481	00:18:03	Pippa Bailey	St Albans A C
110	1581	00:18:04	Chloe Williams	Southend AC
111	1306	00:18:05	Katie Stratton	City of Norwich AC
112	1251	00:18:06	Anna Myers	Blackheath & Bromley Harriers AC
113	1360	00:18:07	Jade Stroud	Herne Hill Harriers
114	1550	00:18:09	Isobel Wallace	Winchester & District AC
115	1529	00:18:09	Abi Gibbons	Wells City Harriers
116	1420	00:18:10	Ashley Smith	Newquay & Par AC
117	1223	00:18:10	Hester Hill	Ashford AC
118	1523	00:18:20	Chloe Dearman	Watford Harriers
119	1324	00:18:23	Saskia Budgett	Ealing Southall & Middlesex AC
120	1487	00:18:25	Abbie Smith	St Albans A C
121	1398	00:18:27	Katherine Lathwell	Luton AC
122	1411	00:18:28	Sarah Chan	Nene Valley Harriers
123	1561	00:18:29	Heather Riches	Windsor Slough Eton & Hounslow AC
124	1493	00:18:30	Grace Smalley	Taunton AC
125	1298	00:18:30	Rosalind Firth	Chiltern Harriers AC
126	1484	00:18:32	Alice Mulcahy	St Albans A C
127	1472	00:18:32	Tessa Billups	South London Harriers
128	1377	00:18:33	Nicole Allan	Horsham Blue Star Harriers
129	1551	00:18:33	Lily Wilde	Winchester & District AC
130	1506	00:18:35	Isobel Connelly	Tonbridge AC
131	1483	00:18:36	Meghan Hobbs	St Albans A C
132	1269	00:18:37	Zoe MacDonald	Cambridge & Coleridge AC
133	1536	00:18:45	Beth Tooley	West Suffolk AC
134	1355	00:18:47	Ashleigh Campbell	Herne Hill Harriers
135	1453	00:18:48	Emily Gooderham	Saint Edmund Pacers
136	1500	00:18:50	Grace Humby	Thetford AC
137	1381	00:18:51	Lilly Coward	Invicta East Kent
138	1412	00:18:52	Alice Dolan	Nene Valley Harriers
139	1540	00:18:52	Sharon Hutchings	Wimborne AC
140	1446	00:18:53	Katherine West	Reading AC
141	1563	00:18:56	Abbie Schmid	Windsor Slough Eton & Hounslow AC
142	1376	00:18:58	Carys Tetlaw	Hillingdon A C

143	1361	00:18:58	Megan Breen	Herts Phoenix A C
144	1338	00:19:00	Ellen Rose Senior	Harrow A C
145	1330	00:19:03	Katrina Will	Ealing Southall & Middlesex AC
146	1515	00:19:06	Fran Taylor Lowen	Tonbridge AC
147	1482	00:19:07	Madeleine Geers	St Albans A C
148	1314	00:19:10	Eva Child	Crawley AC
149	1248	00:19:13	Isobel Jackson	Blackheath & Bromley Harriers AC
150	1357	00:19:15	Clemmie Hillare	Herne Hill Harriers
151	1353	00:19:17	Izzy Broughton	Herne Hill Harriers
152	1397	00:19:18	Yanna Raykov	London Heathside
153	1331	00:19:20	Olivia Will	Ealing Southall & Middlesex AC
154	1576	00:19:21	Isobel Moss	Woodford Green AC & Essex Ladies
155	1460	00:19:22	Beth Carter	Shaftesbury Barnet Harriers
156	1386	00:19:22	Kaya Simpson	Isle of Wight AC
157	1578	00:19:22	Stephanie Smith	Woodford Green AC & Essex Ladies
158	1440	00:19:23	Natasha Harris White	Reading AC
159	1575	00:19:24	Lucy Hayes	Woodford Green AC & Essex Ladies
160	1541	00:19:25	Chloe Morris	Wimborne AC
161	1514	00:19:38	Ottilie Swift	Tonbridge AC
162	1415	00:19:41	Emmie Blamey	Newquay & Par AC
163	1441	00:19:54	Lauren Herrington	Reading AC
164	1442	00:19:58	Alice Milsom	Reading AC
165	1444	00:20:01	Ella Saunders	Reading AC
166	1323	00:20:02	Rosanna Bell	Ealing Southall & Middlesex AC
167	1456	00:20:02	Kerry Knott	Saint Edmund Pacers
168	1342	00:20:03	Avril Lyons	Havering Mayesbrook
169	1494	00:20:08	Rhea Walter	Team Kennet Triathlon & AC
170	1259	00:20:11	Tessa Pritchard	Bracknell AC
171	1512	00:20:12	Lucy Roud	Tonbridge AC
172	1569	00:20:14	Louise Mills	Woking AC
173	1339	00:20:15	Nan Smart	Harrow A C
174	1336	00:20:21	Sophie Edwardson	Harrow A C
175	1495	00:20:30	Aneta Jaskulska	Thames Valley Harriers
176	1346	00:20:31	Lindsey Wiggins	Havering Mayesbrook
177	1396	00:20:34	Xelia Mendes Jones	London Heathside
178	1345	00:20:34	Rebecca Ward	Havering Mayesbrook
179	1509	00:20:36	Katie Humphrey	Tonbridge AC
180	1369	00:20:36	Kirsten Sorbie	Highgate Harriers
181	1429	00:20:49	Megan Haines Eynou	Peterborough AC
182	1340	00:21:03	Georgina Lavery	Havant A C
183	1465	00:21:03	Sarah Hinton	Shaftesbury Barnet Harriers
184	1373	00:21:06	Lily Fawssett	Hillingdon A C
185	1521	00:21:10	Bethan Turner	Victoria Park Harriers
186	1496	00:21:15	Eugenia Klemos	Thames Valley Harriers
187	1445	00:21:16	Andi Vietz	Reading AC
188	1239	00:21:18	Katherine Hyde	Bexley A C
189	1533	00:21:21	Henrietta Bawn	West Suffolk AC
190	1428	00:21:25	Hayley Bartlett	Peterborough AC
191	1393	00:21:28	Kathleen Jackson	London Heathside
192	1366	00:21:30	Edith Ault	Highgate Harriers
193	1572	00:21:30	Billie Bradley	Woodford Green AC & Essex Ladies
194	1443	00:21:36	Charlotte Moore	Reading AC
195	1391	00:21:43	Lily Beckford	London Heathside
196	1522	00:21:50	Paris Walker	Victoria Park Harriers
197	1390	00:21:58	Charlotte Barbour Condini	London Heathside
198	1327	00:22:23	Lara Kotechka	Ealing Southall & Middlesex AC
199	1408	00:22:29	Cicely Rice Wilson	Medway & Maidstone AC
200	1427	00:22:30	Mya Walker	Oxford City AC
201	1224	00:22:46	Lydia Herridge	Barnet & District AC
202	1437	00:22:51	Abigail Froud	Reading AC
203	1372	00:22:52	Juliette Carton	Hillingdon A C
204	1354	00:22:55	Clare Burgess	Herne Hill Harriers
205	1392	00:23:05	Ellie Jackson	London Heathside
206	1370	00:23:33	Lulu Szego	Highgate Harriers
207	1455	00:23:35	Chloe Jermyn	Saint Edmund Pacers
208	1573	00:24:22	Jessica Edwards	Woodford Green AC & Essex Ladies
209	1237	00:26:40	Maria Eremionkhale	Bexley A C

Under 15 Girls Team Results

Pos.	Pts.	Team	Placings
1	29	Aldershot Farnham & District AC	(1 2 12 14)
2	86	Tonbridge AC	(4 17 18 47)
3	130	Windsor Slough Eton & Hounslow AC	(7 29 39 55)
4	138	Bedford & County AC	(9 27 32 70)
5	145	Marshall Milton Keynes AC	(10 41 42 52)
6	173	Chelmsford AC	(5 28 63 77)
7	228	Havering Mayesbrook	(24 57 71 76)
8	231	Blackheath & Bromley Harriers AC	(38 59 61 73)
9	232	Winchester & District AC	(22 30 66 114)
10	236	Wells City Harriers	(6 31 84 115)
11	258	Chiltern Harriers AC	(16 67 80 95)
12	262	Shaftesbury Barnet Harriers	(13 40 54 155)
13	296	City of Norwich AC	(35 68 82 111)
14	356	Chelmsford AC	(78 81 93 104)
15	380	St Albans A C	(25 109 120 126)
16	410	Newquay & Par AC	(34 98 116 162)
17	421	Saint Edmund Pacers	(86 97 103 135)
18	437	Windsor Slough Eton & Hounslow AC	(79 94 123 141)
19	461	Herne Hill Harriers	(64 113 134 150)
20	463	Nene Valley Harriers	(96 107 122 138)
21	503	Woodford Green AC & Essex Ladies	(33 154 157 159)
22	523	Reading AC	(62 140 158 163)
23	583	Ealing Southall & Middlesex AC	(119 145 153 166)
24	604	Hillingdon A C	(75 142 184 203)
25	608	Tonbridge AC	(130 146 161 171)
26	661	Highgate Harriers	(83 180 192 206)
27	710	Reading AC	(164 165 187 194)
28	715	London Heathside	(152 177 191 195)

Under 15 Boys Individual Results

Pos.	Race No.	Time	Name	Club
1	350	00:15:29	Max Nicholls	Tonbridge AC
2	272	00:15:41	Ben Wilson	Poole Runners
3	199	00:15:42	Tom Newnham	Isle of Wight AC
4	339	00:15:47	George Duggan	Tonbridge AC
5	414	00:15:48	Bradley Wattleworth	Ipswich Harriers
6	333	00:15:49	James Murdoch	Thames Valley Harriers
7	386	00:15:55	Stuart McCallum	Winchester & District AC
8	24	00:16:01	Ryan Isaacson	Bedford & County AC
9	402	00:16:02	Kieran Wye	Windsor Slough Eton & Hounslow AC
10	176	00:16:02	Nicholas Doyle	Herts Phoenix A C
11	2	00:16:04	Matt Arnold	Aldershot Farnham & District AC
12	51	00:16:04	Joshua Nevin	Bournemouth AC
13	175	00:16:06	Liam Dee	Herts Phoenix A C
14	11	00:16:07	Oliver Butler	Basingstoke & Mid Hants AC
15	349	00:16:12	Sean Molloy	Tonbridge AC
16	371	00:16:12	Matthew Dickinson	Wells City Harriers
17	346	00:16:13	Nathan Marsh	Tonbridge AC
18	372	00:16:13	Oliver Fox	Wells City Harriers
19	161	00:16:17	Tim Livingstone	Hercules Wimbledon A C
20	172	00:16:20	Meruawi Yemane	Herne Hill Harriers
21	257	00:16:20	Ben Upjohn	Oxford City AC
22	326	00:16:21	Joe Walton	Taunton AC
23	408	00:16:24	Matthew Axe	Wycombe Phoenix Harriers
24	394	00:16:26	Charlie Critchley	Windsor Slough Eton & Hounslow AC
25	55	00:16:28	Scott Halstead	Bracknell AC
26	22	00:16:29	Matthew Bray	Bedford & County AC
27	389	00:16:29	Calum Upton	Winchester & District AC
28	294	00:16:30	Robin O'Connor	Shaftesbury Barnet Harriers
29	35	00:16:30	William Somogyi	Bexley A C
30	9	00:16:33	Jack Goss	Ashford AC
31	424	00:16:34	Sam Shindler Glass	Ealing Southall & Middlesex AC
32	293	00:16:34	Rory Mudd	Shaftesbury Barnet Harriers
33	400	00:16:36	Jivendra Singh	Windsor Slough Eton & Hounslow AC
34	5	00:16:36	Toby Starling	Aldershot Farnham & District AC
35	23	00:16:38	Jack Douglas	Bedford & County AC
36	352	00:16:38	Hanro Rossouw	Tonbridge AC
37	302	00:16:41	Peter Ellis	Southampton AC
38	279	00:16:41	Ben Priddle	Reading AC
39	195	00:16:43	Benjamin Collier	Horsham Blue Star Harriers
40	168	00:16:43	Amin Jisow	Herne Hill Harriers
41	171	00:16:45	Alex Wheeldon	Herne Hill Harriers
42	134	00:16:45	Jake Algar	Eastbourne Rovers AC
43	255	00:16:45	Matthieu Marshall	Oxford City AC
44	105	00:16:46	Sam Heslop George	Cornwall AC
45	364	00:16:47	Patrick Taylor	Vale of Aylesbury
46	30	00:16:47	James Hall	Benfleet R C
47	399	00:16:48	Jack Rowe	Windsor Slough Eton & Hounslow AC
48	1	00:16:49	Richard Allen	Aldershot Farnham & District AC
49	202	00:16:49	Oliver Terry	Jersey Spartans
50	268	00:16:49	Daniel Mulryan	Poole Runners
51	271	00:16:50	Andrew Smith	Poole Runners
52	63	00:16:50	James Oliver	Brighton & Hove City AC
53	104	00:16:51	Lawrence Riches	Colchester & Tendring AC
54	338	00:16:52	Corey De'ath	Tonbridge AC
55	311	00:16:54	Rob Frith	Southend AC
56	395	00:16:58	Jamie Finnigan	Windsor Slough Eton & Hounslow AC
57	75	00:16:58	Callum Charleston	Chelmsford AC
58	126	00:16:59	Jack Wyllie	Dorking & Mole Valley A C
59	396	00:17:01	George Gathercole	Windsor Slough Eton & Hounslow AC
60	166	00:17:03	Lascelles Hussey	Herne Hill Harriers
61	4	00:17:03	Tristan Gee	Aldershot Farnham & District AC
62	47	00:17:04	Nicholas Rawbin	Bodyworks XTC Tri Store
63	26	00:17:05	Sam Knee Robinson	Bedford & County AC
64	56	00:17:05	Tom Johnson	Bracknell AC
65	312	00:17:06	Steve Hancock	Southend AC
66	393	00:17:06	Gus Cockle	Windsor Slough Eton & Hounslow AC
67	136	00:17:07	Luke MacWilton	Eastbourne Rovers AC
68	411	00:17:09	Ben Sutherland	Wycombe Phoenix Harriers
69	101	00:17:09	Samuel Lane De Courtin	City of Plymouth AC
70	53	00:17:10	Declan Toth	Bournemouth AC

71	324	00:17:11	Ben Hawkins	Taunton AC
72	362	00:17:11	Kieran Lindars	Vale of Aylesbury
73	99	00:17:11	Callum Russel	City of Norwich AC
74	25	00:17:12	Jonathan Janes	Bedford & County AC
75	306	00:17:13	Alex Ruggles	Southampton AC
76	83	00:17:14	Harry Leleu	Chichester Runners & AC
77	336	00:17:14	Alistair Bishop	Tonbridge AC
78	91	00:17:16	James McCarthy	Chiltern Harriers AC
79	298	00:17:16	Jacob Geraghty	South London Harriers
80	29	00:17:17	Ross Testa	Bedford & County AC
81	378	00:17:17	Sebastian Anthony	West Suffolk AC
82	370	00:17:17	Matthew Cole	Wells City Harriers
83	281	00:17:17	Joseph Stanley	Reigate Priory AC
84	82	00:17:17	Joshua James	Chichester Runners & AC
85	93	00:17:18	Andrew Stenning	Chiltern Harriers AC
86	277	00:17:18	Nathan Meredith	Reading AC
87	382	00:17:19	Ryan Walbridge	Wimborne AC
88	358	00:17:19	David Gaskin	Trent Park RC
89	251	00:17:20	George Hoy	Orion Harriers
90	421	00:17:20	Sam McGonigle	Ealing Southall & Middlesex AC
91	314	00:17:21	Josh Mann	Southend AC
92	315	00:17:21	James Nadin	Southend AC
93	204	00:17:22	Brian Foulger	Leighton Buzzard AC
94	181	00:17:22	Stanley Harrison	Highgate Harriers
95	48	00:17:22	Joseph Arundel	Bournemouth AC
96	413	00:17:23	Toby Wapshare	Wycombe Phoenix Harriers
97	247	00:17:23	Kieran Rowe	Newquay & Par AC
98	348	00:17:24	Peter Mills	Tonbridge AC
99	361	00:17:24	James Davis	Vale of Aylesbury
100	3	00:17:26	Daniel Ayers	Aldershot Farnham & District AC
101	234	00:17:26	James West	Medway & Maidstone AC
102	391	00:17:26	Greg Baynham	Windsor Slough Eton & Hounslow AC
103	340	00:17:30	Tim Faes	Tonbridge AC
104	154	00:17:31	James Kidd	Havering Mayesbrook
105	36	00:17:31	Andre Stone	Bexley A C
106	405	00:17:32	Perry Rowan	Woodford Green AC & Essex Ladies
107	198	00:17:32	James Downing	Huntingdonshire A C
108	13	00:17:32	Richard Fernando	Basingstoke & Mid Hants AC
109	274	00:17:34	Callum Gregory	Reading AC
110	423	00:17:34	Duncan Pinder	Ealing Southall & Middlesex AC
111	125	00:17:34	Oliver May	Dorking & Mole Valley A C
112	160	00:17:35	Cassian Hyde	Hercules Wimbledon A C
113	224	00:17:37	Josh Knight	Marshall Milton Keynes AC
114	380	00:17:37	Cameron McKie	West Suffolk AC
115	80	00:17:37	George Dempster	Chichester Runners & AC
116	197	00:17:37	William Thomas	Horsham Blue Star Harriers
117	170	00:17:37	Tim Leake	Herne Hill Harriers
118	308	00:17:38	Joe Beard	Southend AC
119	241	00:17:39	Jimmy Fodder	Newham & Essex Beagles
120	290	00:17:41	Billy Kelsey	Shaftesbury Barnet Harriers
121	322	00:17:44	James Hancock	Sutton & District AC
122	236	00:17:45	Connor Bavin	Nene Valley Harriers
123	318	00:17:46	James Down	St Albans A C
124	69	00:17:48	Nathan Mapperley	Camberley & District AC
125	21	00:17:49	Joe Bergin	Bedford & County AC
126	10	00:17:50	Declan O'Driscoll	Ashford AC
127	187	00:17:51	Stephen Crosbie	Hillingdon A C
128	225	00:17:52	Harry Morton	Marshall Milton Keynes AC
129	379	00:17:52	Michael Bartram	West Suffolk AC
130	282	00:17:53	Jake McCarthy	Saint Edmund Pacers
131	34	00:17:53	Joseph O'Hara	Bexley A C
132	71	00:17:56	Daniel Cades	Cambridge & Coleridge AC
133	366	00:17:56	Corey Keane	Watford Harriers
134	6	00:17:57	Ben Watson	Aldershot Farnham & District AC
135	44	00:18:00	Will Ruiz	Blackheath & Bromley Harriers AC
136	155	00:18:02	Nick Shade	Havering Mayesbrook
137	85	00:18:03	Joe Aherne	Chiltern Harriers AC
138	287	00:18:04	Joseph Brennan	Shaftesbury Barnet Harriers
139	285	00:18:04	Alex Abadesso	Shaftesbury Barnet Harriers
140	297	00:18:05	Ben Foreman	South London Harriers
141	12	00:18:05	Jonty Davison	Basingstoke & Mid Hants AC
142	320	00:18:05	Andrew Wheatcroft	St Albans A C

143	54	00:18:06	Samuel Walrond	Bournemouth AC
144	269	00:18:07	Stanley Parker	Poole Runners
145	345	00:18:07	Alex Macaulay	Tonbridge AC
146	307	00:18:10	Tate Baron	Southend AC
147	245	00:18:12	James Craddock	Newquay & Par AC
148	397	00:18:12	Rob Hall	Windsor Slough Eton & Hounslow AC
149	238	00:18:13	Ellis O'Connell	Nene Valley Harriers
150	218	00:18:13	George Ward	Luton AC
151	106	00:18:14	Todd Mitchell	Cornwall AC
152	124	00:18:14	Thomas Chappell	Dorking & Mole Valley A C
153	344	00:18:14	Peter Laing	Tonbridge AC
154	177	00:18:15	Teddy Oliver	Herts Phoenix A C
155	139	00:18:15	Dominic Oliver	Great Yarmouth District A C
156	148	00:18:15	Ryan Higgs	Hastings A C
157	270	00:18:15	Kieran Phillips	Poole Runners
158	60	00:18:17	Daniel Riddington	Bracknell AC
159	165	00:18:17	Fraser Cunningham	Herne Hill Harriers
160	88	00:18:18	Jimmy Davies	Chiltern Harriers AC
161	410	00:18:20	James Roberts	Wycombe Phoenix Harriers
162	8	00:18:21	Timothy Forsythe	Ashford AC
163	384	00:18:22	Scott Barker	Winchester & District AC
164	153	00:18:22	Andrew Holland	Havering Mayesbrook
165	203	00:18:23	Jordan Clay	Leighton Buzzard AC
166	354	00:18:23	Miles Weatherseed	Tonbridge AC
167	194	00:18:23	Dominic Speight	Hillingdon A C
168	250	00:18:24	Matthew Boyce	Orion Harriers
169	415	00:18:25	Tobias Rankin	Ipswich Harriers
170	147	00:18:27	Anthony Donaldson	Hastings A C
171	360	00:18:29	Elliot Collins	Vale of Aylesbury
172	59	00:18:30	Steven Payne	Bracknell AC
173	68	00:18:31	Ollie Leatherdale	Camberley & District AC
174	347	00:18:32	Gavin McKay	Tonbridge AC
175	316	00:18:33	Jo Ray	Southend AC
176	70	00:18:34	Brogan McCawley	Camberley & District AC
177	206	00:18:35	Joe McGarry	Leighton Buzzard AC
178	121	00:18:36	Ben Matthews	Dartford Harriers AC
179	239	00:18:37	Jordan Rackham	Nene Valley Harriers
180	78	00:18:38	Christopher Waltham	Chelmsford AC
181	355	00:18:38	William Whitmore	Tonbridge AC
182	18	00:18:39	Kieran Ruffle	Basingstoke & Mid Hants AC
183	373	00:18:41	Charlie Martin	Wells City Harriers
184	164	00:18:42	Aaron Clark	Herne Hill Harriers
185	310	00:18:42	Ben Franklin	Southend AC
186	179	00:18:43	Ruari Duval Smith	Highgate Harriers
187	40	00:18:45	Will Fuller	Blackheath & Bromley Harriers AC
188	151	00:18:46	Nick Duffey	Havering Mayesbrook
189	217	00:18:48	Rhys Lewis	Luton AC
190	215	00:18:49	James Wooldridge	London Heathside
191	191	00:18:49	Sam Lloyd	Hillingdon A C
192	412	00:18:50	Robert Sutherland	Wycombe Phoenix Harriers
193	7	00:18:51	Mark Vignaux	Andover AC
194	33	00:18:54	Luke Francis	Bexley A C
195	100	00:18:54	Bradley Stansbury	City of Norwich AC
196	303	00:18:55	David Fisher	Southampton AC
197	142	00:18:56	Kai Hammond	Harrow A C
198	416	00:18:56	Oliver White	Portsmouth
199	216	00:18:57	Thomas Hudson	Luton AC
200	337	00:18:59	Ben Bradshaw	Tonbridge AC
201	375	00:18:59	Tom Swann	Wells City Harriers
202	283	00:19:00	Matthew Nicholls	Saint Edmund Pacers
203	332	00:19:01	Louis Marriott	Thames Valley Harriers
204	46	00:19:02	Richard Webb	Blackheath & Bromley Harriers AC
205	20	00:19:02	Ellis Taylor	Basingstoke & Mid Hants AC
206	335	00:19:03	Stephen Davies	Thurrock Harriers
207	118	00:19:13	Matthew Simpson	Dacorum & Tring AC
208	96	00:19:17	Darryl Broughton	City of Norwich AC
209	233	00:19:19	William Stockwell	Medway & Maidstone AC
210	67	00:19:20	Mark Hastings	Camberley & District AC
211	144	00:19:21	Oliver Hurcum	Harrow A C
212	107	00:19:24	Matthew Robinson	Cornwall AC
213	420	00:19:26	Tasham Peart	Ilford AC
214	186	00:19:28	Abei Thewodros	Highgate Harriers

215	210	00:19:28	Max Heap	London Heathside
216	254	00:19:32	Daniel Wellard Jeffs	Orion Harriers
217	418	00:19:32	Thomas King	Ilford AC
218	258	00:19:38	Artem Usatenko	Peterborough AC
219	143	00:19:39	Jonathan Hill	Harrow A C
220	317	00:19:39	Ryan Allen	St Albans A C
221	19	00:19:40	Curtis Smith	Basingstoke & Mid Hants AC
222	286	00:19:42	Dean Benzaken	Shaftesbury Barnet Harriers
223	39	00:19:43	Josh Dowling	Blackheath & Bromley Harriers AC
224	108	00:19:44	Dale Triggs	Cornwall AC
225	328	00:19:45	Joseph Gilbert	Thames Valley Harriers
226	207	00:19:46	Charlie Mead	Leighton Buzzard AC
227	240	00:19:46	Phil Wilson	Nene Valley Harriers
228	182	00:19:55	Peter Laing	Highgate Harriers
229	301	00:19:55	Alexander Allen	Southampton AC
230	190	00:19:56	James Hailstone	Hillingdon A C
231	62	00:20:01	Josh Freed	Brighton & Hove City AC
232	365	00:20:04	Stephen Harris	Watford Harriers
233	356	00:20:05	Maclaine Argent Bowie	Trent Park RC
234	419	00:20:08	Ricardo Da Silva	Ilford AC
235	15	00:20:11	Alistair Friar	Basingstoke & Mid Hants AC
236	38	00:20:13	Thomas Desborough	Blackheath & Bromley Harriers AC
237	163	00:20:14	Michael Brown	Herne Hill Harriers
238	150	00:20:14	Harry Reece	Hastings A C
239	90	00:20:16	Alex Johnson	Chiltern Harriers AC
240	417	00:20:19	Adam Sharmaake	Ilford AC
241	205	00:20:23	Jake Irvine	Leighton Buzzard AC
242	327	00:20:24	Samuel Cooper	Thames Valley Harriers
243	64	00:20:25	Harry Sullivan Jones	Brighton & Hove City AC
244	407	00:20:27	Jack Woods	Worthing & District Harriers
245	196	00:20:43	Daniel Pidgeon	Horsham Blue Star Harriers
246	331	00:20:49	Jack Keen	Thames Valley Harriers
247	351	00:20:54	Anthony O'Dowd	Tonbridge AC
248	112	00:21:00	Stirling Gibbons	Croydon Harriers
249	189	00:21:01	Jack Gradwell	Hillingdon A C
250	188	00:21:04	Jamie Davis	Hillingdon A C
251	57	00:21:08	Peter Marlow	Bracknell AC
252	359	00:21:13	George McCormick	Trent Park RC
253	383	00:21:13	Sam Appleton	Winchester & District AC
254	120	00:21:26	Connor Campbell	Dartford Harriers AC
255	119	00:21:37	Christopher Bishop	Dartford Harriers AC
256	140	00:21:41	James Francis	Harrow A C
257	183	00:21:42	Daniel Lavin	Highgate Harriers
258	14	00:22:35	Mark Flitcroft	Basingstoke & Mid Hants AC
259	313	00:23:03	Zach Inwood	Southend AC
260	377	00:23:21	Jamie Rose	Werrington Joggers
261	357	00:23:35	Louis Caldwell	Trent Park RC
262	329	00:25:45	John Gray	Thames Valley Harriers

Under 15 Boys Team Results

Pos.	Pts.	Team	Placings
1	37	Tonbridge AC	(1 4 15 17)
2	113	Windsor Slough Eton & Hounslow AC	(9 24 33 47)
3	132	Bedford & County AC	(8 26 35 63)
4	154	Aldershot Farnham & District AC	(11 34 48 61)
5	161	Herne Hill Harriers	(20 40 41 60)
6	247	Poole Runners	(2 50 51 144)
7	265	Tonbridge AC	(36 54 77 98)
8	283	Windsor Slough Eton & Hounslow AC	(56 59 66 102)
9	299	Wells City Harriers	(16 18 82 183)
10	303	Southend AC	(55 65 91 92)
11	318	Shaftesbury Barnet Harriers	(28 32 120 138)
12	320	Bournemouth AC	(12 70 95 143)
13	348	Wycombe Phoenix Harriers	(23 68 96 161)
14	387	Vale of Aylesbury	(45 72 99 171)
15	419	Bracknell AC	(25 64 158 172)
16	445	Basingstoke & Mid Hants AC	(14 108 141 182)
17	450	Winchester & District AC	(7 27 163 253)
18	459	Bexley A C	(29 105 131 194)
19	460	Chiltern Harriers AC	(78 85 137 160)
20	537	Southampton AC	(37 75 196 229)
21	567	Tonbridge AC	(103 145 153 166)
22	592	Havering Mayesbrook	(104 136 164 188)
23	624	Southend AC	(118 146 175 185)
24	631	Cornwall AC	(44 151 212 224)
25	661	Leighton Buzzard AC	(93 165 177 226)
26	676	Thames Valley Harriers	(6 203 225 242)
27	677	Nene Valley Harriers	(122 149 179 227)
28	683	Camberley & District AC	(124 173 176 210)
29	697	Herne Hill Harriers	(117 159 184 237)
30	715	Hillingdon A C	(127 167 191 230)
31	722	Highgate Harriers	(94 186 214 228)
32	749	Blackheath & Bromley Harriers AC	(135 187 204 223)
33	802	Tonbridge AC	(174 181 200 247)
34	834	Trent Park RC	(88 233 252 261)
35	883	Harrow A C	(197 211 219 256)
36	904	Ilford AC	(213 217 234 240)
37	919	Basingstoke & Mid Hants AC	(205 221 235 258)

Under 17 Women Individual Results

Pos.	Race No.	Time	Name	Club
1	2112	00:18:13	Emelia Gorecka	Aldershot Farnham & District AC
2	2149	00:18:38	Jessica Judd	Chelmsford AC
3	2228	00:19:36	Beth Swords	Marshall Milton Keynes AC
4	2113	00:19:50	Ruth Haynes	Aldershot Farnham & District AC
5	2115	00:19:57	Susan Shiel Rankin	Aldershot Farnham & District AC
6	2119	00:20:02	Alice Burgin	Bedford & County AC
7	2197	00:20:09	Katie Snowden	Herne Hill Harriers
8	2121	00:20:20	Rebecca Murray	Bedford & County AC
9	2181	00:20:33	Poppy Disley May	Guildford & Godalming A C
10	2266	00:20:33	Laura Gent	Reigate Priory AC
11	2281	00:20:36	Helen Wilson	South London Harriers
12	2160	00:20:37	Esma Salmon	City of Norwich AC
13	2313	00:20:45	Jade Bowling	Winchester & District AC
14	2244	00:20:50	Lauren Hawtin	Oxford City AC
15	2144	00:20:52	Georgina Schwiennning	Cambridge & Coleridge AC
16	2287	00:21:00	Laura Farrar	St Albans A C
17	2137	00:21:03	Fern Brereton	Bracknell AC
18	2174	00:21:04	April Hogg	Enfield & Haringey AC
19	2135	00:21:08	Rebecca Berger North	Bracknell AC
20	2237	00:21:10	Eleanor Bounds	Newham & Essex Beagles
21	2220	00:21:12	Revee Walcott Nolan	Luton AC
22	2140	00:21:16	Rebecca Turton	Bracknell AC
23	2159	00:21:18	Nastassja Potgieter	City of Norwich AC
24	2227	00:21:23	Elle Roche	Marshall Milton Keynes AC
25	2324	00:21:30	Maryse Haynes	Windsor Slough Eton & Hounslow AC
26	2246	00:21:33	Jade Walker	Oxford City AC
27	2156	00:21:40	Juliet Broster	City of Norwich AC
28	2255	00:21:41	Grace Howie	Poole AC
29	2326	00:21:42	Molly Riglin	Windsor Slough Eton & Hounslow AC
30	2132	00:21:42	Amber Reed	Blackheath & Bromley Harriers AC
31	2145	00:21:45	Aimee Garnett	Chelmsford AC
32	2291	00:21:46	Alice Hewitt	St Marys Richmond A C
33	2158	00:21:47	Alex McKibben	City of Norwich AC
34	2272	00:21:53	Molly Patch	Shaftesbury Barnet Harriers
35	2278	00:21:56	Steph McCall	South London Harriers
36	2319	00:22:00	Amy Rochford	Winchester & District AC
37	2305	00:22:08	Nicola Wilkinson	Tonbridge AC
38	2141	00:22:11	Ellie Walton	Bracknell AC
39	2183	00:22:12	Sophie Storey	Guildford & Godalming A C
40	2293	00:22:12	Lauren Major	St Marys Richmond A C
41	2320	00:22:17	Victoria Stoodley	Winchester & District AC
42	2225	00:22:18	Jade Leggett	Marshall Milton Keynes AC
43	2154	00:22:23	Mabel Beckett	City of Norwich AC
44	2205	00:22:23	Rosie Inman	Horsham Blue Star Harriers
45	2311	00:22:24	Holly Archer	West Suffolk AC
46	2336	00:22:30	Georgina Russell	Wycombe Phoenix Harriers
47	2122	00:22:31	Megan Shreeves	Bedford & County AC
48	2245	00:22:32	Imogen Kempton	Oxford City AC
49	2136	00:22:40	Philippa Bowden	Bracknell AC
50	2157	00:22:41	Anna Hoogkamer	City of Norwich AC
51	2152	00:22:46	Rebecca O'Neill	Chelmsford AC
52	2198	00:22:52	Elizabeth Bird	Herts Phoenix A C
53	2182	00:22:53	Louise Heron	Guildford & Godalming A C
54	2276	00:22:53	Clara Stewart	Shaftesbury Barnet Harriers
55	2290	00:22:55	Megan Steer	St Albans A C
56	2307	00:22:56	Siobhan Stewart	Wells City Harriers
57	2258	00:23:00	Cerys Aitken	Reading AC
58	2204	00:23:01	Camile Cowan	Horsham Blue Star Harriers
59	2243	00:23:03	Rebecca Byren	Oxford City AC
60	2116	00:23:04	Amelia Jones	Ashford AC
61	2236	00:23:05	Emma Randle	Nene Valley Harriers
62	2300	00:23:06	Megan Hawes	Tonbridge AC
63	2139	00:23:06	Emma Hooper	Bracknell AC
64	2256	00:23:09	Africa Mason	Poole AC
65	2304	00:23:09	Nicole Taylor	Tonbridge AC
66	2292	00:23:11	Jocelyn Major	St Marys Richmond A C
67	2118	00:23:14	Emily Ballard	Basildon AC
68	2117	00:23:15	Charlotte Michael	Barnet & District AC
69	2277	00:23:17	Isobel Thompson	Shaftesbury Barnet Harriers
70	2138	00:23:19	Grace Collins	Bracknell AC

71	2208	00:23:20	Eleanor Smith	Huntingdonshire A C
72	2303	00:23:21	Jayne Mallyon	Tonbridge AC
73	2314	00:23:24	Laura Fenwick	Winchester & District AC
74	2323	00:23:25	Christina Hall	Windsor Slough Eton & Hounslow AC
75	2239	00:23:26	Josephine Gilbert	Newquay & Par AC
76	2162	00:23:26	Charlotte Carter	City of Portsmouth AC
77	2175	00:23:36	Charlotte Matthams	Enfield & Haringey AC
78	2322	00:23:39	Emma Croft	Windsor Slough Eton & Hounslow AC
79	2150	00:23:39	Jessica Mead	Chelmsford AC
80	2173	00:23:41	Katie Brown	Enfield & Haringey AC
81	2249	00:23:43	Amy Haines Eynou	Peterborough AC
82	2298	00:23:46	Megan Norry	Thetford AC
83	2247	00:23:49	Penelope Ford	Peterborough AC
84	2286	00:23:51	Alex Morgan	Southend AC
85	2289	00:23:57	Rebecca Pritchard	St Albans A C
86	2302	00:23:58	Kelsey Howard	Tonbridge AC
87	2337	00:24:00	Katherine Spooner	Thames Valley Harriers
88	2328	00:24:00	Alice Wills	Windsor Slough Eton & Hounslow AC
89	2260	00:24:07	Naomi Forshaw	Reading AC
90	2288	00:24:10	Hannah Hull	St Albans A C
91	2279	00:24:12	Ruth Myburgh	South London Harriers
92	2219	00:24:15	Summer Rosonovski	Luton AC
93	2180	00:24:18	Lizzie Dingemans	Guildford & Godalming A C
94	2285	00:24:29	Jordan Lacey	Southend AC
95	2193	00:24:41	Maisie Killiare	Herne Hill Harriers
96	2177	00:24:48	Laurie Dugdale	Exeter Harriers
97	2312	00:25:07	Bethan Murphy-Hand	White Horse Harriers AC
98	2179	00:25:17	Katie Bingle	Guildford & Godalming A C
99	2185	00:25:26	Amy Bream	Havant A C
100	2274	00:25:26	Suzu Sato	Shaftesbury Barnet Harriers
101	2142	00:25:29	Emma Woodhead	Bracknell AC
102	2199	00:25:37	Aisling Hayward	Herts Phoenix A C
103	2284	00:25:39	Emily Crow	Southend AC
104	2308	00:26:00	Kelly Green	Werrington Joggers
105	2200	00:26:01	Isabel Barnet	Highgate Harriers
106	2264	00:26:08	Emma Taylor	Reading AC
107	2201	00:26:09	Amy-Jane Cotter	Highgate Harriers
108	2309	00:26:12	Jade Watson	Werrington Joggers
109	2234	00:26:25	Charlotte Harris	Nene Valley Harriers
110	2321	00:26:30	Blanka Varkonyi	Winchester & District AC
111	2206	00:26:31	Genevieve Pounds	Horsham Blue Star Harriers
112	2147	00:26:40	Kim Johansen	Chelmsford AC
113	2146	00:26:42	Jessica Jellicoe	Chelmsford AC
114	2330	00:26:44	Lauren Freeman	Woodford Green AC & Essex Ladies
115	2172	00:26:46	Rachel Walsh	Ealing Southall & Middlesex AC
116	2329	00:27:26	Holly Bedeau	Woodford Green AC & Essex Ladies
117	2196	00:27:56	Emily Seager	Herne Hill Harriers
118	2335	00:28:04	Sophie Williams	Worthing & District Harriers
119	2171	00:29:01	Rebecca Walford	Ealing Southall & Middlesex AC
120	2168	00:29:16	Lucy Hickmott	Dartford Harriers
121	2166	00:29:17	Jessica Cook	Crawley AC
122	2333	00:30:14	Emily Maskell	Worthing & District Harriers
123	2170	00:32:12	Rebecca Johnson	Ealing Southall & Middlesex AC
124	2191	00:35:20	Leila Abanday	Herne Hill Harriers

Under 17 Women Team Results

Pos.	Pts.	Team	Placings
1	95	City of Norwich AC	(12 23 27 33)
2	96	Bracknell AC	(17 19 22 38)
3	147	Oxford City AC	(14 26 48 59)
4	163	Winchester & District AC	(13 36 41 73)
5	163	Chelmsford AC	(2 31 51 79)
6	194	Guildford & Godalming A C	(9 39 53 93)
7	206	Windsor Slough Eton & Hounslow AC	(25 29 74 78)
8	236	Tonbridge AC	(37 62 65 72)
9	246	St Albans A C	(16 55 85 90)
10	257	Shaftesbury Barnet Harriers	(34 54 69 100)
11	283	Bracknell AC	(49 63 70 101)
12	343	Herne Hill Harriers	(7 95 117 124)

Under 17 Men Individual Results

Pos.	Race No.	Time	Name	Club
1	1779	00:19:41	Kieran Clements	Ipswich Harriers
2	1901	00:20:00	Robbie Farnham Rose	Tonbridge AC
3	1868	00:20:35	James McMurray	St Albans A C
4	1698	00:20:36	Conor Robinson	Cornwall AC
5	1604	00:20:37	Harvey Dixon	Aldershot Farnham & District AC
6	1940	00:20:40	Bradley Goater	Windsor Slough Eton & Hounslow AC
7	1844	00:20:47	Michael Callegari	Shaftesbury Barnet Harriers
8	1926	00:20:52	Benedict Westhenry	Weymouth Saint Pauls Harriers
9	1835	00:20:56	Jonathan Davies	Reading AC
10	1614	00:21:03	Tom Bennett	Andover AC
11	1910	00:21:06	Luca Russo	Tonbridge AC
12	1613	00:21:07	Nick Tauwhare	Aldershot Farnham & District AC
13	1622	00:21:09	Jack Fitsall	Basildon AC
14	1902	00:21:09	Charlie Joslin Allen	Tonbridge AC
15	1906	00:21:09	Chris Lloyd	Tonbridge AC
16	1785	00:21:16	Harrison Curling	Isle of Wight AC
17	1627	00:21:19	Toby Smith	Basingstoke & Mid Hants AC
18	1941	00:21:21	Alex Goodall	Windsor Slough Eton & Hounslow AC
19	1776	00:21:30	Kieran Reilly	Invicta East Kent
20	1662	00:21:30	Shaun Wyllie	Bracknell AC
21	1601	00:21:30	Ben Bradley	Aldershot Farnham & District AC
22	1715	00:21:33	Joe Sherry	Enfield & Haringey AC
23	1675	00:21:35	Alex Short	Chelmsford AC
24	1851	00:21:38	Mathew McLaughlin	Shaftesbury Barnet Harriers
25	1897	00:21:39	Jamie Bryant	Tonbridge AC
26	1677	00:21:40	Stephen Woodford	Chelmsford AC
27	1660	00:21:44	Zak Seddon	Bracknell AC
28	1725	00:21:46	Christopher Spinks	Havant A C
29	1909	00:21:49	Laurie Probert	Tonbridge AC
30	1629	00:21:49	Benjamim Alcock	Bedford & County AC
31	1803	00:21:50	Adam Gilbert	Medway & Maidstone AC
32	1773	00:21:51	Luke Dawson	Invicta East Kent
33	1626	00:21:55	Chris Ladhams	Basingstoke & Mid Hants AC
34	1955	00:21:57	James Stockings	Woodford Green AC & Essex Ladies
35	1605	00:22:00	Sam Eglen	Aldershot Farnham & District AC
36	1945	00:22:00	Eion O'Brien	Windsor Slough Eton & Hounslow AC
37	1749	00:22:02	Edward Shepherd	Herts Phoenix A C
38	1877	00:22:02	Simon Cooper	Taunton AC
39	1838	00:22:04	William Robinson	Reigate Priory AC
40	1624	00:22:04	Andy Law	Basildon AC
41	1674	00:22:05	Sam Robinson	Chelmsford AC
42	1617	00:22:07	Chris Neil	Andover AC
43	1701	00:22:12	Peter Chambers	Croydon Harriers
44	1694	00:22:14	Callum Jones	Cornwall AC
45	1942	00:22:17	Ricky Harvie	Windsor Slough Eton & Hounslow AC
46	1924	00:22:19	Macauley Delo	West Suffolk AC
47	1899	00:22:20	Tom Devlin	Tonbridge AC
48	1744	00:22:20	Jordan Maurice	Herne Hill Harriers
49	1872	00:22:26	Edward Smith	St Marys Richmond A C
50	1880	00:22:26	Michael Randall	Team Kennet Triathlon & AC
51	1863	00:22:27	Oliver Kyrakides	Southend AC
52	1781	00:22:27	Patrick Gravett Curl	Ipswich Harriers
53	1733	00:22:27	Hosea Gikungu	Havering Mayesbrook
54	1845	00:22:29	Richard Charles	Shaftesbury Barnet Harriers
55	1874	00:22:30	Nyle Clinton	Swindon Harriers
56	1602	00:22:31	Matt Brown	Aldershot Farnham & District AC
57	1696	00:22:31	Tom Rawet	Cornwall AC
58	1610	00:22:36	Andy Provost	Aldershot Farnham & District AC
59	1692	00:22:37	Sean Watson	City of Norwich AC
60	1894	00:22:38	Tom Richardson	Thurrock Harriers
61	1860	00:22:39	Rees Gillard	Southend AC
62	1944	00:22:41	Jack Killip	Windsor Slough Eton & Hounslow AC
63	1646	00:22:42	Will Mercer	Blackheath & Bromley Harriers AC
64	1714	00:22:44	Ben Waterman	Ealing Southall & Middlesex AC
65	1800	00:22:45	Sam Redding	Marshall Milton Keynes AC
66	1638	00:22:46	Lewis Elsey	Bexley A C
67	1896	00:22:51	Dominic Brown	Tonbridge AC
68	1713	00:22:53	Luke Bharvesh Sonerji	Ealing Southall & Middlesex AC
69	1635	00:22:54	Matthew Nicholson	Bedford & County AC
70	1847	00:22:56	Phillip Crout	Shaftesbury Barnet Harriers

71	1881	00:22:57	Hugo Cayssials	Thames Valley Harriers
72	1917	00:22:57	George Harris	Wells City Harriers
73	1950	00:22:57	Liam Blaikie	Woodford Green AC & Essex Ladies
74	1943	00:23:03	Ben Kennard	Windsor Slough Eton & Hounslow AC
75	1768	00:23:04	Jason Wooldridge	Horsham Blue Star Harriers
76	1777	00:23:07	Jake Rogers	Invicta East Kent
77	1748	00:23:09	Alex Cloona	Herts Phoenix A C
78	1633	00:23:11	Michael Harrison	Bedford & County AC
79	1823	00:23:11	Nicholas Stone	Peterborough AC
80	1937	00:23:15	Tom Daborn	Windsor Slough Eton & Hounslow AC
81	1805	00:23:17	George Vaughan	Medway & Maidstone AC
82	1889	00:23:19	Jonathon Mead	Thetford AC
83	1939	00:23:20	Oliver Garner	Windsor Slough Eton & Hounslow AC
84	1905	00:23:22	Cameron Knapp	Tonbridge AC
85	1865	00:23:23	Charlie Parker	Southend AC
86	1737	00:23:25	Joe Clark	Hercules Wimbledon A C
87	1960	00:23:25	Ben Palmer	Hercules & Wimbledon
88	1687	00:23:26	Jack Walker	Chiltern Harriers AC
89	1641	00:23:29	Adam Willis	Bexley A C
90	1786	00:23:31	Billy Mead	Leighton Buzzard AC
91	1938	00:23:34	Jonny Dry	Windsor Slough Eton & Hounslow AC
92	1767	00:23:36	Adrian Fautly	Horsham Blue Star Harriers
93	1620	00:23:42	Jack Wreathall	Ashford AC
94	1795	00:23:42	Tom Reilly	Luton AC
95	1684	00:23:42	George Gillingwater	Chiltern Harriers AC
96	1951	00:23:43	Ryan Dunne	Woodford Green AC & Essex Ladies
97	1807	00:23:44	Ross Hudkisson	Nene Valley Harriers
98	1861	00:23:45	John Kerridge	Southend AC
99	1732	00:23:46	Adam Edwards	Havering Mayesbrook
100	1936	00:23:47	Zac Curran	Windsor Slough Eton & Hounslow AC
101	1770	00:23:47	Alex Richads	Ilford AC
102	1631	00:23:51	Jack Benedickter	Bedford & County AC
103	1821	00:23:52	Ryan Meredith	Oxford City AC
104	1929	00:23:52	Alex Mills	White Horse Harriers AC
105	1837	00:23:54	Edward Stockdale	Reading AC
106	1688	00:23:57	Jack Harrison	City of Norwich AC
107	1697	00:23:58	Jordan Roberts	Cornwall AC
108	1834	00:24:03	Daniel Brock	Reading AC
109	1685	00:24:03	Ben Hall	Chiltern Harriers AC
110	1858	00:24:04	Sam Brown	Southend AC
111	1806	00:24:06	Ben Hampson	Nene Valley Harriers
112	1730	00:24:06	Tom Davies	Havering Mayesbrook
113	1643	00:24:07	Thomas Wright	Bexley A C
114	1958	00:24:07	Ryan Todd	Worthing & District Harriers
115	1959	00:24:09	Matt Rawbin	Haywards Heath Harriers
116	1700	00:24:13	Andrew Worden	Cornwall AC
117	1922	00:24:13	Adam Cripps	West Suffolk AC
118	1666	00:24:14	Charlie Noakes	Brighton & Hove City AC
119	1619	00:24:18	Aaron Kellow	Ashford AC
120	1735	00:24:20	Ryan O'Mahoney	Havering Mayesbrook
121	1752	00:24:22	Tristan Goodman	Highgate Harriers
122	1928	00:24:23	Mitch Lomas	White Horse Harriers AC
123	1850	00:24:23	Ashok Mathur	Shaftesbury Barnet Harriers
124	1849	00:24:24	Richard Johnson	Shaftesbury Barnet Harriers
125	1672	00:24:25	Adam Crook	Chelmsford AC
126	1873	00:24:26	Alex Penfold	Sutton & District AC
127	1888	00:24:29	Joseph Kirton	Thetford AC
128	1946	00:24:31	James Tidd	Windsor Slough Eton & Hounslow AC
129	1920	00:24:40	Danny Howard	West Norfolk AC
130	1603	00:24:41	Jack Court	Aldershot Farnham & District AC
131	1716	00:24:42	Abraham Brown	Harrow A C
132	1808	00:24:48	Lloyd Kempson	Nene Valley Harriers
133	1686	00:24:48	Liam McDonald	Chiltern Harriers AC
134	1862	00:24:53	Max Knight	Southend AC
135	1630	00:24:56	Luke Angell	Bedford & County AC
136	1658	00:24:56	Jordan Bateman	Bracknell AC
137	1859	00:24:57	Ashley Capel	Southend AC
138	1822	00:24:58	Stewart Haw	Peterborough AC
139	1728	00:25:02	Ross Carney	Havering Mayesbrook
140	1727	00:25:02	Tom Brennan	Havering Mayesbrook
141	1820	00:25:03	Ben Silverstone	Orion Harriers
142	1912	00:25:08	Andrew Thomas	Tonbridge AC

143	1632	00:25:10	Connor Delaney	Bedford & County AC
144	1818	00:25:11	Alex Gordon	Orion Harriers
145	1836	00:25:15	Jonny Roberts	Reading AC
146	1848	00:25:23	Joe Headland	Shaftesbury Barnet Harriers
147	1642	00:25:26	Charles Winch	Bexley A C
148	1887	00:25:38	Jason Higgins	Thetford AC
149	1794	00:25:46	Miron Woldemichael	London Heathside
150	1852	00:25:48	Dougal Oliver	Shaftesbury Barnet Harriers
151	1916	00:25:49	Sam Harding	Wells City Harriers
152	1832	00:25:49	Alex Bow	Reading AC
153	1819	00:25:50	Alberic Hall	Orion Harriers
154	1762	00:25:54	Samuel Hobbs	Hillingdon A C
155	1717	00:25:59	Jonathan Collier	Harrow A C
156	1746	00:26:03	John Tayleur	Herne Hill Harriers
157	1809	00:26:08	Dan Martin	Nene Valley Harriers
158	1931	00:26:12	Jack Walker	Winchester & District AC
159	1656	00:26:14	Aaron Walfond	Bournemouth AC
160	1930	00:26:17	Callum Kennedy	Wimborne AC
161	1745	00:26:22	Charles Philpot	Herne Hill Harriers
162	1956	00:26:23	Olliver Graveson	Worthing & District Harriers
163	1644	00:26:27	Tom Greenhill	Blackheath & Bromley Harriers AC
164	1621	00:26:37	Ben Boxer	Barnet & District AC
165	1766	00:26:53	Ryan Bowyer	Horsham Blue Star Harriers
166	1693	00:26:56	Rob Glading	Cornwall AC
167	1933	00:27:20	Gary Brown	Windsor Slough Eton & Hounslow AC
168	1935	00:27:26	Nick Cockle	Windsor Slough Eton & Hounslow AC
169	1840	00:27:44	Sam Harrison	Saint Edmund Pacers
170	1769	00:28:07	Michael O'Callaghan	Ilford AC
171	1640	00:28:12	Joseph Gunton	Bexley A C
172	1751	00:28:33	Pierce Boyle	Highgate Harriers
173	1883	00:28:35	Michael Gebretinsae	Thames Valley Harriers
174	1841	00:29:08	Robert Smailes	Saint Edmund Pacers
175	1886	00:29:08	Sakib Rashid	Thames Valley Harriers
176	1882	00:30:12	Henog Gebretinsae	Thames Valley Harriers
177	1791	00:30:27	Alex Beattie Child	London Heathside
178	1793	00:34:56	Daniel Szajna	London Heathside

Under 17 Men Team Results

Pos.	Pts.	Team	
1	42	Tonbridge AC	(2 11 14 15)
2	73	Aldershot Farnham & District AC	(5 12 21 35)
3	105	Windsor Slough Eton & Hounslow AC	(6 18 36 45)
4	155	Shaftesbury Barnet Harriers	(7 24 54 70)
5	168	Tonbridge AC	(25 29 47 67)
6	212	Cornwall AC	(4 44 57 107)
7	215	Chelmsford AC	(23 26 41 125)
8	279	Bedford & County AC	(30 69 78 102)
9	295	Southend AC	(51 61 85 98)
10	299	Windsor Slough Eton & Hounslow AC	(62 74 80 83)
11	367	Reading AC	(9 105 108 145)
12	384	Havering Mayesbrook	(53 99 112 120)
13	415	Bexley A C	(66 89 113 147)
14	425	Chiltern Harriers AC	(88 95 109 133)
15	486	Windsor Slough Eton & Hounslow AC	(91 100 128 167)
16	497	Nene Valley Harriers	(97 111 132 157)
17	543	Shaftesbury Barnet Harriers	(123 124 146 150)
18	595	Thames Valley Harriers	(71 173 175 176)

Under 20 Women Individual Results

Pos.	Race No.	Time	Name	Club
1	1984	00:22:35	Louise Small	Aldershot Farnham & District AC
2	1971	00:23:38	Jess Andrews	Aldershot Farnham & District AC
3	2036	00:23:47	Leigh Lattimore	Harrow A C
4	2026	00:23:54	Isabel Brinsden	Epsom & Ewell Harriers
5	2066	00:24:02	Sophie Connor	Shaftesbury Barnet Harriers
6	2103	00:24:11	Pippa Woolven	Wycombe Phoenix Harriers
7	2006	00:24:40	Iona Lake	City of Norwich AC
8	2072	00:25:03	Victoria Walker	Shaftesbury Barnet Harriers
9	2063	00:25:15	Gemma Bridge	Radley AC
10	2083	00:25:16	Lucy Reid	Tonbridge AC
11	2102	00:25:16	Abigail Fowlie	Worthing & District Harriers
12	2104	00:25:20	Ciara Dullaghan	Aldershot Farnham & District AC
13	1985	00:25:40	Catherine Taylor	Aldershot Farnham & District AC
14	2060	00:25:42	Abigail Jones	Poole Runners
15	2005	00:26:02	Katie Tuttlesbury	Chelmsford AC
16	1983	00:26:11	Rachel Robinson	Aldershot Farnham & District AC
17	2010	00:26:16	Laura Condron	Colchester & Tendring AC
18	2089	00:26:16	Jennifer McLachlan	Winchester & District AC
19	2040	00:26:17	Armelle Foulkes	Herne Hill Harriers
20	2085	00:26:26	Lizzie Hart	Wells City Harriers
21	1973	00:26:39	Julia Blomquist	Aldershot Farnham & District AC
22	2004	00:26:49	Poppy Blake	Chelmsford AC
23	2030	00:26:50	Anna Rust	Exeter Harriers
24	2025	00:26:53	Anna Sharrock	Enfield & Haringey AC
25	2064	00:27:02	Julia Henderson	Reading AC
26	2100	00:27:07	Sidnie Sales	Woodford Green AC & Essex Ladies
27	2084	00:27:19	Catherine Symons	Tonbridge AC
28	2031	00:27:27	Emily Weeks	Exeter Harriers
29	2027	00:27:28	Emily Bliss	Exeter Harriers
30	2013	00:27:28	Bethany Alston	Cornwall AC
31	2092	00:27:31	Susanna Ditton	Windsor Slough Eton & Hounslow AC
32	2042	00:27:38	Ella Fuller	Herts Phoenix A C
33	1972	00:27:45	Claire Arnold	Aldershot Farnham & District AC
34	2093	00:27:48	Maddie Garner	Windsor Slough Eton & Hounslow AC
35	2000	00:28:19	Rachel McClay	Bracknell AC
36	2096	00:28:21	Claudia Conway	Woodford Green AC & Essex Ladies
37	2078	00:28:22	Holly Gillard	Southend AC
38	1996	00:28:25	Melody Kane	Blackheath & Bromley Harriers AC
39	1992	00:28:44	Michelle Fewster	Blackheath & Bromley Harriers AC
40	1990	00:28:51	Danielle Critchley	Blackheath & Bromley Harriers AC
41	2088	00:29:01	Emily Baker	West Suffolk AC
42	1981	00:29:09	Sam Prier	Aldershot Farnham & District AC
43	2041	00:29:11	Julia Wedmore	Herne Hill Harriers
44	2049	00:29:16	Lizzie Keep	Lewes AC
45	2076	00:29:26	Sophie Darling	Southampton AC
46	2048	00:29:30	Chloe Forsyth	Istead & Ifield Harriers
47	2097	00:29:42	Becky Hewitt	Woodford Green AC & Essex Ladies
48	1988	00:29:56	Katie Smith	Basingstoke & Mid Hants AC
49	2053	00:30:00	Stephanie Hearn	Medway & Maidstone AC
50	2009	00:30:08	Lacey Bareham	Colchester & Tendring AC
51	2080	00:30:10	Hannah Taunton	Taunton AC
52	2086	00:31:32	Ellie Swire	Werrington Joggers
53	2069	00:31:37	Zoe Levin	Shaftesbury Barnet Harriers
54	2065	00:32:20	Hayley Randall	Reading AC
55	2037	00:33:01	Sarah Johnson	Havant A C
56	2021	00:33:12	Rachel Williams	Crawley AC
57	2045	00:33:36	Sammie Skinner	Huntingdonshire A C

Under 20 Women Team Results

Pos.	Pts.	Team
1	28	Aldershot Farnham & District AC
2	112	Aldershot Farnham & District AC

Placings
(1 2 12 13)
(16 21 33 42)

Under 20 Men Individual Results

Pos.	Race No.	Time	Name	Club
1	2504	00:25:58	Richard Goodman	Shaftesbury Barnet Harriers
2	2527	00:26:14	Andrew Combs	Tonbridge AC
3	2437	00:26:19	Liam White	Hercules Wimbledon A C
4	2374	00:26:38	Jack Goodwin	Bedford & County AC
5	2452	00:26:43	Elliott Palmer	Ipswich Harriers
6	2471	00:26:45	Harun Abdi	Newham & Essex Beagles
7	2370	00:26:56	Matt Bergin	Bedford & County AC
8	2354	00:26:58	Joshua Grace	Aldershot Farnham & District AC
9	2351	00:27:01	Ian Bailey	Aldershot Farnham & District AC
10	2352	00:27:04	Adam Clarke	Aldershot Farnham & District AC
11	2509	00:27:11	Jake Shelley	Shaftesbury Barnet Harriers
12	2549	00:27:14	Rhys Glastonbury	Windsor Slough Eton & Hounslow AC
13	2427	00:27:21	Ross Skelton	Hastings A C
14	2460	00:27:39	Daniel Woodgate	Luton AC
15	2538	00:27:42	Alex Dunbar	West Suffolk AC
16	2406	00:27:44	Alex Teuten	City of Portsmouth AC
17	2525	00:27:48	Josh Bentham	Tonbridge AC
18	2393	00:27:48	Will Gray	Brighton & Hove City AC
19	2528	00:27:57	Tom Cox	Tonbridge AC
20	2565	00:28:04	William Langley	Wycombe Phoenix Harriers
21	2536	00:28:05	James Taylor	Tonbridge AC
22	2491	00:28:07	Adam Sloan	Poole AC
23	2506	00:28:09	Euan McKenzie	Shaftesbury Barnet Harriers
24	2416	00:28:09	Sam Ashcroft	Ealing Southall & Middlesex AC
25	2513	00:28:15	Jamie Knapp	Southampton AC
26	2508	00:28:18	Jack Perry-Williams	Shaftesbury Barnet Harriers
27	2544	00:28:22	Max Kiralyfi	Winchester & District AC
28	2558	00:28:25	Alex Cornwell	Woodford Green AC & Essex Ladies
29	2362	00:28:28	Grant Webb	Basildon AC
30	2505	00:28:28	Tadhg Grant	Shaftesbury Barnet Harriers
31	2410	00:28:35	Wood Nick	Dartford Harriers AC
32	2560	00:28:37	Omar Mansour	Woodford Green AC & Essex Ladies
33	2462	00:28:37	Matt Eager	Marshall Milton Keynes AC
34	2429	00:28:38	Jamie Buckley-Stanton	Havering Mayesbrook
35	2368	00:28:41	Alex Bellew	Bedford & County AC
36	2361	00:28:48	Dale Clutterbuck	Basildon AC
37	2444	00:28:50	James Laing	Hillingdon A C
38	2530	00:28:52	Seb Harding	Tonbridge AC
39	2448	00:28:52	Jason Prickett	Invicta East Kent
40	2353	00:29:01	Josh Gorecki	Aldershot Farnham & District AC
41	2539	00:29:04	Andrew Ridley	West Suffolk AC
42	2446	00:29:06	Robert Thompson	Hillingdon A C
43	2395	00:29:08	Kieron Silsby	Brighton & Hove City AC
44	2533	00:29:12	James Pigot	Tonbridge AC
45	2422	00:29:15	Alex Jones	Enfield & Haringey AC
46	2372	00:29:19	Tim Corbett	Bedford & County AC
47	2417	00:29:22	Chris Hepworth	Ealing Southall & Middlesex AC
48	2376	00:29:22	Patrick Stuart	Bedford & County AC
49	2458	00:29:28	Tom Mead	Luton AC
50	2516	00:29:32	David Smale	Southend AC
51	2367	00:29:36	Stephen Reid	Basingstoke & Mid Hants AC
52	2421	00:29:43	Michael Christoforou	Enfield & Haringey AC
53	2563	00:30:02	Tom Marsden	Worthing & District Harriers
54	2540	00:30:05	Dominic Thackeray	West Suffolk AC
55	2390	00:30:05	Henry Mitchell	Bracknell AC
56	2547	00:30:10	Nathan Ditton	Windsor Slough Eton & Hounslow AC
57	2526	00:30:11	Daniel Bryant	Tonbridge AC
58	2469	00:30:13	Tom Rodgers	Nene Valley Harriers
59	2532	00:30:22	Will Mitham	Tonbridge AC
60	2392	00:30:31	Jonathan Crickmore	Brighton & Hove City AC
61	2385	00:30:38	Stephen Cavey	Blackheath & Bromley Harriers AC
62	2396	00:30:46	William Mycroft	Cambridge & Coleridge AC
63	2517	00:30:51	Adam Villard	St Marys Richmond A C
64	2541	00:30:54	Jonathan Cornish	White Horse Harriers AC
65	2537	00:30:59	Asa Burnett	West Suffolk AC
66	2456	00:31:13	Daniel Johnson	Luton AC
67	2566	00:31:14	Philip Waity	Wymondham AC
68	2490	00:31:16	Alex Sampson	Poole AC
69	2369	00:31:17	Sam Bennett	Bedford & County AC
70	2451	00:31:18	Ross Fawcett	Ipswich Harriers

71	2521	00:31:18	Alex Rogers	Taunton AC
72	2553	00:31:45	Cameron Smart	Windsor Slough Eton & Hounslow AC
73	2371	00:31:50	George Burkett	Bedford & County AC
74	2529	00:31:54	John Dickinson	Tonbridge AC
75	2415	00:31:56	Evan Erskine-Thomas	Dorking & Mole Valley A C
76	2384	00:32:04	Ross Braden	Blackheath & Bromley Harriers AC
77	2423	00:32:09	Oliver Garrod	Epson & Ewell Harriers
78	2467	00:32:26	Sam Hunt	Nene Valley Harriers
79	2524	00:32:39	Ali Yahye	Thames Valley Harriers
80	2412	00:32:40	Michael Alwin	Dorking & Mole Valley A C
81	2403	00:32:52	Micah Rogers	City of Norwich AC
82	2475	00:32:53	David Kail	Newham & Essex Beagles
83	2531	00:33:03	Joel Linell	Tonbridge AC
84	2542	00:33:03	James Espie	Winchester & District AC
85	2381	00:33:04	Tommy Taylor	Bexley A C
86	2450	00:33:06	Tim Byford	Ipswich Harriers
87	2363	00:33:41	Sam Bevan	Basingstoke & Mid Hants AC
88	2365	00:33:54	Darren Carr	Basingstoke & Mid Hants AC
89	2519	00:34:05	Gregory Evans	Stevenage & North Herts AC
90	2420	00:34:34	Jamie Taylor Caldwell	Ealing Southall & Middlesex AC
91	2433	00:35:39	Geordie Logan	Hercules Wimbledon A C
92	2534	00:36:14	Andre Sahlsten	Tonbridge AC
93	2514	00:36:36	Kyle Aldridge	Southend AC
94	2523	00:36:47	Sean Pike Locke	Thames Valley Harriers
95	2567	00:36:53	Chris Donnellan	Dagenham 88 Runners

Under 20 Men Team Results

Pos.	Pts.	Team	Placings
1	59	Tonbridge AC	(2 17 19 21)
2	61	Shaftesbury Barnet Harriers	(1 11 23 26)
3	67	Aldershot Farnham & District AC	(8 9 10 40)
4	92	Bedford & County AC	(4 7 35 46)
5	175	West Suffolk AC	(15 41 54 65)
6	198	Tonbridge AC	(38 44 57 59)

Senior Women Individual Results

Pos.	Race No.	Time	Name	Club
1	3184	00:29:47	Naomi Taschimowitz	Taunton AC
2	2620	00:30:11	Nicola Sykes	Bedford & County AC
3	2692	00:30:18	Hollie Rowland	City of Norwich AC
4	2785	00:30:31	Lauren Deadman	Havering Mayesbrook
5	3116	00:30:40	Amy Campbell	Shaftesbury Barnet Harriers
6	3124	00:30:51	Georgie Bruinvels	South London Harriers
7	2695	00:30:53	Olvia Walwyn	City of Norwich AC
8	3070	00:31:01	Rebecca Glover	Serpentine R C
9	3084	00:31:02	Sylvie Lloyd	Serpentine R C
10	3268	00:31:07	Lucy Elliott	Winchester & District AC
11	2812	00:31:13	Cathy Ansell	Herne Hill Harriers
12	2691	00:31:16	Dani Nimmock	City of Norwich AC
13	2588	00:31:20	Emily Wicks	Aldershot Farnham & District AC
14	2616	00:31:21	Rachel Gibbs	Bedford & County AC
15	2988	00:31:27	Juliette Minter	Olney Runners AC
16	2724	00:31:28	Clare Elms	Dulwich Runners
17	2951	00:31:40	Cat Foley	Nene Valley Harriers
18	3185	00:31:47	Jo Meek	Tavistock Athletics
19	2966	00:31:49	Sophie Crumly	Newbury AC
20	3147	00:31:51	Ceri Mitchell	Southampton AC
21	3020	00:31:57	Estelle Damant	Ranelagh Harriers
22	3187	00:32:02	Ruth Clifton	Thames Hare & Hounds
23	2579	00:32:04	Naomi Lenane	Aldershot Farnham & District AC
24	3114	00:32:13	Philippa Auckett	Shaftesbury Barnet Harriers
25	2814	00:32:14	Karen Ellison	Herne Hill Harriers
26	3053	00:32:15	Helen Branco	Serpentine R C
27	2835	00:32:15	Tessa Hill	Highgate Harriers
28	2818	00:32:18	Suzie Richards	Herne Hill Harriers
29	2740	00:32:19	Emily Alden	Epsom & Ewell Harriers
30	2618	00:32:23	Rebecca Newstead	Bedford & County AC
31	2974	00:32:26	Lucy Kelvey	Newquay & Par AC
32	2580	00:32:33	Alice Lethbridge	Aldershot Farnham & District AC
33	3119	00:32:37	Rebekah Gardiner	Shaftesbury Barnet Harriers
34	3208	00:32:40	Lisa Elmore	Trent Park RC
35	2655	00:32:47	Shavaun Henry	Blackheath & Bromley Harriers AC
36	2965	00:32:55	Susie Bush	Newbury AC
37	3291	00:32:56	Rose Nicholson	Woking AC
38	2913	00:32:58	Tanya Taylor	Marshall Milton Keynes AC
39	2703	00:33:03	Jessica Douglas	Crawley AC
40	2921	00:33:08	Louise Watson	Medway & Maidstone AC
41	2654	00:33:08	Francesca Green	Blackheath & Bromley Harriers AC
42	3221	00:33:17	Jo Singer	Victoria Park Harriers & Tower Hamlets AC
43	3139	00:33:20	Laura Brenton	Southampton AC
44	2607	00:33:22	Karen Goode	Basildon AC
45	3047	00:33:27	Jo Tweed	Saint Edmund Pacers
46	3283	00:33:31	Charlotte Firth	Windsor Slough Eton & Hounslow AC
47	2789	00:33:44	Robyn Matson	Havering Mayesbrook
48	2582	00:33:47	Beth Morse	Aldershot Farnham & District AC
49	3311	00:33:52	Lauren Stewart	Woodford Green AC & Essex Ladies
50	3295	00:33:54	Katherine Gundersen	Woodford Green AC & Essex Ladies
51	2593	00:33:55	Holly Wheeler	Arena 80
52	3189	00:33:57	Claire Day	Thames Hare & Hounds
53	2688	00:33:57	Jane Clarke	City of Norwich AC
54	2968	00:33:58	Jessica Franklin	Newbury AC
55	2647	00:34:06	Siobhan Budd	Blackheath & Bromley Harriers AC
56	3269	00:34:08	Karen Hazlitt	Winchester & District AC
57	3138	00:34:17	Nicci Blandford	Southampton AC
58	2687	00:34:21	Jennifer Warley	Chichester Runners & AC
59	2909	00:34:27	Lara Bromilow	Marshall Milton Keynes AC
60	2827	00:34:28	Sarah Bailey	Highgate Harriers
61	2761	00:34:29	Helen Wheeler	Folkestone R C
62	3246	00:34:31	Anna Critchlow	West 4 Harriers
63	2762	00:34:39	Jenny Gray	Garden City Runners
64	3033	00:34:41	Rachel Phillips	Reading AC
65	3174	00:34:42	Louise Peters	Stopsley Striders
66	2765	00:34:46	Claire Gaskill	Gravesend R R
67	2906	00:34:50	Christine Lathwell	Luton AC
68	3102	00:34:52	Maren Urner	Serpentine R C
69	3317	00:34:55	Jill Harrison	Yeovil Town RRC
70	2907	00:34:55	Claire McMahon	Luton AC

71	2766	00:34:56	Annabelle Stearns	Gravesend R R
72	3113	00:35:00	Lucy Auckett	Shaftesbury Barnet Harriers
73	2600	00:35:03	Jo Kent	Barnet & District AC
74	2836	00:35:06	Lindsay Kehoe	Highgate Harriers
75	2578	00:35:07	Claire Kiely	Aldershot Farnham & District AC
76	3303	00:35:08	Bernadine Pritchett	Woodford Green AC & Essex Ladies
77	2646	00:35:09	Jane Bradshaw	Blackheath & Bromley Harriers AC
78	3079	00:35:10	Natalie Kolodzieff	Serpentine R C
79	2820	00:35:11	Sue Swain	Herne Hill Harriers
80	3236	00:35:19	Anna Lewis	Wells City Harriers
81	2826	00:35:19	Natasha Taylor	Herts Phoenix A C
82	2734	00:35:21	Charlie Wood	Dulwich Runners
83	3006	00:35:23	Elizabeth Durman	Phoenix AC
84	3297	00:35:26	Diana Kennedy	Woodford Green AC & Essex Ladies
85	3068	00:35:28	Anna Ferguson	Serpentine R C
86	2576	00:35:31	Montana Jones	Aldershot Farnham & District AC
87	3140	00:35:35	Lorna Buknory	Southampton AC
88	2597	00:35:36	Nicola Froud	Barnet & District AC
89	2606	00:35:36	Nicola Bredin	Basildon AC
90	3007	00:35:46	Erica Martin	Phoenix AC
91	3112	00:35:47	Grace Wu	Serpentine R C
92	2751	00:35:47	Rebecca Cousins	Fenland R C
93	3096	00:35:49	Tanya Shaw	Serpentine R C
94	2795	00:35:49	Charlotte Harris	Headington R R
95	3025	00:35:50	Marie Synnott Wells	Ranelagh Harriers
96	2619	00:35:51	Natasha Peters	Bedford & County AC
97	2929	00:35:51	Jo Ravenhill	Metropolitan Police AC
98	2822	00:35:54	Sam Whiting	Herne Hill Harriers
99	2603	00:35:55	Karen Murphy	Barnet & District AC
100	3206	00:35:57	Lowri Richards	Tonbridge AC
101	2681	00:35:59	Rebecca Luxton	Chelmsford AC
102	2949	00:36:00	Olivia Toye	Mornington Chasers RC
103	3274	00:36:00	Michaela McCallum	Winchester & District AC
104	3141	00:36:06	Natalie Burke	Southampton AC
105	2931	00:36:06	Caroline Walsh	Metropolitan Police AC
106	3257	00:36:07	Molly James	West Norfolk AC
107	3163	00:36:08	Gill Jubb	St Albans A C
108	2914	00:36:08	Wendy Webber	Marshall Milton Keynes AC
109	2772	00:36:11	Jenny Hunt	Guildford & Godalming A C
110	2873	00:36:13	Gail Duckworth	Leighton Buzzard AC
111	2682	00:36:19	Sally Mhlanga	Chelmsford AC
112	3056	00:36:20	Victoria Carter	Serpentine R C
113	2832	00:36:23	Louise Faherty	Highgate Harriers
114	2982	00:36:23	Emma Appleton	Norwich RR
115	3050	00:36:23	Fiona Alexander	Serpentine R C
116	2690	00:36:27	Ellie Matthews	City of Norwich AC
117	3065	00:36:27	Sarah Edmunds	Serpentine R C
118	2626	00:36:28	Mathilde Heaton	Belgrave Harriers
119	3164	00:36:29	Elizabeth McKie	St Albans A C
120	3027	00:36:30	Nicky Cooke	Reading AC
121	2798	00:36:31	Adrienne Hopkins	Headington R R
122	3121	00:36:33	Claire Simm	Shaftesbury Barnet Harriers
123	3279	00:36:34	Sue True	Winchester & District AC
124	3287	00:36:35	Leigh James	Windsor Slough Eton & Hounslow AC
125	2819	00:36:36	Helen Sharp	Herne Hill Harriers
126	3204	00:36:36	Sarah Winter	The Stragglers
127	2943	00:36:37	Brigid O'Leary	Mornington Chasers RC
128	3149	00:36:39	Rhiannon Shepherd	Southampton AC
129	3220	00:36:42	Rosie Pitt	Victoria Park Harriers & Tower Hamlets AC
130	3029	00:36:47	Shirley Ann Dix	Reading AC
131	3290	00:36:51	Susanna Harrison	Woking AC
132	2779	00:36:55	Amy Tanner	Hardley Runners
133	3293	00:36:58	Jenna Tarrant	Woking AC
134	2683	00:37:00	Hayley Pegg	Chelmsford AC
135	3030	00:37:01	Sue Francis	Reading AC
136	3264	00:37:03	Sarah Yates	Wimbledon Windmilers
137	2824	00:37:11	Katy Yarnall	Herne Hill Harriers
138	2917	00:37:15	Bernadette Harrop	Medway & Maidstone AC
139	2742	00:37:17	Sharon Bolister	Eton Manor AC
140	2718	00:37:19	Louise Iowascu	Dorking & Mole Valley A C
141	3093	00:37:22	Louisa Ruderman	Serpentine R C
142	2711	00:37:24	Ruth Ward	Dartford Harriers

143	2970	00:37:24	Jane Mackey	Newbury AC
144	3132	00:37:25	Pam Iannella	South London Harriers
145	2900	00:37:25	Jackie Wastell	London Heathside
146	2613	00:37:26	Rebecca Skelton	Basingstoke & Mid Hants AC
147	2670	00:37:27	Rosa Sampson Geroski	Cambridge Harriers
148	2685	00:37:37	Carys Sutton	Chelmsford AC
149	2650	00:37:37	Sarah Dowling	Blackheath & Bromley Harriers AC
150	3036	00:37:40	Debbie Taylor	Reading AC
151	3063	00:37:40	Kiera Davidson	Serpentine R C
152	3247	00:37:42	Louise Ferguson	West 4 Harriers
153	3151	00:37:47	Sarah Jeffery	Southend AC
154	3255	00:37:50	Rochelle Winn	West 4 Harriers
155	2971	00:37:52	Sue Van Huyssteen	Newbury AC
156	2886	00:37:53	Miriam Valencia	London Front Runners
157	2837	00:37:57	Gaelle Lebray	Highgate Harriers
158	2935	00:37:59	Maki Kimura	Mornington Chasers RC
159	2905	00:38:00	Charlotte Hardy	Luton AC
160	2756	00:38:07	Lauren Fawke	Folkestone R C
161	2925	00:38:08	Sarah Green	Metropolitan Police AC
162	2828	00:38:09	Natasha Cendrowicz	Highgate Harriers
163	3263	00:38:10	Evelyn Taylor	Wimbledon Windmilers
164	2955	00:38:13	Yolanda Smith	Nene Valley Harriers
165	3085	00:38:14	Samantha Ludlow	Serpentine R C
166	3240	00:38:16	Melissa Sibley	Wells City Harriers
167	2726	00:38:16	Kim Hainsworth	Dulwich Runners
168	3142	00:38:21	Hannah Coombes	Southampton AC
169	3049	00:38:22	Sarah-Jane Gaffney	Sandhurst Joggers
170	3190	00:38:30	Vikki Filsell	Thames Hare & Hounds
171	3013	00:38:31	Jane Neal	Poole AC
172	2947	00:38:32	Fiona Russell	Mornington Chasers RC
173	3031	00:38:33	Hayley Pearce	Reading AC
174	3098	00:38:37	Christine Sipidias	Serpentine R C
175	3244	00:38:39	Alison Brownhill	West 4 Harriers
176	2989	00:38:39	Kerri Barton	Overton Harriers & AC
177	2716	00:38:43	Jenny Dexter	Dorking & Mole Valley A C
178	3097	00:38:44	Catkin Shelley	Serpentine R C
179	2614	00:38:45	Rebecca Slep	Basingstoke & Mid Hants AC
180	3265	00:38:45	Lynn Hutchings	Wimborne AC
181	2745	00:38:47	Alex Gounelas	Eton Manor AC
182	2732	00:38:48	Ros Tabor	Dulwich Runners
183	3126	00:38:51	Penny Comins	South London Harriers
184	3251	00:38:53	Rose Lewis	West 4 Harriers
185	2719	00:38:54	Louise Schlaepp	Dorking & Mole Valley A C
186	2660	00:38:54	Kate Pratten	Blackheath & Bromley Harriers AC
187	3242	00:38:57	Rachel Badham	West 4 Harriers
188	2945	00:39:01	Camilla Ray	Mornington Chasers RC
189	3134	00:39:02	Marketa Martins	South London Harriers
190	2937	00:39:06	Amy Koerbel	Mornington Chasers RC
191	2596	00:39:06	Heather Dawson	Barnet & District AC
192	2666	00:39:07	Helen Hall	Bracknell AC
193	2671	00:39:10	Jennifer Benson	Canterbury Harriers
194	2876	00:39:13	Amy Inchley	Leighton Buzzard AC
195	3169	00:39:14	Elizabeth Walls	St Albans A C
196	2739	00:39:15	Efa Llewellyn	Enfield & Haringey AC
197	2946	00:39:16	Avril Riddell	Mornington Chasers RC
198	2890	00:39:16	Emma Grayson	London Heathside
199	3229	00:39:18	Alison Putko	Watford Harriers
200	3034	00:39:20	Jenny Prescott	Reading AC
201	2902	00:39:20	Caroline White	London Heathside
202	2833	00:39:22	Alex Goodwin	Highgate Harriers
203	3207	00:39:25	Kathryn Berry	Trent Park RC
204	2829	00:39:26	Jenny Chewter	Highgate Harriers
205	3294	00:39:26	Ramona Thevenet Smith	Woking AC
206	2894	00:39:27	Ruth Miller	London Heathside
207	2615	00:39:28	Rhianna Stanley	Basingstoke & Mid Hants AC
208	2725	00:39:33	Olga Gillane	Dulwich Runners
209	2883	00:39:33	Jackie Bailey	London Front Runners
210	2969	00:39:33	Beverley Hall	Newbury AC
211	2730	00:39:34	Caroline Schurmann	Dulwich Runners
212	2936	00:39:34	Charlotte Knee	Mornington Chasers RC
213	2915	00:39:37	Rebecca Bryant	Medway & Maidstone AC
214	2858	00:39:38	Bregge Nordin	Ilford AC

215	3157	00:39:42	Jamie Tanner	Springfield Striders
216	3262	00:39:43	Lucia Singer	White Horse Harriers AC
217	2967	00:39:44	Sarah Fowler	Newbury AC
218	3054	00:39:44	Melissa Brand	Serpentine R C
219	2872	00:39:48	Nichola Atkins	Kingston AC & Poly Harriers
220	2923	00:39:49	Libby Cameron	Metropolitan Police AC
221	3022	00:39:56	Kathy Mallet	Ranelagh Harriers
222	2747	00:39:59	Zoe Woodward	Eton Manor AC
223	3176	00:40:03	Tina Chantry	Stubbington Green Runners
224	3011	00:40:15	Rachel Flannigan	Pitsea RC
225	3308	00:40:16	Kavita Solder	Woodford Green AC & Essex Ladies
226	3044	00:40:17	Christine Anthony	Saint Edmund Pacers
227	3104	00:40:24	Bethany Van Loenen	Serpentine R C
228	2595	00:40:26	Karen Bradley	Barnet & District AC
229	3032	00:40:26	Charlotte Phillips	Reading AC
230	2939	00:40:26	Heather Marshall	Mornington Chasers RC
231	3018	00:40:27	Jacqui Young	Queens Park Harriers
232	2944	00:40:28	Caioimhe O'Reilly	Mornington Chasers RC
233	3145	00:40:29	Elaine Goode	Southampton AC
234	2908	00:40:38	Diane Baldwin	Marshall Milton Keynes AC
235	2797	00:40:40	Hannah Kitchen	Headington R R
236	2775	00:40:46	Ellen Haynes	Handy Cross Runners
237	2651	00:40:48	Justine Eastbury	Blackheath & Bromley Harriers AC
238	2986	00:40:49	Elies Mann	Norwich RR
239	3181	00:40:51	Sally McGrath	Stubbington Green Runners
240	2813	00:40:52	Rebecca Barrow	Herne Hill Harriers
241	2896	00:41:02	Charlotte Pheazey	London Heathside
242	3143	00:41:02	Rachel Evans	Southampton AC
243	2933	00:41:02	Lynne Connolly	Mornington Chasers RC
244	2811	00:41:04	Sarah Allen	Herne Hill Harriers
245	3175	00:41:06	Alison Sugars	Stopsley Striders
246	2853	00:41:09	Dianne Crisp	Ilford AC
247	3118	00:41:11	Vicky Dawes	Shaftesbury Barnet Harriers
248	3312	00:41:12	Jenny Thomas	Woodford Green AC & Essex Ladies
249	2612	00:41:18	Sarah Bolton	Basingstoke & Mid Hants AC
250	2773	00:41:23	Wendy Carter	Halstead R R
251	2942	00:41:26	Jane Nodder	Mornington Chasers RC
252	3230	00:41:28	Clare Bonnick	Watford Joggers
253	2941	00:41:29	Wendy Millyard	Mornington Chasers RC
254	2838	00:41:30	Fiona Maguire	Highgate Harriers
255	3261	00:41:30	Carolyn Murphy	White Horse Harriers AC
256	2714	00:41:33	Rachel Brunswick	Dorking & Mole Valley A C
257	2940	00:41:34	Lucy McGuinness	Mornington Chasers RC
258	2604	00:41:43	Sandra O'Connor	Barnet & District AC
259	3318	00:41:44	S Baxter	Eton Manor AC
260	2948	00:41:46	Andrea Sanders Reece	Mornington Chasers RC
261	2857	00:41:48	Nicola Hopkinson	Ilford AC
262	3095	00:41:50	Cheryl Sacks	Serpentine R C
263	3260	00:41:51	Rosalind Burgess	White Horse Harriers AC
264	3159	00:41:52	Mandy Attree	St Albans A C
265	2815	00:41:59	Penel Fixter	Herne Hill Harriers
266	2731	00:42:00	Claire Steward	Dulwich Runners
267	2598	00:42:03	Philippa Horton	Barnet & District AC
268	3048	00:42:06	Nicola Fowler	Sandhurst Joggers
269	2589	00:42:07	Hannah Tattersall	Amptill & Flitwick Flyers
270	2605	00:42:10	Catherine Perry	Barnet & District AC
271	3148	00:42:12	Ursula Puentener	Southampton AC
272	2673	00:42:13	Joanne Gambrell	Canterbury Harriers
273	2851	00:42:16	Caroline Saunders	Huntingdonshire A C
274	2697	00:42:16	Diana Jeffery	City of Plymouth AC
275	3161	00:42:17	Clare Cunningham	St Albans A C
276	3059	00:42:19	Amy Cope	Serpentine R C
277	2796	00:42:20	Anita James	Headington R R
278	3180	00:42:24	Lucy May	Stubbington Green Runners
279	2888	00:42:32	Almudena Garcia	London Heathside
280	2735	00:42:37	Carol Jones	Ealing Southall & Middlesex AC
281	2744	00:42:39	Allison Goodlad	Eton Manor AC
282	2932	00:42:39	Hazel Clark	Mornington Chasers RC
283	3099	00:42:41	Claire Strong	Serpentine R C
284	3016	00:42:47	Lisa Knowler	Queens Park Harriers
285	3002	00:42:48	Caroline Winton	Oxford City AC
286	3278	00:42:51	Madeline Vosser	Winchester & District AC

287	3078	00:42:52	Rosie Ingram	Serpentine R C
288	3089	00:43:03	Val Metcalf	Serpentine R C
289	3210	00:43:06	Lynn Jones	Trent Park RC
290	2879	00:43:08	Jane Sayer	Leighton Buzzard AC
291	2984	00:43:11	Marie Clark	Norwich RR
292	2668	00:43:12	Diana Braverman	Cambridge & Coleridge AC
293	2787	00:43:13	Jane Hallam	Havering Mayesbrook
294	2672	00:43:16	Chris Clark	Canterbury Harriers
295	3245	00:43:17	Louise Clark	West 4 Harriers
296	2887	00:43:19	Susie Brighton	London Heathside
297	2586	00:43:22	Cathy Stewart	Aldershot Farnham & District AC
298	2674	00:43:24	Barbara Hutton	Canterbury Harriers
299	3223	00:43:27	Amanda Godfrey	Victory AC
300	2934	00:43:30	Delphine Horodyski	Mornington Chasers RC
301	2916	00:43:34	Natalie Fullman	Medway & Maidstone AC
302	3213	00:43:44	June Barrow Green	Victoria Park Harriers & Tower Hamlets AC
303	3158	00:43:44	Lynn Tanner	Springfield Striders
304	2904	00:43:48	Lorraine Daglish	Luton AC
305	3201	00:43:54	Julie Haworth	The Stragglers
306	3156	00:43:55	Kerry Marsh	Springfield Striders
307	2938	00:44:00	Rafaele Lamour	Mornington Chasers RC
308	3041	00:44:04	Felicity Millns	Royston Runners
309	3123	00:44:05	Bryony Brennan	South London Harriers
310	3167	00:44:06	Linda Powell	St Albans A C
311	2709	00:44:09	Hayley Hickmott	Dartford Harriers
312	2926	00:44:11	Sarah James	Metropolitan Police AC
313	3023	00:44:14	Heather Martingel	Ranelagh Harriers
314	2572	00:44:18	Liz Bedford	Abingdon AAC
315	3218	00:44:21	Sallie Lawrence	Victoria Park Harriers & Tower Hamlets AC
316	3227	00:44:21	Nichletta Economu	Watford Harriers
317	2794	00:44:30	Natasha Giannousi	Headington R R
318	2922	00:44:43	Angela Breen	Metropolitan Police AC
319	2997	00:44:47	Clare Grierson	Oxford City AC
320	2990	00:45:02	Lucy Griffiths	Overton Harriers & AC
321	2964	00:45:03	Julie Unitt	New Eltham Joggers
322	2987	00:45:03	Anne Millett	Norwich RR
323	3214	00:45:04	Francine Bennett	Victoria Park Harriers & Tower Hamlets AC
324	2755	00:45:04	Tina Eke	Folkestone R C
325	2599	00:45:06	Kirsty Johnstone	Barnet & District AC
326	2823	00:45:28	Sonia Williams	Herne Hill Harriers
327	3155	00:45:41	Allison Cook	Springfield Striders
328	3200	00:45:48	Chris Glew	The Stragglers
329	3042	00:46:03	Libby Mitchell	Royston Runners
330	3313	00:46:04	Alex Wardle	Woodford Green AC & Essex Ladies
331	3004	00:46:11	Sonal Chaudhary	Phoenix AC
332	2741	00:46:17	Sasha Ackland	Eton Manor AC
333	3019	00:46:25	Kirsty Bangham	Ranelagh Harriers
334	2805	00:46:28	Rowena Hornshaw	Hercules Wimbledon A C
335	3225	00:46:30	Anita McReynolds	Victory AC
336	2749	00:46:32	Sharon Crowley	Fairlands Valley Spartans
337	2980	00:46:35	Emma Dennis	North Norfolk Beach Runners
338	2983	00:46:42	Sarah Bradley	Norwich RR
339	2759	00:46:43	Catherine O'Connor	Folkestone R C
340	3146	00:46:46	Lynda Masey	Southampton AC
341	3215	00:46:48	Patricia Carden	Victoria Park Harriers & Tower Hamlets AC
342	3226	00:46:51	Kate Parks	Victory AC
343	2757	00:46:56	Kim Gardiner	Folkestone R C
344	3209	00:47:03	Theodosia Green	Trent Park RC
345	3252	00:47:04	Shelley Martin	West 4 Harriers
346	3199	00:47:05	Lynda Chase	The Stragglers
347	3179	00:47:08	Susan MacGregor	Stubbington Green Runners
348	3216	00:47:26	Linda Ingram	Victoria Park Harriers & Tower Hamlets AC
349	2979	00:47:44	Shelley Burton	North Norfolk Beach Runners
350	3144	00:48:01	Pascale Fotherby	Southampton AC
351	3165	00:48:05	Carole Mooney	St Albans A C
352	2882	00:48:17	Amelia Wallace	Leighton Buzzard AC
353	3162	00:48:18	Clare Hewitt	St Albans A C
354	2928	00:48:42	Laura Parker	Metropolitan Police AC
355	3039	00:48:50	Caroline Gavine	Royston Runners
356	3109	00:48:51	Carole Wisdom	Serpentine R C
357	2750	00:48:52	Lorraine Thomas	Fairlands Valley Spartans
358	2840	00:49:09	Kirat Nandra	Highgate Harriers

359	3211	00:49:41	Marion Murphy	Trent Park RC
360	2743	00:50:03	Rachel Brittle	Eton Manor AC
361	2675	00:50:14	Sarah Maguire	Canterbury Harriers
362	3037	00:50:27	Fiona Whitehouse	Redcar RC
363	2728	00:50:49	Louise McCann	Dulwich Runners
364	2601	00:51:07	Nicola Maggs	Barnet & District AC
365	3012	00:51:07	Teresa Flannigan	Pitsea RC
366	3183	00:51:31	Sharon White	Stubbington Green Runners
367	3009	00:51:36	Dianne Eastland	Pitsea RC
368	3222	00:51:41	Marilyn Crocker	Victory AC
369	2978	00:52:24	Vanessa Rolf	North Herts RR
370	3232	00:52:26	Kathryn Duffy	Watford Joggers
371	3010	00:52:58	Sharon Eastland	Pitsea RC
372	2963	00:53:47	Janet Smith	New Eltham Joggers
373	2976	00:54:13	Lindsay Cook	North Herts RR
374	3231	00:54:41	Sarah Coltman	Watford Joggers
375	3212	00:55:37	Christine Read	Trent Park RC
376	3015	00:55:55	Gillian Baker	Queens Park Harriers
377	2637	00:56:19	Geraldine Legon	Bexley A C
378	2746	00:56:29	Christina Watson	Eton Manor AC
379	3219	00:57:42	Susan Leese	Victoria Park Harriers & Tower Hamlets AC
380	2721	00:57:51	Zahara Sharples	Dorking & Mole Valley A C
381	2855	00:58:29	Meredith Floate	Ilford AC

Senior Women Team Results

Pos.	Pts.	Team	Placings
1	75	City of Norwich AC	(3 7 12 53)
2	111	Serpentine R C	(8 9 26 68)
3	116	Aldershot Farnham & District AC	(13 23 32 48)
4	134	Shaftesbury Barnet Harriers	(5 24 33 72)
5	142	Bedford & County AC	(2 14 30 96)
6	143	Herne Hill Harriers	(11 25 28 79)
7	207	Southampton AC	(20 43 57 87)
8	208	Blackheath & Bromley Harriers AC	(35 41 55 77)
9	252	Newbury AC	(19 36 54 143)
10	259	Woodford Green AC & Essex Ladies	(49 50 76 84)
11	274	Highgate Harriers	(27 60 74 113)
12	292	Winchester & District AC	(10 56 103 123)
13	347	Serpentine R C	(78 85 91 93)
14	439	Marshall Milton Keynes AC	(38 59 108 234)
15	447	Dulwich Runners	(16 82 167 182)
16	449	Reading AC	(64 120 130 135)
17	451	Barnet & District AC	(73 88 99 191)
18	485	Serpentine R C	(112 115 117 141)
19	494	Chelmsford AC	(101 111 134 148)
20	506	Woking AC	(37 131 133 205)
21	522	South London Harriers	(6 144 183 189)
22	543	West 4 Harriers	(62 152 154 175)
23	559	Mornington Chasers RC	(102 127 158 172)
24	583	Metropolitan Police AC	(97 105 161 220)
25	600	Herne Hill Harriers	(98 125 137 240)
26	600	Luton AC	(67 70 159 304)
27	633	Southampton AC	(104 128 168 233)
28	650	Ranelagh Harriers	(21 95 221 313)
29	668	Serpentine R C	(151 165 174 178)
30	685	St Albans A C	(107 119 195 264)
31	692	Medway & Maidstone AC	(40 138 213 301)
32	725	Highgate Harriers	(157 162 202 204)
33	727	Headington R R	(94 121 235 277)
34	750	London Heathside	(145 198 201 206)
35	752	Reading AC	(150 173 200 229)
36	758	Dorking & Mole Valley A C	(140 177 185 256)
37	781	Basingstoke & Mid Hants AC	(146 179 207 249)
38	787	Mornington Chasers RC	(188 190 197 212)
39	788	Victoria Park Harriers & Tower Hamlets AC	(42 129 302 315)
40	801	Eton Manor AC	(139 181 222 259)
41	870	Trent Park RC	(34 203 289 344)
42	884	Folkestone R C	(61 160 324 339)
43	946	Leighton Buzzard AC	(110 194 290 352)
44	956	Mornington Chasers RC	(230 232 243 251)
45	965	Norwich RR	(114 238 291 322)
46	983	Serpentine R C	(218 227 262 276)
47	1011	West 4 Harriers	(184 187 295 345)
48	1023	Barnet & District AC	(228 258 267 270)
49	1048	Dulwich Runners	(208 211 266 363)
50	1052	Mornington Chasers RC	(253 257 260 282)
51	1057	Canterbury Harriers	(193 272 294 298)
52	1087	Stubbington Green Runners	(223 239 278 347)
53	1102	Ilford AC	(214 246 261 381)
54	1105	The Stragglers	(126 305 328 346)
55	1151	Springfield Striders	(215 303 306 327)
56	1203	Southampton AC	(242 271 340 350)
57	1214	Serpentine R C	(283 287 288 356)
58	1289	St Albans A C	(275 310 351 353)
59	1327	Pitsea RC	(224 365 367 371)
60	1344	Victory AC	(299 335 342 368)
61	1351	Eton Manor AC	(281 332 360 378)
62	1391	Victoria Park Harriers & Tower Hamlets AC	(323 341 348 379)

Senior Men Individual Results

Pos.	Race No.	Time	Name	Club
1	3480	00:48:23	Neilson Hall	Bedford & County AC
2	4829	00:48:40	Ben Tickner	Wells City Harriers
3	3777	00:49:00	Jon Pepper	Enfield & Haringey AC
4	4738	00:49:06	Chris Smith	Thames Valley Harriers
5	4940	00:49:06	Gary Thornton	Kent AC
6	4544	00:49:21	Glen Watts	Shaftesbury Barnet Harriers
7	3624	00:49:24	Dean Lacy	Cambridge Harriers
8	3545	00:49:27	Kevin Heywood	Bideford AAC
9	3477	00:49:34	Darren Deed	Bedford & County AC
10	4072	00:49:47	John Gilbert	Kent AC
11	3745	00:49:53	Joanthan Gilby	Derby AC
12	4000	00:50:05	Murry Strain	Highgate Harriers
13	3427	00:50:27	Paul Rodgers	Aldershot Farnham & District AC
14	4543	00:50:36	Dan Watts	Shaftesbury Barnet Harriers
15	4529	00:50:47	Orlando Edwards	Shaftesbury Barnet Harriers
16	4927	00:50:52	Steven Naylor	Woodstock Harriers
17	4709	00:50:55	James McMullan	Thames Hare & Hounds
18	3414	00:50:59	Steven Connor	Aldershot Farnham & District AC
19	4261	00:51:16	Kevin Skinner	Newham & Essex Beagles
20	4603	00:51:20	Adam Hickey	Southend AC
21	3554	00:51:24	Alex Bruce Littlewood	Blackheath & Bromley Harriers AC
22	3481	00:51:33	Robert Heaney	Bedford & County AC
23	3476	00:51:34	Dan Dalmedo	Bedford & County AC
24	3425	00:51:41	Neil Phillips	Aldershot Farnham & District AC
25	3981	00:51:49	Henry Dodwell	Highgate Harriers
26	4896	00:51:50	Hywel Care	Woodford Green AC & Essex Ladies
27	3517	00:51:51	James Kelly	Belgrave Harriers
28	4182	00:51:52	Tom Collins	Medway & Maidstone AC
29	4825	00:51:55	Adrian Marriott	Wells City Harriers
30	4495	00:51:57	Richard Phillips	Serpentine R C
31	4079	00:52:00	James Savage	Kent AC
32	3415	00:52:03	Andrew Conway	Aldershot Farnham & District AC
33	3931	00:52:11	Alan Barnes	Herne Hill Harriers
34	3498	00:52:13	Steve Robinson	Bedford & County AC
35	3687	00:52:18	Luke Allen	City of Norwich AC
36	3993	00:52:20	Ben Pochee	Highgate Harriers
37	3458	00:52:24	Mark Sanford	Basildon AC
38	3547	00:52:30	Mark Jenkin	Bideford AAC
39	4691	00:52:32	Luke Scott	Taunton AC
40	3487	00:52:34	James Lawler	Bedford & County AC
41	3891	00:52:36	Ben Warren	Harrow A C
42	3565	00:52:38	Alex Gibbons	Blackheath & Bromley Harriers AC
43	3419	00:52:45	Alex Flynn	Aldershot Farnham & District AC
44	4263	00:52:49	Kairn Stone	Newham & Essex Beagles
45	4696	00:52:49	Robin Brown	Thames Hare & Hounds
46	4523	00:52:53	Neil Addison	Shaftesbury Barnet Harriers
47	3682	00:52:54	Thomas Beedell	Chiltern Harriers AC
48	3579	00:52:58	Andrew Rayner	Blackheath & Bromley Harriers AC
49	3995	00:52:59	Glenn Saqui	Highgate Harriers
50	4249	00:53:00	James Ellis	Newham & Essex Beagles
51	4490	00:53:03	Aodh O'Neill	Serpentine R C
52	3544	00:53:05	Steve Gallienne	Bideford AAC
53	4917	00:53:05	Bertie Powell	Woodford Green AC & Essex Ladies
54	3665	00:53:06	James Williams	Chelmsford AC
55	3492	00:53:07	Owain Matthews	Bedford & County AC
56	4715	00:53:09	Julian Rendall	Thames Hare & Hounds
57	4723	00:53:09	Mohamud Aadan	Thames Valley Harriers
58	4716	00:53:12	Ben Reynolds	Thames Hare & Hounds
59	3491	00:53:13	Will Mackay	Bedford & County AC
60	4755	00:53:15	Nick Barrable	Tonbridge AC
61	3667	00:53:26	James Baker	Chichester Runners & AC
62	3490	00:53:27	Huw Lobb	Bedford & County AC
63	3798	00:53:29	Ashley Humphreys	Exeter Harriers
64	3595	00:53:29	Jamie Ashton	Bracknell AC
65	4170	00:53:29	Tom Comerford	Marshall Milton Keynes AC
66	4173	00:53:34	Marcin Fudalej	Marshall Milton Keynes AC
67	3925	00:53:35	Adam Przedzimirski	Hercules Wimbledon A C
68	4392	00:53:36	Carl Bradbury	Reading AC
69	3994	00:53:38	Danny Russell	Highgate Harriers
70	4695	00:53:41	Nick Altmann	Thames Hare & Hounds

71	4541	00:53:44	James Trapmore	Shaftesbury Barnet Harriers
72	3880	00:53:45	Dave Branfoot	Harrow A C
73	4200	00:53:46	Peter Tucker	Metropolitan Police AC
74	3955	00:53:49	Dave Mulvee	Herne Hill Harriers
75	4718	00:53:52	Martin Shore	Thames Hare & Hounds
76	4015	00:53:58	Andrew Symonds	Hillingdon A C
77	4939	00:54:02	Chris Minns	Unattached
78	3824	00:54:04	Pat Gallagher	Garden City Runners
79	4822	00:54:07	Elliot Haimes	Wells City Harriers
80	3522	00:54:08	Paskar Owor	Belgrave Harriers
81	3883	00:54:10	Jim Cooper	Harrow A C
82	3406	00:54:12	Simon Fisher	Abingdon AAC
83	4516	00:54:18	Hugh Torry	Serpentine R C
84	3827	00:54:20	Graham Robinson	Garden City Runners
85	3935	00:54:25	Chris Busaileh	Herne Hill Harriers
86	3894	00:54:28	Josh Varney	Hastings A C
87	3980	00:54:29	Shaun Dixon	Highgate Harriers
88	3956	00:54:36	Keith Newton	Herne Hill Harriers
89	4186	00:54:38	Adrian Lowther	Medway & Maidstone AC
90	3602	00:54:41	Andrew Donno	Brighton & Hove City AC
91	4736	00:54:44	Robert Russell	Thames Valley Harriers
92	3412	00:54:45	Graham Breen	Aldershot Farnham & District AC
93	4256	00:54:47	Jamal Mohamed	Newham & Essex Beagles
94	4907	00:54:50	Ben Hope	Woodford Green AC & Essex Ladies
95	3957	00:54:53	Ben Pauviour	Herne Hill Harriers
96	3497	00:54:56	Chris Riley	Bedford & County AC
97	3938	00:55:02	Jeff Cunningham	Herne Hill Harriers
98	4377	00:55:08	Peter Haarer	Ranelagh Harriers
99	4627	00:55:19	Paul Adams	St Albans A C
100	3700	00:55:20	James Teuten	City of Portsmouth AC
101	3887	00:55:21	Matt Judson	Harrow A C
102	3511	00:55:21	Will Cockerell	Belgrave Harriers
103	4253	00:55:24	Olly Laws	Newham & Essex Beagles
104	4058	00:55:27	Mark Wilkins	Invicta East Kent
105	4551	00:55:27	Bruce Harrold	Dorking & Mole Valley AC
106	4337	00:55:31	Dave Carter	Phoenix AC
107	3890	00:55:32	Peter Norris	Harrow A C
108	4078	00:55:33	Andy Morton	Kent AC
109	3696	00:55:33	Wayne Lincoln	City of Norwich AC
110	4630	00:55:33	Edward Blake	St Albans A C
111	4925	00:55:34	Stephan Wenk	Woodford Green AC & Essex Ladies
112	4459	00:55:35	Will Green	Serpentine R C
113	3905	00:55:36	Rob Warner	Havering Mayesbrook
114	3947	00:55:38	John Kettle	Herne Hill Harriers
115	3617	00:55:38	Mike Salt	Cambridge & Coleridge AC
116	3996	00:55:39	Richard Scott	Highgate Harriers
117	4607	00:55:47	Roy Scott	Southend AC
118	4152	00:55:49	George Stewart	London Heathside
119	3692	00:55:50	Josh Entwistle	City of Norwich AC
120	3495	00:55:53	Richard Powell	Bedford & County AC
121	4734	00:55:57	Sean Renfer	Thames Valley Harriers
122	4258	00:56:02	John Pike	Newham & Essex Beagles
123	3482	00:56:03	Richard Henderson	Bedford & County AC
124	3989	00:56:03	Jack Matthewman	Highgate Harriers
125	3629	00:56:07	Ben Shearer	Cambridge Harriers
126	4906	00:56:12	Angus Holford	Woodford Green AC & Essex Ladies
127	4164	00:56:13	Liam Menabola	Luton AC
128	4191	00:56:15	James Brown	Metropolitan Police AC
129	4077	00:56:20	Steve McGrory	Kent AC
130	3881	00:56:22	Matt Carey	Harrow A C
131	3593	00:56:24	Simon Munro	Bournemouth AC
132	4202	00:56:25	John Worcester	Metropolitan Police AC
133	4184	00:56:25	James Hogg	Medway & Maidstone AC
134	4911	00:56:29	Matt Molloy	Woodford Green AC & Essex Ladies
135	3982	00:56:30	Peter Downie	Highgate Harriers
136	3936	00:56:32	Simon Coombes	Herne Hill Harriers
137	3553	00:56:35	Daniel Brewer	Blackheath & Bromley Harriers AC
138	4474	00:56:44	Will Jones	Serpentine R C
139	4706	00:56:45	Nick Malynn	Thames Hare & Hounds
140	3691	00:56:48	Nick Earl	City of Norwich AC
141	4297	00:56:48	Steve Gibbs	Norwich RR
142	3483	00:56:48	Steve Herring	Bedford & County AC

143	4074	00:56:49	Chris Greenwood	Kent AC
144	4821	00:56:50	Jon Gilling	Wells City Harriers
145	4708	00:56:51	John McFarlane	Thames Hare & Hounds
146	3728	00:56:53	David White	Croydon Harriers
147	4035	00:56:56	Malcolm Muir	Ilford AC
148	3963	00:56:59	Jonathon Stead	Herne Hill Harriers
149	3884	00:56:59	Julian Critchlow	Harrow A C
150	3448	00:57:00	Richard McCormick	Barnet & District AC
151	4001	00:57:02	Stephen Thompson	Highgate Harriers
152	3845	00:57:03	Adam Stirk	Guildford & Godalming A C
153	3512	00:57:06	Lander Equia	Belgrave Harriers
154	3838	00:57:07	Ben Evans	Guildford & Godalming A C
155	3661	00:57:11	Lee Pickering	Chelmsford AC
156	4500	00:57:11	Andy Reeves	Serpentine R C
157	4252	00:57:11	Kelvin Goodwin	Newham & Essex Beagles
158	3979	00:57:14	Jon Deane	Highgate Harriers
159	4899	00:57:15	Martyn Cryer	Woodford Green AC & Essex Ladies
160	4150	00:57:20	Ed Samuel	London Heathside
161	3937	00:57:25	Mike Cummings	Herne Hill Harriers
162	4175	00:57:27	Chris Hearn	Marshall Milton Keynes AC
163	4466	00:57:31	Pau Herrero	Serpentine R C
164	3519	00:57:32	Soeren Lindner	Belgrave Harriers
165	3948	00:57:32	Sarwar Khan	Herne Hill Harriers
166	4016	00:57:33	Daniel Thompson	Hillingdon A C
167	4063	00:57:34	Gavin Davies	Ipswich Jaffa
168	3632	00:57:34	Andy Collier	Cambridge University Hare & Hounds
169	4698	00:57:39	Chris Daniels	Thames Hare & Hounds
170	3592	00:57:41	Rob McTaggart	Bournemouth AC
171	4661	00:57:42	Tyler O'Callaghan	Striders of Croydon
172	3628	00:57:42	David Reader	Cambridge Harriers
173	3885	00:57:46	Chris Finill	Harrow A C
174	4712	00:57:49	Gordon Pearce	Thames Hare & Hounds
175	3607	00:57:51	Josh Painter	Brighton & Hove City AC
176	3597	00:57:55	Richard Larsen	Bracknell AC
177	4856	00:57:56	Paul Jégou	White Horse Harriers AC
178	3975	00:57:56	Chris Beecham	Highgate Harriers
179	3854	00:58:00	Frank Fulcher	Handy Cross Runners
180	4713	00:58:01	Toby Pearson	Thames Hare & Hounds
181	3428	00:58:02	Scott Smith Bannister	Aldershot Farnham & District AC
182	3926	00:58:03	Matthew Sharp	Hercules Wimbledon A C
183	4749	00:58:05	Richard Lazell	The Stragglers
184	3930	00:58:05	Richard Xerri	Hercules Wimbledon A C
185	3734	00:58:05	Andy Green	Dartford RR
186	3546	00:58:06	Andrew Ingle	Bideford AAC
187	4486	00:58:15	Dave Miller	Serpentine R C
188	3985	00:58:15	Maarten Hoeven	Highgate Harriers
189	3927	00:58:16	Alex Urban	Hercules Wimbledon A C
190	4329	00:58:16	Julian Richardson	Oxford City AC
191	4552	00:58:16	Graham Hewett	Dorking & Mole Valley AC
192	4003	00:58:25	Stephen Whiting	Highgate Harriers
193	4789	00:58:28	Tony Lashmar	Victoria Park Harriers & Tower Hamlets AC
194	4220	00:58:29	Mike Chapman	Nene Valley Harriers
195	4165	00:58:30	Lee Murphy	Luton AC
196	4313	00:58:33	Sean Holmes	Overton Harriers & AC
197	3699	00:58:38	Tom Jeffery	City of Plymouth AC
198	4758	00:58:40	Adam Styles	Tonbridge AC
199	3953	00:58:40	James Mason	Herne Hill Harriers
200	4464	00:58:46	Welsey Harrison	Serpentine R C
201	4393	00:58:53	Richard Kinnersley	Reading AC
202	4166	00:58:54	Oliver Saville	Luton AC
203	4168	00:58:55	Stuart Still	Luton AC
204	3962	00:58:57	Rajdave Singh	Herne Hill Harriers
205	3598	00:58:58	Alex Mouradian	Bracknell AC
206	4823	00:59:01	Tim Hawkins	Wells City Harriers
207	4101	00:59:05	Andy Inchley	Leighton Buzzard AC
208	3585	00:59:07	Glen Turner	Blackheath & Bromley Harriers AC
209	4579	00:59:08	Dave Blackman	Southampton AC
210	3596	00:59:08	Jake Hughes	Bracknell AC
211	3806	00:59:09	David Weekes	Folkestone R C
212	4404	00:59:09	Ryan Harris	Reigate Priory AC
213	3525	00:59:10	Mike Trees	Belgrave Harriers
214	3561	00:59:11	Jean Philip Delon	Blackheath & Bromley Harriers AC

215	4396	00:59:12	Tom Munt	Reading AC
216	3923	00:59:16	Rory McMahon	Hercules Wimbledon A C
217	4489	00:59:18	Ebrima Noble	Serpentine R C
218	4760	00:59:19	Scott Aiken	Trent Park RC
219	3548	00:59:21	Dan Mapp	Bideford AAC
220	3978	00:59:21	Alex Davidson	Highgate Harriers
221	3779	00:59:21	John Scott	Enfield & Haringey AC
222	4069	00:59:24	Stuart Beaney	Kent AC
223	4244	00:59:26	James Craggs	Newbury AC
224	4317	00:59:26	Lee Tolhurst	Overton Harriers & AC
225	3560	00:59:26	Jamie Darling	Blackheath & Bromley Harriers AC
226	4773	00:59:27	David Maisey	Vale of Aylesbury
227	4210	00:59:30	Thomas Craggs	Mornington Chasers RC
228	4491	00:59:33	Andrew Orr	Serpentine R C
229	3825	00:59:34	Andy Holt	Garden City Runners
230	3973	00:59:39	Andrew Aitken	Highgate Harriers
231	4399	00:59:42	Peter Crisp	Reading RR
232	4073	00:59:43	Jon Gill	Kent AC
233	4453	00:59:44	Richard Fanning	Serpentine R C
234	3922	00:59:45	Peter Lee	Hercules Wimbledon A C
235	4068	00:59:46	Luke Armitage	Kent AC
236	4797	00:59:53	Ben Wickham	Victoria Park Harriers & Tower Hamlets AC
237	3679	00:59:53	James Pennicott	Chichester Runners & AC
238	4025	00:59:55	Darren Bottrill	Ilford AC
239	4835	00:59:56	Michael Moore	Werrington Joggers
240	3735	00:59:57	Dave Hall	Dartford RR
241	3470	00:59:57	David Meacock	Basingstoke & Mid Hants AC
242	3772	00:59:59	Ian Day	Ely Runners
243	4926	01:00:00	Harold Wyber	Woodford Green AC & Essex Ladies
244	3444	01:00:00	Alex Horton	Barnet & District AC
245	4433	01:00:02	Nick Barberis	Serpentine R C
246	3603	01:00:07	Zared Hale	Brighton & Hove City AC
247	4178	01:00:08	Ross Threlfall	Marshall Milton Keynes AC
248	4133	01:00:10	Michael Davidson	London Heathside
249	4526	01:00:10	Ronan Breen	Shaftesbury Barnet Harriers
250	3421	01:00:11	Nick Jacobs	Aldershot Farnham & District AC
251	4542	01:00:12	Kev Walden	Shaftesbury Barnet Harriers
252	4294	01:00:13	Simon Dobbs	Norwich RR
253	4195	01:00:13	Rob Jackaman	Metropolitan Police AC
254	3913	01:00:14	Richard Skilbeck	Headington R R
255	4176	01:00:14	Steve Herring	Marshall Milton Keynes AC
256	4091	01:00:15	Ben Corfield	Leighton Buzzard AC
257	4076	01:00:15	Lee Haze	Kent AC
258	4083	01:00:16	Philip Dove	KPMG
259	4277	01:00:16	Rob Harris	North Herts RR
260	4218	01:00:18	Alex Patton	Mornington Chasers RC
261	4282	01:00:19	Chrus Merrylees	North Norfolk Beach Runners
262	3748	01:00:19	Chris Loizou	Dulwich Runners
263	3875	01:00:20	Steve McKenzie	Harlow R C
264	3688	01:00:21	Michael Beamish	City of Norwich AC
265	4631	01:00:25	Colin Braybrook	St Albans A C
266	4212	01:00:27	Marc Henrion	Mornington Chasers RC
267	4883	01:00:29	Tim Haughian	Windsor Slough Eton & Hounslow AC
268	3964	01:00:30	Basil Wallace	Herne Hill Harriers
269	4681	01:00:32	Simon Green	Swindon Harriers
270	4748	01:00:34	Peter Kennedy	The Stragglers
271	4548	01:00:37	Nathanael Booker	Dorking & Mole Valley AC
272	3528	01:00:38	Jon Armstrong	Bexley A C
273	3917	01:00:38	Deon Coetzee	Hercules Wimbledon A C
274	4432	01:00:39	Jolyon Attwooll	Serpentine R C
275	4461	01:00:42	Duncan Hancox	Serpentine R C
276	4465	01:00:42	Paul Hayman	Serpentine R C
277	3633	01:00:45	James Gill	Cambridge University Hare & Hounds
278	4874	01:00:46	Dan Leedham	Winchester & District AC
279	3430	01:00:46	Adam Tribe	Aldershot Farnham & District AC
280	4160	01:00:50	Stuart Baird	Luton AC
281	3456	01:00:50	Michael Walker	Barnet & District AC
282	4174	01:00:51	Bayah Gatluak	Marshall Milton Keynes AC
283	4192	01:00:55	Joel Clewett	Metropolitan Police AC
284	3998	01:00:57	Richard Stewart	Highgate Harriers
285	4382	01:00:58	Niall O'Connor	Ranelagh Harriers
286	3460	01:00:59	Martin Broderick	Basingstoke & Mid Hants AC

287	3764	01:01:01	Robert Brown	Ealing Southall & Middlesex AC
288	3785	01:01:07	Alex Hawkins	Epsom & Ewell Harriers
289	3984	01:01:10	Nick Gold	Highgate Harriers
290	4010	01:01:15	Paul Hull	Hillingdon A C
291	3817	01:01:17	James Smith	Gade Valley Harriers
292	4879	01:01:19	Franklyn Young	Winchester & District AC
293	4479	01:01:22	Charles Lescott	Serpentine R C
294	3634	01:01:25	Liam Richardson	Cambridge University Hare & Hounds
295	4005	01:01:26	Scott Farley	Hillingdon A C
296	4304	01:01:27	Paul Smith	Norwich RR
297	4701	01:01:30	Nicholas Gould	Thames Hare & Hounds
298	3819	01:01:31	Guy Woollett	Gade Valley Harriers
299	3506	01:01:33	Simon Fawcett	Bedford Harriers AC
300	4598	01:01:37	Tim Sherman	Southampton AC
301	4828	01:01:39	Nick Somerville	Wells City Harriers
302	3988	01:01:41	Saningo Martyn	Highgate Harriers
303	4507	01:01:42	Jamie Smalley	Serpentine R C
304	4570	01:01:43	John Foss	South London Harriers
305	4302	01:01:43	Tony Johns	Norwich RR
306	4012	01:01:49	Julian McGowan	Hillingdon A C
307	4412	01:01:52	Andrew Walker	Reigate Priory AC
308	4787	01:01:53	Jeremy Gold	Victoria Park Harriers & Tower Hamlets AC
309	3431	01:01:57	Nigel Wright	Aldershot Farnham & District AC
310	4197	01:01:58	Luke Lazell	Metropolitan Police AC
311	4689	01:02:01	Dave Williamson	Tadworth AC
312	4645	01:02:03	Adrian Copp	Stopsley Striders
313	4364	01:02:04	Brendan Greene	Queens Park Harriers
314	4750	01:02:04	Jeff Malluck	The Stragglers
315	3846	01:02:06	Mark Tennyson	Guildford & Godalming A C
316	4290	01:02:10	Mark Betts	Norwich RR
317	4143	01:02:11	Paul Lemmon	London Heathside
318	3642	01:02:12	Mark Ford	Canterbury Harriers
319	4801	01:02:21	Paul Mitchinson	Victory AC
320	4788	01:02:23	Tom Heslop	Victoria Park Harriers & Tower Hamlets AC
321	4087	01:02:24	Stuart Blofield	Leighton Buzzard AC
322	3622	01:02:28	Clem Dixon	Cambridge Harriers
323	4849	01:02:29	James Howard	West Norfolk AC
324	3719	01:02:30	David Brown	Croydon Harriers
325	4513	01:02:34	Andrew Taylor	Serpentine R C
326	4687	01:02:37	Paul O'Callaghan	Tadworth AC
327	4137	01:02:38	Julian Ferrero	London Heathside
328	4576	01:02:38	Stuart Searle	South London Harriers
329	3961	01:02:40	Paul Shiel	Herne Hill Harriers
330	4042	01:02:41	Tim Corby	Invicta East Kent
331	4397	01:02:42	Darren Stevens	Reading AC
332	4782	01:02:45	Richard Bryant	Victoria Park Harriers & Tower Hamlets AC
333	3848	01:02:50	Marc Woodall	Guildford & Godalming A C
334	4080	01:02:50	Stuart Scott	Kent AC
335	4102	01:02:52	Peter Mackrell	Leighton Buzzard AC
336	4785	01:02:53	Neil Cook	Victoria Park Harriers & Tower Hamlets AC
337	4827	01:02:56	John Rowe	Wells City Harriers
338	4498	01:02:58	Jonathan Rae	Serpentine R C
339	3541	01:03:05	Paul Smyth	Bexley A C
340	4139	01:03:06	Ken Heney	London Heathside
341	4549	01:03:07	Andy Fay	Dorking & Mole Valley AC
342	4585	01:03:08	Paul Fotherby	Southampton AC
343	4868	01:03:09	Jerry Shield	Wimborne AC
344	3578	01:03:11	Roy Priestley	Blackheath & Bromley Harriers AC
345	4419	01:03:14	Vince Long	Royston Runners
346	3608	01:03:16	Edward Richards	Brighton & Hove City AC
347	3762	01:03:19	Cavin Boyter	Ealing Southall & Middlesex AC
348	4726	01:03:23	Manuel Da Silva	Thames Valley Harriers
349	3747	01:03:25	Wayne Lashley	Dulwich Runners
350	4923	01:03:28	John Wallis	Woodford Green AC & Essex Ladies
351	4085	01:03:30	Gareth Wainwright	KPMG
352	3413	01:03:31	Mark Clews	Aldershot Farnham & District AC
353	4430	01:03:32	Mark Fallowfield-Smith	Sandhurst Joggers
354	4394	01:03:32	Luke McAra	Reading AC
355	4900	01:03:35	Iain Cumming	Woodford Green AC & Essex Ladies
356	4215	01:03:36	Alex Kitromilides	Mornington Chasers RC
357	4027	01:03:38	Neil Crisp	Ilford AC
358	3508	01:03:38	Kevin Willett	Bedford Harriers AC

359	3933	01:03:39	Edmund Barrow	Herne Hill Harriers
360	4426	01:03:41	Toby Staines	Royston Runners
361	4534	01:03:41	Dan Lewis	Shaftesbury Barnet Harriers
362	4062	01:03:42	Robert Chenery	Ipswich Jaffa
363	3475	01:03:42	Andy Blair	Bedford & County AC
364	3740	01:03:43	Jack O'Sullivan	Dartford RR
365	4361	01:03:43	Michael Dmitrzak	Queens Park Harriers
366	3660	01:03:45	Billy Parker Brown	Chelmsford AC
367	3951	01:03:45	Richard Lewey	Herne Hill Harriers
368	4728	01:03:46	John Husbands	Thames Valley Harriers
369	4442	01:03:46	Ben Cope	Serpentine R C
370	3809	01:03:46	Bill Brimacombe	Gade Valley Harriers
371	4609	01:03:47	Paul Anderson	Springfield Striders
372	4146	01:03:48	Norman Mitchell	London Heathside
373	4144	01:03:49	Alex MacAulay	London Heathside
374	3457	01:03:54	David Wilcock	Barnet & District AC
375	3449	01:03:57	Costa Michael	Barnet & District AC
376	3972	01:04:00	Richard Tarpey	Herts Phoenix A C
377	4267	01:04:02	Graham Hodgson	Newquay & Par AC
378	4374	01:04:04	Chris Bundhun	Ranelagh Harriers
379	4036	01:04:05	Kevin Nevell	Ilford AC
380	4217	01:04:05	Adam Parks	Mornington Chasers RC
381	4375	01:04:05	Gareth Craft	Ranelagh Harriers
382	4647	01:04:06	Tim Davies	Stopsley Striders
383	4796	01:04:08	Duncan Steen	Victoria Park Harriers & Tower Hamlets AC
384	3792	01:04:09	Paul Cates	Eton Manor AC
385	3417	01:04:09	Jaime Del Campo	Aldershot Farnham & District AC
386	3521	01:04:09	Robert Norville	Belgrave Harriers
387	4780	01:04:19	Simeon Bennett	Victoria Park Harriers & Tower Hamlets AC
388	4116	01:04:20	Adam Davey	London Front Runners
389	4573	01:04:21	Paul Mitchell	South London Harriers
390	4781	01:04:23	Richard Bruce	Victoria Park Harriers & Tower Hamlets AC
391	4292	01:04:23	Mark Burrows	Norwich RR
392	4228	01:04:24	Michael Brown	New Eltham Joggers
393	3882	01:04:24	Kevin Concannon	Harrow A C
394	3820	01:04:27	Chris Baynes	Garden City Runners
395	4283	01:04:31	Paul Muffet	North Norfolk Beach Runners
396	4245	01:04:32	David Wright	Newbury AC
397	4813	01:04:34	Colin Taylor	Watford Joggers
398	4934	01:04:35	Simon Hunt	Yaxley Runners
399	3837	01:04:39	Ben Egan	Guildford & Godalming A C
400	4280	01:04:40	James Walsh	North Herts RR
401	3829	01:04:43	Malcolm Davies	Greenwich Tritons
402	4301	01:04:44	Martin Horlock	Norwich RR
403	3992	01:04:45	John O'Shea	Highgate Harriers
404	4138	01:04:46	John Flahive	London Heathside
405	3916	01:04:48	Stewart Bond	Hercules Wimbledon A C
406	4496	01:04:50	Brent Plump	Serpentine R C
407	4733	01:04:52	Matt Ponting	Thames Valley Harriers
408	4211	01:04:54	Ian Gordon	Mornington Chasers RC
409	4136	01:04:55	Gavin Evans	London Heathside
410	3778	01:04:58	Stewart Pepper	Enfield & Haringey AC
411	4508	01:04:59	Nick Smeeton	Serpentine R C
412	4296	01:04:59	Mark Garrett	Norwich RR
413	4188	01:05:02	Nick Slade	Medway & Maidstone AC
414	3401	01:05:02	Joseph Brewer	26.2 R R C
415	4314	01:05:04	Neil Martin	Overton Harriers & AC
416	4232	01:05:05	Andrew Eastment	New Eltham Joggers
417	4400	01:05:05	Graham Bull	Reigate Priory AC
418	4416	01:05:07	Richard Harrison	Royston Runners
419	4588	01:05:08	Billy Issacs	Southampton AC
420	4332	01:05:08	Rob Webster	Oxford City AC
421	4834	01:05:10	James Husbands	Werrington Joggers
422	4870	01:05:17	Ian Berry	Winchester & District AC
423	3510	01:05:18	Phil Carstairs	Belgrave Harriers
424	4231	01:05:19	Stephen Dipre	New Eltham Joggers
425	3409	01:05:23	Richard Batchelor	Aldershot Farnham & District AC
426	4606	01:05:23	Alec Kyrakides	Southend AC
427	3520	01:05:33	Dave Mason	Belgrave Harriers
428	3405	01:05:34	Chris Bedford	Abingdon AAC
429	4714	01:05:34	Mike Potter	Thames Hare & Hounds
430	4376	01:05:34	Peter Faull	Ranelagh Harriers

431	4131	01:05:36	Richard Browne	London Heathside
432	3737	01:05:37	Michael Lemon	Dartford RR
433	4124	01:05:39	Joel Northcott	London Front Runners
434	3535	01:05:40	Peter Griffiths	Bexley A C
435	4179	01:05:40	Andrew Wasdell	Marshall Milton Keynes AC
436	4014	01:05:43	David Smith	Hillingdon A C
437	4103	01:05:45	Tom May	Leighton Buzzard AC
438	3442	01:05:46	Paul Carter	Barnet & District AC
439	3450	01:05:47	Liam Mitchell	Barnet & District AC
440	4920	01:05:49	Chris Shepherd	Woodford Green AC & Essex Ladies
441	3765	01:05:49	Mark Delahunty	Ealing Southall & Middlesex AC
442	4201	01:05:53	Jonathan Waterfield	Metropolitan Police AC
443	4156	01:05:54	Andy Welshman	London Heathside
444	3791	01:05:55	Michael Cates	Eton Manor AC
445	4805	01:05:57	Zac McDonough	Watford Harriers
446	4318	01:05:57	Keith Vallis	Overton Harriers & AC
447	4484	01:06:00	Alistair McColl	Serpentine R C
448	3466	01:06:02	Chris Furness	Basingstoke & Mid Hants AC
449	3572	01:06:04	Brendan McShane	Blackheath & Bromley Harriers AC
450	4878	01:06:05	David Vosser	Winchester & District AC
451	4276	01:06:05	Gary Cook	North Herts RR
452	4429	01:06:07	David Breslin	Sandhurst Joggers
453	4654	01:06:08	Chris Lamont	Stopsley Striders
454	4493	01:06:09	Joshua Paparo	Serpentine R C
455	4848	01:06:12	Benjamin Collison	West Norfolk AC
456	4488	01:06:17	David Morgan	Serpentine R C
457	3441	01:06:20	Tim Butler	Barnet & District AC
458	3789	01:06:23	Rob Wakefield	Epsom & Ewell Harriers
459	4937	01:06:25	Neil Biss	Yeovil Town RRC
460	3551	01:06:26	Chris Stone	Bideford AAC
461	4388	01:06:27	James Thornton	Ranelagh Harriers
462	4362	01:06:28	Andrew Galligan	Queens Park Harriers
463	4665	01:06:29	Barry White	Striders of Croydon
464	4765	01:06:29	Alexis Ralphs	Trent Park RC
465	3626	01:06:31	Graham Maynard	Cambridge Harriers
466	4826	01:06:32	Simon Prior	Wells City Harriers
467	3822	01:06:33	Tom Denbigh	Garden City Runners
468	4008	01:06:33	Steve Hiron	Hillingdon A C
469	3725	01:06:35	Colin Oxlade	Croydon Harriers
470	3831	01:06:38	Glenn Hatrick	Greenwich Tritons
471	4808	01:06:39	Dave Dixon	Watford Joggers
472	3952	01:06:39	Rupert Mainwaring	Herne Hill Harriers
473	4021	01:06:40	Andrew Richardson	Huntingdonshire A C
474	3749	01:06:42	Michael Mann	Dulwich Runners
475	4157	01:06:43	Will Whitaker	London Heathside
476	3461	01:06:46	Chris Burghes	Basingstoke & Mid Hants AC
477	4452	01:06:47	Alex Elferink	Serpentine R C
478	4132	01:06:48	Pete Crockford	London Heathside
479	3515	01:06:50	Will Ireson	Belgrave Harriers
480	3816	01:06:52	Edward Price	Gade Valley Harriers
481	4295	01:06:53	Mark Edwards	Norwich RR
482	4753	01:06:54	Melvyn Cooper	Thrift Green Trotters
483	4595	01:06:55	Michael Read	Southampton AC
484	4770	01:06:56	Henry Edwardes Evans	Vale of Aylesbury
485	4502	01:06:57	Roger Reid	Serpentine R C
486	4310	01:06:58	Richard Clifford	Overton Harriers & AC
487	3766	01:07:00	Andrew Dodd	Ealing Southall & Middlesex AC
488	3987	01:07:02	Joseph Lowe	Highgate Harriers
489	4439	01:07:03	Stephen Brown	Serpentine R C
490	3999	01:07:08	Nick Stockman	Highgate Harriers
491	4590	01:07:09	Howard Long	Southampton AC
492	3768	01:07:10	Steve Plested	Ealing Southall & Middlesex AC
493	4405	01:07:10	Gavin Lawrence	Reigate Priory AC
494	3759	01:07:18	Duncan Park	Dunstable RR
495	4546	01:07:18	Duncan Ayimba	Dorking & Mole Valley AC
496	4395	01:07:25	Andrew McDonald	Reading AC
497	3826	01:07:30	Patrick Pearce	Garden City Runners
498	4514	01:07:31	Richard Taylor	Serpentine R C
499	3911	01:07:33	Laurie Hurman	Headington R R
500	4783	01:07:38	Mick Cairns	Victoria Park Harriers & Tower Hamlets AC
501	3646	01:07:39	Tony McParland	Canterbury Harriers
502	4305	01:07:40	Paul Sullivan	Norwich RR

503	4685	01:07:40	Peter Mills	Tadworth AC
504	4557	01:07:41	Rob Russell	Dorking & Mole Valley AC
505	4357	01:07:43	Simon Brotherson	Queens Park Harriers
506	3844	01:07:45	Paul Sanderson	Guildford & Godalming A C
507	4732	01:07:47	Stephen Norris	Thames Valley Harriers
508	4659	01:07:49	Taylor Huggins	Striders of Croydon
509	4336	01:07:50	Ray Wilson	Peterborough AC
510	4568	01:07:50	Clive Edgington	South London Harriers
511	3404	01:07:54	David Pimm	26.2 R R C
512	4791	01:07:55	Jonathan Medcraft	Victoria Park Harriers & Tower Hamlets AC
513	3949	01:07:56	Sam Knight	Herne Hill Harriers
514	4497	01:07:59	Alessandro Poggi	Serpentine R C
515	4725	01:08:00	Christophe Cayssials	Thames Valley Harriers
516	3770	01:08:01	Robert Wilson	Ealing Southall & Middlesex AC
517	3568	01:08:01	Richard Hall	Blackheath & Bromley Harriers AC
518	4641	01:08:02	Mark Taplin	St Albans A C
519	4555	01:08:03	Graeme Mackay	Dorking & Mole Valley AC
520	3575	01:08:04	Chris Pike	Blackheath & Bromley Harriers AC
521	4341	01:08:04	Andrew Neighbour	Phoenix AC
522	3612	01:08:07	John Evans	Cambridge & Coleridge AC
523	3741	01:08:12	Tony Piper	Dartford RR
524	3549	01:08:15	Alec McLaren	Bideford AAC
525	4784	01:08:17	Michael Carden	Victoria Park Harriers & Tower Hamlets AC
526	4766	01:08:19	John Ross	Trent Park RC
527	4145	01:08:19	George Margesson	London Heathside
528	3636	01:08:22	Dave Bowden	Canterbury Harriers
529	4623	01:08:23	Stuart Raven	Springfield Striders
530	3744	01:08:24	Robert White	Dartford RR
531	4189	01:08:24	Gareth Williams	Medway & Maidstone AC
532	4692	01:08:30	Jon Meek	Tavistock Athletics
533	4629	01:08:31	Doug Bates	St Albans A C
534	4743	01:08:41	Neil Browning	The Stragglers
535	4411	01:08:42	Mark Thomas	Reigate Priory AC
536	4587	01:08:43	Keith Hollis	Southampton AC
537	4309	01:08:43	John Castelli	Overton Harriers & AC
538	4651	01:08:44	Stuart Harries	Stopsley Striders
539	4744	01:08:48	Jim Desmond	The Stragglers
540	4644	01:08:51	John Chapman	Stopsley Striders
541	4759	01:08:54	Matthew Day	Torbay AC
542	4746	01:08:54	Stuart Hambling	The Stragglers
543	4686	01:08:55	Geoff Newton	Tadworth AC
544	4660	01:09:01	Chris Morton	Striders of Croydon
545	4154	01:09:01	Robin Tremaine	London Heathside
546	4510	01:09:03	Michael Stainton	Serpentine R C
547	4480	01:09:04	Justin Lock	Serpentine R C
548	3655	01:09:06	Phil Wyard	Canterbury Harriers
549	4370	01:09:10	Frank Nolan	Queens Park Harriers
550	4612	01:09:13	Jon Byford	Springfield Striders
551	4775	01:09:14	Alan Roberts	Vale of Aylesbury
552	3680	01:09:15	Tony Roddis	Chichester Runners & AC
553	3472	01:09:19	Mark Slaney	Basingstoke & Mid Hants AC
554	4882	01:09:20	Sam Gardner	Windsor Slough Eton & Hounslow AC
555	4064	01:09:21	Ker Macrosson	Ipswich Jaffa
556	4281	01:09:31	John Christopher	North Norfolk Beach Runners
557	4625	01:09:32	Paul Stukas	Springfield Striders
558	4602	01:09:35	Nick Wilson	Southampton AC
559	4842	01:09:38	Scott Mitchell	West 4 Harriers
560	4664	01:09:39	Mick Turner	Striders of Croydon
561	4909	01:09:42	Martin Mack	Woodford Green AC & Essex Ladies
562	3504	01:09:49	Alastair Fadden	Bedford Harriers AC
563	3840	01:09:54	Nick Green	Guildford & Godalming A C
564	4075	01:09:56	Dan Hale	Kent AC
565	3502	01:09:58	Matt Burgin	Bedford Harriers AC
566	3853	01:10:01	Sam Wolton	Halstead R R
567	4936	01:10:02	Paul Allen	Yeovil Town RRC
568	3912	01:10:02	Laurence Kemble	Headington R R
569	4440	01:10:03	Brad Cobb	Serpentine R C
570	4905	01:10:09	Alistair Holford	Woodford Green AC & Essex Ladies
571	3871	01:10:12	Jason Haigh	Harlow R C
572	4740	01:10:14	Philip Wetton	Thames Valley Harriers
573	4473	01:10:15	Paul Jenkinson	Serpentine R C
574	4169	01:10:16	Mike Burling	Marshall Milton Keynes AC

575	4932	01:10:18	Robert Hall	Yaxley Runners
576	3443	01:10:19	Peter Ellis	Barnet & District AC
577	3892	01:10:20	Bill Darby	Hastings A C
578	4457	01:10:23	Ben Gilmore	Serpentine R C
579	4349	01:10:24	Mike Cure	Poole AC
580	3684	01:10:25	David Breingan	Chiltern Harriers AC
581	3929	01:10:26	Frank Wood	Hercules Wimbledon A C
582	3830	01:10:27	Jonathan Godsell	Greenwich Tritons
583	4656	01:10:28	Mark Sains	Stopsley Striders
584	4840	01:10:28	Rich Berry	West 4 Harriers
585	4129	01:10:29	Julian Williams	London Front Runners
586	4477	01:10:30	Stephen Laverty	Serpentine R C
587	4216	01:10:31	John Lynch	Mornington Chasers RC
588	4518	01:10:32	Nick Tucker	Serpentine R C
589	3796	01:10:32	Ian Lambert	Eton Manor AC
590	3794	01:10:34	Adrian Frost	Eton Manor AC
591	3518	01:10:36	Alistair Lang	Belgrave Harriers
592	4390	01:10:37	Andrew Woodhouse	Ranelagh Harriers
593	4194	01:10:43	Chris Fuller	Metropolitan Police AC
594	3570	01:10:45	Andrew Lawes	Blackheath & Bromley Harriers AC
595	4177	01:10:53	Chris Mahon	Marshall Milton Keynes AC
596	3732	01:10:54	Peter Butler	Dartford RR
597	3856	01:10:55	Howard Taylor	Handy Cross Runners
598	4812	01:10:55	Mark Studdart	Watford Joggers
599	3467	01:10:56	Peter Grigoleit	Basingstoke & Mid Hants AC
600	3582	01:10:57	Adrian Stocks	Blackheath & Bromley Harriers AC
601	4147	01:10:58	Hassan Nahal	London Heathside
602	4863	01:10:58	Mark Copeland	Wimborne AC
603	4289	01:10:59	Michael Armes	Norwich RR
604	3459	01:11:04	Mark Bevan	Basingstoke & Mid Hants AC
605	3651	01:11:06	Gary Salmon	Canterbury Harriers
606	4747	01:11:09	Bob Howard	The Stragglers
607	4913	01:11:11	Steve Murray	Woodford Green AC & Essex Ladies
608	3767	01:11:16	Robert Howells	Ealing Southall & Middlesex AC
609	4406	01:11:16	Chris Norton	Reigate Priory AC
610	4401	01:11:17	Brian Churchurch	Reigate Priory AC
611	4121	01:11:18	David Maguire	London Front Runners
612	4582	01:11:19	John Compton	Southampton AC
613	3455	01:11:22	James Taylor	Barnet & District AC
614	4190	01:11:26	Tomasz Witkowicz	Medway & Maidstone AC
615	4420	01:11:31	Paul Martin	Royston Runners
616	4520	01:11:33	Mark Wadley	Serpentine R C
617	4506	01:11:33	Stephane Schneider	Serpentine R C
618	4653	01:11:35	Paul Keech	Stopsley Striders
619	3895	01:11:37	Malcolm Lavery	Havant A C
620	3746	01:11:38	Duncan Hussey	Dulwich Runners
621	4383	01:11:40	Mike Peace	Ranelagh Harriers
622	4468	01:11:40	James Hill	Serpentine R C
623	3960	01:11:41	Tim Ridley	Herne Hill Harriers
624	4875	01:11:42	Marc Lyne	Winchester & District AC
625	4596	01:11:44	Ian Richardson	Southampton AC
626	4605	01:11:44	Greg Jarvis	Southend AC
627	4130	01:11:46	Eddie Bayne	London Heathside
628	4621	01:11:49	Jason Prail	Springfield Striders
629	3942	01:11:50	Ben Hallifax	Herne Hill Harriers
630	4567	01:11:53	Andy Davis	South London Harriers
631	3566	01:11:56	Con Griffin	Blackheath & Bromley Harriers AC
632	4410	01:11:58	David Taylor	Reigate Priory AC
633	4617	01:12:01	Gary Joslin	Springfield Striders
634	4614	01:12:03	Julian Catmull	Springfield Striders
635	3757	01:12:05	Phil McClean	Dunstable RR
636	4119	01:12:08	Edward Holland	London Front Runners
637	4786	01:12:09	Alfredo Dimeo	Victoria Park Harriers & Tower Hamlets AC
638	4369	01:12:10	Bertie Miller	Queens Park Harriers
639	4941	01:12:10	Steve Le Poidevin	Saint Edmund Pacers
640	3623	01:12:12	Alex Hall	Cambridge Harriers
641	4315	01:12:13	Steve McNair	Overton Harriers & AC
642	4559	01:12:16	Kevin Stroud	Dorking & Mole Valley AC
643	4088	01:12:17	Mike Bryant	Leighton Buzzard AC
644	4117	01:12:17	Patrick Doyle	London Front Runners
645	3670	01:12:18	Tom Blaylock	Chichester Runners & AC
646	3701	01:12:19	Gary Riches	Colchester & Tendring AC

647	4745	01:12:21	Colin Gray	The Stragglers
648	4831	01:12:23	Jason Tuck	Wells City Harriers
649	3750	01:12:26	Andy Murray	Dulwich Runners
650	3997	01:12:27	Steve Scruton	Highgate Harriers
651	4670	01:12:30	Nick Crane	Stubbington Green Runners
652	4843	01:12:30	Gary Robinson	West 4 Harriers
653	3841	01:12:31	Matthew Lythell	Guildford & Godalming A C
654	3810	01:12:33	Johnny Broom	Gade Valley Harriers
655	3797	01:12:35	Andy Ruffy	Eton Manor AC
656	4020	01:12:43	Shane Hunt	Huntingdonshire A C
657	4528	01:12:50	Russell Devitt	Shaftesbury Barnet Harriers
658	4065	01:12:51	Brian Rogers	Ipswich Jaffa
659	4455	01:12:52	Paul Fromme	Serpentine R C
660	4123	01:12:54	Jonathan Moscrop	London Front Runners
661	4155	01:12:56	David Walton	London Heathside
662	4898	01:12:59	Andy Coleman	Woodford Green AC & Essex Ladies
663	4560	01:13:00	Virasamy Thippadu	Dorking & Mole Valley AC
664	3645	01:13:03	Colin Kent	Canterbury Harriers
665	3536	01:13:04	Jon Hunter	Bexley A C
666	4408	01:13:04	Mike Pocock	Reigate Priory AC
667	4807	01:13:06	Andy Dean	Watford Joggers
668	4816	01:13:13	Josh Worthington	Watford Joggers
669	4113	01:13:18	Dorek Clark	London Front Runners
670	4002	01:13:23	Rob Walker	Highgate Harriers
671	4918	01:13:25	Jon Powell	Woodford Green AC & Essex Ladies
672	4107	01:13:26	Fred Watt	Leighton Buzzard AC
673	4802	01:13:27	Colin O'Donnell	Victory AC
674	4847	01:13:28	Ashley Chimes	West Norfolk AC
675	3402	01:13:30	Joseph Chang	26.2 R R C
676	4403	01:13:33	Neil Hamilton	Reigate Priory AC
677	3877	01:13:36	Rick Ricketts	Harlow R C
678	4626	01:13:38	Paul Wheeldon	Springfield Striders
679	3855	01:13:38	Mike Hollis	Handy Cross Runners
680	3618	01:13:41	Christof Schwiennig	Cambridge & Coleridge AC
681	3659	01:13:41	Mike Judd	Chelmsford AC
682	3862	01:13:42	David Gould	Hardley Runners
683	4105	01:13:46	Ian Roberts	Leighton Buzzard AC
684	4335	01:13:55	Peter Ward	Peterborough AC
685	3968	01:13:56	Robin Baynham	Herts Phoenix A C
686	4134	01:13:58	Nick De Caumarez	London Heathside
687	4769	01:14:03	Darren White	Trent Park RC
688	3807	01:14:04	Mark Bird	Gade Valley Harriers
689	3643	01:14:04	Adrian Fox	Canterbury Harriers
690	4930	01:14:06	Hugh Burton	Yaxley Runners
691	4363	01:14:07	Nathan Godleman	Queens Park Harriers
692	3743	01:14:09	Chris Topp	Dartford RR
693	3878	01:14:12	John Tennant	Harlow R C
694	3866	01:14:14	Steven Ambrose	Harlow R C
695	4575	01:14:17	Matthew Saunders	South London Harriers
696	4537	01:14:20	Ray Powell	Shaftesbury Barnet Harriers
697	3722	01:14:25	Julian Dillow	Croydon Harriers
698	3971	01:14:27	Stuart Mann	Herts Phoenix A C
699	3761	01:14:29	Ian Birch	Ealing Southall & Middlesex AC
700	4009	01:14:29	Michael Howard	Hillingdon A C
701	3637	01:14:30	Steve Clark	Canterbury Harriers
702	4298	01:14:32	Francis Hale	Norwich RR
703	3814	01:14:33	Andrew Norton	Gade Valley Harriers
704	4355	01:14:33	Andy Angus	Queens Park Harriers
705	3958	01:14:43	Valdis Pauzers	Herne Hill Harriers
706	3620	01:14:46	Steve Brown	Cambridge Harriers
707	4037	01:14:49	Steve Parker	Ilford AC
708	4832	01:14:50	Rex Whitcombe	Wells City Harriers
709	4768	01:14:53	Paul Ward	Trent Park RC
710	4222	01:14:55	Nigel Dickens	Nene Valley Harriers
711	4013	01:14:55	Martin Searle	Hillingdon A C
712	4148	01:14:57	Leo Pemberton	London Heathside
713	4730	01:14:58	Simon Maddison	Thames Valley Harriers
714	4425	01:15:01	Alan Slade	Royston Runners
715	3638	01:15:01	Mark Cooper	Canterbury Harriers
716	4111	01:15:04	Sunjay Bhogal	London Front Runners
717	4427	01:15:04	Alex Windebank	Royston Runners
718	3805	01:15:12	William Smith	Folkestone R C

719	4316	01:15:13	Dave Titcomb	Overton Harriers & AC
720	3790	01:15:25	Steve Adams	Eton Manor AC
721	4752	01:15:27	Steve Sandham	The Stragglers
722	3965	01:15:29	James Ward	Herne Hill Harriers
723	4904	01:15:32	Richard Hogg	Woodford Green AC & Essex Ladies
724	4815	01:15:37	Tim Woolridge	Watford Joggers
725	4633	01:15:41	Richard Derrick	St Albans A C
726	3795	01:15:42	Quamil Isuras	Eton Manor AC
727	3403	01:15:44	Don Esslemont	26.2 R R C
728	3742	01:15:50	Dave Ringrose	Dartford RR
729	3896	01:15:59	Kevin Watson	Havant A C
730	3969	01:15:59	Richard Bloom	Herts Phoenix A C
731	4754	01:16:06	Edward Skinner	Tiptree RR
732	4354	01:16:14	Jonathan Ainsworth	Queens Park Harriers
733	4921	01:16:21	Tom Spanyol	Woodford Green AC & Essex Ladies
734	4866	01:16:26	Gerry Hutchings	Wimborne AC
735	4869	01:16:34	Graham Wiffen	Wimborne AC
736	4601	01:16:35	Gordon Whelan	Southampton AC
737	4238	01:16:40	Anthony O'Brien	New Eltham Joggers
738	4135	01:16:45	Alan Dickson	London Heathside
739	4778	01:16:53	Peter Simpson	Vegan Runners Uk
740	4415	01:17:02	Malcolm Hall	Royston Runners
741	4040	01:17:04	Peter Howell	Invicta East Kent
742	4407	01:17:07	Paddy Patrick	Reigate Priory AC
743	4471	01:17:08	Jean-Luc Hoez	Serpentine R C
744	4857	01:17:11	James Lawton	White Horse Harriers AC
745	4462	01:17:12	Richard Hardiman	Serpentine R C
746	4794	01:17:13	Dave Robinson	Victoria Park Harriers & Tower Hamlets AC
747	4742	01:17:15	Nick Brown	The Stragglers
748	4351	01:17:15	Darren Moore	Poole AC
749	3873	01:17:15	Matthew Jones	Harlow R C
750	4421	01:17:15	Glenn Mason	Royston Runners
751	4618	01:17:17	Anthony Marsh	Springfield Striders
752	3893	01:17:18	Mark Reece	Hastings A C
753	3818	01:17:20	Martin Storrie	Gade Valley Harriers
754	4109	01:17:23	Andrew Atkins	London Front Runners
755	4206	01:17:24	John Gorton	Metros RC
756	3706	01:17:29	Dave Cook	Crawley AC
757	4901	01:17:30	Roger Green	Woodford Green AC & Essex Ladies
758	3720	01:17:31	Kieth Brown	Croydon Harriers
759	4230	01:17:31	Alan Cox	New Eltham Joggers
760	3539	01:17:35	Richard Long	Bexley A C
761	3857	01:17:36	Mick Anglim	Hardley Runners
762	4539	01:17:39	Phil Shelley	Shaftesbury Barnet Harriers
763	4672	01:17:41	John Gueran	Stubbington Green Runners
764	3452	01:17:51	John Murphy	Barnet & District AC
765	4095	01:17:59	Rod Freeman Lopez	Leighton Buzzard AC
766	4213	01:18:01	Gary Homewood	Mornington Chasers RC
767	4855	01:18:11	Adrian Evans	White Horse Harriers AC
768	4679	01:18:18	Gordon Westley	Stubbington Green Runners
769	3588	01:18:19	Ian Graham	Bournemouth AC
770	4818	01:18:22	Paul Chadwick	Wells City Harriers
771	3755	01:18:26	Bill Crane	Dunstable RR
772	4300	01:18:29	James Hills	Norwich RR
773	3650	01:18:37	Tim Richardson Perks	Canterbury Harriers
774	4229	01:18:47	Peter Cane	New Eltham Joggers
775	4122	01:18:49	Glynn McDonald	London Front Runners
776	4345	01:18:54	Peter Flanningan	Pitsea RC
777	3815	01:19:00	Neil Parkins	Gade Valley Harriers
778	3870	01:19:01	Sean Flynn	Harlow R C
779	4359	01:19:02	Richard Davies	Queens Park Harriers
780	4204	01:19:06	John Camprubi	Metros RC
781	4356	01:19:13	Damian Bastick	Queens Park Harriers
782	4767	01:19:18	Charles Taylor	Trent Park RC
783	3641	01:19:21	Andy Farrant	Canterbury Harriers
784	3769	01:19:24	Johannes Tesfu	Ealing Southall & Middlesex AC
785	4483	01:19:30	Rob Maslen	Serpentine R C
786	4650	01:19:31	Richard Hardy	Stopsley Striders
787	3724	01:19:31	Norman Hemming	Croydon Harriers
788	3731	01:19:33	Daniel Miller	Dagenham 88 Runners
789	4004	01:19:41	John Bignall	Hillingdon A C
790	3543	01:19:47	Kevin Winch	Bexley A C

791	4929	01:19:48	Kyle Ballantyne	Yaxley Runners
792	3453	01:19:52	John Owen	Barnet & District AC
793	3753	01:19:58	Dave West	Dulwich Runners
794	3625	01:20:03	Ian Marshall	Cambridge Harriers
795	4809	01:20:05	Hum Hamer	Watford Joggers
796	4409	01:20:13	Paul Sapsard	Reigate Priory AC
797	4851	01:20:15	Alexander Lane	West Norfolk AC
798	3432	01:20:16	David Coker	Amphill & Flitwick Flyers
799	4011	01:20:23	John Luscombe	Hillingdon A C
800	4112	01:20:33	John Brown	London Front Runners
801	3804	01:20:38	Grahame Eke	Folkestone R C
802	4764	01:20:43	Michael Jones	Trent Park RC
803	4239	01:20:45	Simon Riley	New Eltham Joggers
804	4381	01:20:49	Jar O'Brien	Ranelagh Harriers
805	4862	01:20:50	Phil Burgess	Wimborne AC
806	4628	01:20:51	Steve Alexander	St Albans A C
807	3433	01:20:54	David Cook	Amphill & Flitwick Flyers
808	4806	01:20:56	Anthony Williams	Watford Harriers
809	3833	01:21:05	David Walker	Greenwich Tritons
810	4850	01:21:06	Carwyn James	West Norfolk AC
811	3676	01:21:21	Colin Harley	Chichester Runners & AC
812	3437	01:21:23	Mike Petty	Amphill & Flitwick Flyers
813	3876	01:21:25	Graham Pugh	Harlow R C
814	4469	01:21:35	David Hinds	Serpentine R C
815	4417	01:21:49	Paul Haynes	Royston Runners
816	4372	01:21:54	Aaron Smith	Queens Park Harriers
817	4422	01:22:09	William Mortimer	Royston Runners
818	3763	01:22:11	Eammon Bradley	Ealing Southall & Middlesex AC
819	4908	01:22:13	Steve Lambert	Woodford Green AC & Essex Ladies
820	3869	01:22:21	Alan Cootes	Harlow R C
821	3986	01:22:23	Kevin Lineham	Highgate Harriers
822	4763	01:22:25	Peter Goldfinch	Trent Park RC
823	3906	01:22:25	Jonathan Chambers	Headington R R
824	4242	01:22:27	John White	New Eltham Joggers
825	3619	01:22:47	Patrick Austin	Cambridge Harriers
826	4638	01:22:48	Blackaller Peter	St Albans A C
827	3540	01:22:49	Philip Mathieson	Bexley A C
828	3907	01:22:51	Steve Cows	Headington R R
829	3669	01:22:56	John Betts	Chichester Runners & AC
830	4852	01:23:06	Richard Walker	West Norfolk AC
831	3945	01:23:11	Phillip Henwood	Herne Hill Harriers
832	4203	01:23:12	Terry Burke	Metros RC
833	4636	01:23:22	John Hope	St Albans A C
834	4402	01:23:24	Jas Dhanda	Reigate Priory AC
835	4762	01:23:57	Martin Cullen	Trent Park RC
836	4299	01:24:03	Richard High	Norwich RR
837	4344	01:24:18	Paul Devlin	Pitsea RC
838	4867	01:24:28	Ian Kennedy	Wimborne AC
839	4860	01:24:36	Dene Stringfellow	White Horse Harriers AC
840	4385	01:24:41	David Rowe	Ranelagh Harriers
841	4619	01:25:05	David Milton	Springfield Striders
842	3627	01:25:11	Mark Newell	Cambridge Harriers
843	3793	01:25:13	Steve Dunn	Eton Manor AC
844	3774	01:25:23	Malcolm MacLannan	Enfield & Haringey AC
845	3859	01:25:33	Andrew Barber	Hardley Runners
846	4325	01:25:43	Paul Grimsdale	Oxford City AC
847	4158	01:26:22	John Hart	Loughton AC
848	4275	01:27:37	Paul Bowal	North Herts RR
849	3473	01:28:05	Ian Smith	Basingstoke & Mid Hants AC
850	4367	01:28:06	Alan Kilcoyne	Queens Park Harriers
851	4243	01:28:26	Martin Wisdom	New Eltham Joggers
852	3505	01:28:44	Chris Fadden	Bedford Harriers AC
853	4938	01:29:01	Tony Watts	Yeovil Town RRC
854	4373	01:29:23	Phil Aiken	Ranelagh Harriers
855	4125	01:29:30	Colin Stevenson	London Front Runners
856	4343	01:29:32	Christopher Bell	Pitsea RC
857	4167	01:29:58	Chris Stebbings	Luton AC
858	3653	01:30:08	Tony Savage	Canterbury Harriers
859	3828	01:30:28	Carl Botten	Greenwich Tritons
860	3683	01:30:32	Trevor Brawn	Chiltern Harriers AC
861	4677	01:30:34	Philip May	Stubbington Green Runners
862	4161	01:30:56	Paul Brooks	Luton AC

863	4342	01:31:14	Peter Bates	Pitsea RC
864	3865	01:31:40	Ray Noke	Hardley Runners
865	3503	01:32:43	Steve Crane	Bedford Harriers AC
866	4865	01:33:23	Paul Hine	Wimborne AC
867	3813	01:33:41	Tom North	Gade Valley Harriers
868	4234	01:34:02	John Leach	New Eltham Joggers
869	4347	01:34:11	Kieth Passingham	Pitsea RC
870	4293	01:34:35	Neil Clark	Norwich RR
871	3557	01:35:51	Mark Compton	Blackheath & Bromley Harriers AC
872	4303	01:35:58	Tony Millett	Norwich RR
873	4214	01:36:03	Robert Howe	Mornington Chasers RC
874	3507	01:36:06	David Prior	Bedford Harriers AC
875	4928	01:36:41	Paul Atherfold	Yaxley Runners
876	4006	01:37:38	Brian Feldman	Hillingdon A C
877	3860	01:37:54	Jeremy Barber	Hardley Runners
878	3440	01:38:12	Daryl Bowler	Barnet & District AC
879	3721	01:38:23	Eric Campbell	Croydon Harriers
880	4380	01:40:55	Bill Neely	Ranelagh Harriers
881	4615	01:41:41	John Clarke	Springfield Striders
882	4226	01:45:09	Bob Bales	New Eltham Joggers
883	4646	01:46:46	Ian Cousins	Stopsley Striders
884	4236	01:48:25	Andrew Maconachie	New Eltham Joggers
885	3950	01:52:58	Andrew Lea-Gerrard	Herne Hill Harriers

Senior Men Team Results

Pos.	Pts.	Team	Placings
1	129	Bedford & County AC	(1 9 22 23 34 40)
2	222	Aldershot Farnham & District AC	(13 18 24 32 43 92)
3	278	Highgate Harriers	(12 25 36 49 69 87)
4	321	Thames Hare & Hounds	(17 45 56 58 70 75)
5	401	Shaftesbury Barnet Harriers	(6 14 15 46 71 249)
6	426	Kent AC	(5 10 31 108 129 143)
7	431	Newham & Essex Beagles	(19 44 50 93 103 122)
8	472	Herne Hill Harriers	(33 74 85 88 95 97)
9	515	Bedford & County AC	(55 59 62 96 120 123)
10	532	Harrow A C	(41 72 81 101 107 130)
11	544	Woodford Green AC & Essex Ladies	(26 53 94 111 126 134)
12	570	Serpentine R C	(30 51 83 112 138 156)
13	670	Blackheath & Bromley Harriers AC	(21 42 48 137 208 214)
14	739	Belgrave Harriers	(27 80 102 153 164 213)
15	761	Wells City Harriers	(2 29 79 144 206 301)
16	862	Highgate Harriers	(116 124 135 151 158 178)
17	923	Herne Hill Harriers	(114 136 148 161 165 199)
18	963	Bideford AAC	(8 38 52 186 219 460)
19	989	Thames Valley Harriers	(4 57 91 121 348 368)
20	1072	Hercules Wimbledon A C	(67 182 184 189 216 234)
21	1077	Marshall Milton Keynes AC	(65 66 162 247 255 282)
22	1104	Thames Hare & Hounds	(139 145 169 174 180 297)
23	1179	Metropolitan Police AC	(73 128 132 253 283 310)
24	1228	Serpentine R C	(163 187 200 217 228 233)
25	1403	Highgate Harriers	(188 192 220 230 284 289)
26	1510	London Heathside	(118 160 248 317 327 340)
27	1569	Hillingdon A C	(76 166 290 295 306 436)
28	1665	Reading AC	(68 201 215 331 354 496)
29	1666	Serpentine R C	(245 274 275 276 293 303)
30	1701	Norwich RR	(141 252 296 305 316 391)
31	1725	Victoria Park Harriers & Tower Hamlets AC	(193 236 308 320 332 336)
32	1731	Cambridge Harriers	(7 125 172 322 465 640)
33	1749	Garden City Runners	(78 84 229 394 467 497)
34	1756	Aldershot Farnham & District AC	(181 250 279 309 352 385)
35	1808	Medway & Maidstone AC	(28 89 133 413 531 614)
36	1844	Kent AC	(222 232 235 257 334 564)
37	1859	Guildford & Godalming A C	(152 154 315 333 399 506)
38	1862	Barnet & District AC	(150 244 281 374 375 438)
39	1864	Luton AC	(127 195 202 203 280 857)
40	1897	Mornington Chasers RC	(227 260 266 356 380 408)
41	1907	Dorking & Mole Valley AC	(105 191 271 341 495 504)
42	1999	Herne Hill Harriers	(204 268 329 359 367 472)
43	2033	Ranelagh Harriers	(98 285 378 381 430 461)
44	2108	Woodford Green AC & Essex Ladies	(159 243 350 355 440 561)
45	2199	Leighton Buzzard AC	(207 256 321 335 437 643)
46	2244	Southampton AC	(209 300 342 419 483 491)
47	2250	St Albans A C	(99 110 265 518 533 725)
48	2274	Dartford RR	(185 240 364 432 523 530)
49	2296	Serpentine R C	(325 338 369 406 411 447)
50	2304	Overton Harriers & AC	(196 224 415 446 486 537)
51	2382	The Stragglers	(183 270 314 534 539 542)
52	2432	London Heathside	(372 373 404 409 431 443)
53	2570	Ealing Southall & Middlesex AC	(287 347 441 487 492 516)
54	2573	Reigate Priory AC	(212 307 417 493 535 609)
55	2603	Basingstoke & Mid Hants AC	(241 286 448 476 553 599)
56	2649	Blackheath & Bromley Harriers AC	(225 344 449 517 520 594)
57	2697	Victoria Park Harriers & Tower Hamlets AC	(383 387 390 500 512 525)
58	2781	Gade Valley Harriers	(291 298 370 480 654 688)
59	2808	Stopsley Striders	(312 382 453 538 540 583)
60	2832	Queens Park Harriers	(313 365 462 505 549 638)
61	2856	South London Harriers	(304 328 389 510 630 695)
62	2859	Serpentine R C	(454 456 477 485 489 498)
63	3003	Highgate Harriers	(302 403 488 490 650 670)
64	3102	Norwich RR	(402 412 481 502 603 702)
65	3135	Chichester Runners & AC	(61 237 552 645 811 829)
66	3147	Dulwich Runners	(262 349 474 620 649 793)
67	3164	Canterbury Harriers	(318 501 528 548 605 664)
68	3169	Royston Runners	(345 360 418 615 714 717)
69	3181	Croydon Harriers	(146 324 469 697 758 787)
70	3253	London Heathside	(475 478 527 545 601 627)

71	3260	Bexley A C	(272 339 434 665 760 790)
72	3268	Springfield Striders	(371 529 550 557 628 633)
73	3297	London Front Runners	(388 433 585 611 636 644)
74	3327	Serpentine R C	(514 546 547 569 573 578)
75	3382	Eton Manor AC	(384 444 589 590 655 720)
76	3386	Trent Park RC	(218 464 526 687 709 782)
77	3501	Bedford Harriers AC	(299 358 562 565 852 865)
78	3502	New Eltham Joggers	(392 416 424 737 759 774)
79	3525	Watford Joggers	(397 471 598 667 668 724)
80	3641	Barnet & District AC	(439 457 576 613 764 792)
81	3647	Harlow R C	(263 571 677 693 694 749)
82	3688	Serpentine R C	(586 588 616 617 622 659)
83	3889	West Norfolk AC	(323 455 674 797 810 830)
84	3966	Woodford Green AC & Essex Ladies	(570 607 662 671 723 733)
85	4023	Herne Hill Harriers	(513 623 629 705 722 831)
86	4057	Wimborne AC	(343 602 734 735 805 838)
87	4122	Reigate Priory AC	(610 632 666 676 742 796)
88	4343	Hillingdon A C	(468 700 711 789 799 876)
89	4374	London Front Runners	(660 669 716 754 775 800)
90	4503	Queens Park Harriers	(691 704 732 779 781 816)
91	4519	Canterbury Harriers	(689 701 715 773 783 858)
92	4591	Ranelagh Harriers	(592 621 804 840 854 880)
93	5112	New Eltham Joggers	(803 824 851 868 882 884)

Senior Men Team (12 to Count) Results

Pos.	Pts.	Team	Placings
1	644	Bedford & County AC	(1 9 22 23 34 40 55 59 62 96 120 123)
2	1140	Highgate Harriers	(12 25 36 49 69 87 116 124 135 151 158 178)
3	1395	Herne Hill Harriers	(33 74 85 88 95 97 114 136 148 161 165 199)
4	1425	Thames Hare & Hounds	(17 45 56 58 70 75 139 145 169 174 180 297)
5	1798	Serpentine R C	(30 51 83 112 138 156 163 187 200 217 228 233)
6	1978	Aldershot Farnham & District AC	(13 18 24 32 43 92 181 250 279 309 352 385)
7	2270	Kent AC	(5 10 31 108 129 143 222 232 235 257 334 564)
8	2652	Woodford Green AC & Essex Ladies	(26 53 94 111 126 134 159 243 350 355 440 561)
9	3319	Blackheath & Bromley Harriers AC	(21 42 48 137 208 214 225 344 449 517 520 594)
10	3942	London Heathside	(118 160 248 317 327 340 372 373 404 409 431 443)
11	3962	Serpentine R C	(245 274 275 276 293 303 325 338 369 406 411 447)
12	4406	Highgate Harriers	(188 192 220 230 284 289 302 403 488 490 650 670)
13	4422	Victoria Park Harriers & Tower Hamlets AC	(193 236 308 320 332 336 383 387 390 500 512 525)
14	4803	Norwich RR	(141 252 296 305 316 391 402 412 481 502 603 702)
15	5503	Barnet & District AC	(150 244 281 374 375 438 439 457 576 613 764 792)
16	5912	Hillingdon A C	(76 166 290 295 306 436 468 700 711 789 799 876)
17	6022	Herne Hill Harriers	(204 268 329 359 367 472 513 623 629 705 722 831)
18	6186	Serpentine R C	(454 456 477 485 489 498 514 546 547 569 573 578)
19	6624	Ranelagh Harriers	(98 285 378 381 430 461 592 621 804 840 854 880)
20	6695	Reigate Priory AC	(212 307 417 493 535 609 610 632 666 676 742 796)
21	7335	Queens Park Harriers	(313 365 462 505 549 638 691 704 732 779 781 816)
22	7671	London Front Runners	(388 433 585 611 636 644 660 669 716 754 775 800)
23	7683	Canterbury Harriers	(318 501 528 548 605 664 689 701 715 773 783 858)
24	8614	New Eltham Joggers	(392 416 424 737 759 774 803 824 851 868 882 884)