

MUD SWEAT AND TEARS

Season 11/12

6th November 2011 Ascot under Wychwood

OXFORD MAIL CROSS COUNTRY LEAGUE REPORT

Impressive start for Lloyd and co

White Horse Harriers got off to a strong start to the season both individually and collectively .

With top ten performance from numerous athletes a strong base line has been set .

Whilst performances were good it was by no means a full turnout ,with only one full junior team and age groups bereft of a White Horse runner.

Sophie Lloyd was the days star performer finishing 5th overall and second under 17 to help bring home the girls team 4th in the under 15/17 age group . Starting the race from the front she did well to stay in the top three until the famous uphill finish. In contrast team mate Josie Harrison produced a brilliant late surge to go past three opponents and end the race in 8th. (6th under 15)

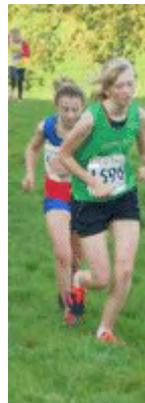
We look forward to seeing how their rivalry pans out throughout the year.

U17Sprinters Becky Hodgson

and Kythe Dearden racing this course for the first time also ran well finishing 22nd and 44th respectively .

Not to be outdone the under 15/17s boys finished well , lacking a 3rd member that would have placed them in the top 5 teams. Mitch Lomas and Ben Claridge produced fine individual performances finishing 8th and 23rd respectively . Claridge's performance particularly impressive considering it was his first race in this four year category.

In the under 11 and 13s categories White Horse presence was low but Reuben Paget, Benedict Fletcher, Amy Godfrey and Georgia Paxton-Doggett all produced strong finishes in the short distance



aces.

U20's Jonathon Cornish and Alex Mills held their own in the senior Men's race . Finishing 12th and 54th They contributed to a strong team performance .Led by 5th placed Tim Traynor, the clan including Steve Marshall, Paul Jegou, Dan Peace and John Peake. The team finished 1st in division 2 and 7th overall.

Our sole runner in the senior women's race Ros Burgess finished a respectable 65th and 15th in the v2 category



Pre-race smiles

Name	Women	Men	Age cat	Position (Age group position if applicable)
Mitch Lomas	!		u17	8th(6th)
Ben claridge		!	u15	23rd (9th)
Reuban Paget		!	u11	21st
Amy Godfrey	!		u13	41st
Georgia Paxton-Doggett	!		u13	44th
Benedict Fletcher		!	u13	29th
Sophie Lloyd	!		u17	5th (2nd)
Josie Harrison	!		u15	8th(6th)
Becky Hodgson	!		u17	22nd(9th)
Kythe Dearden	!		u17	44th (17th)
White horse team	!		u15/u17	4th
White horse team		!	u15/u17	10th

Athlete	F	M	Age Category	Position
Ros Burgess	!		women V2	65th(15th)
Tim Traynor		!	Mens S	5th (4th)
Jonathon Cornish		!	Mens U20	12th (2nd)
Steve Marshall		!	Mens S	22nd(17th)
Paul Jegou		!	Mens S	44th (33rd)
Alex Mills		!	Mens U20	54th (4th)
Dan Peace		!	Mens S	89th (57th)
John Peake		!	Mens V1	95th (25th)
Steven Casey		!	Mens S	145th (83rd)
Neil Druce		!	Mens V1	156th (41st)
Trevor Taylor		!	Mens V2	184th (24th)
Graeme Wiggins			Mens S	215th
Simon Lord		!	Mens V2	222nd (35th)
Dene Stringfellow		!	Mens V2	254th (44th)
Jeremy Smeedle		!	Mens V2	290th (54th)
White Horse A		!	u20/s/v123	Div 2: 1st overall 7th
White Horse B		!	u20/s/v123	Div 3:15th overall 31st

For more info on races and events visit

www.whitehorseharriers.org

Up and coming races and events

Something to consider -

Chiltern league runs popular afternoon races .

Berks Bucks and Oxon is a one off annual event and Oxford Mail races involve brilliant local courses

**Berks Bucks and Oxon
Bracknell
Sunday 20th November**

**Wessex Cross Country league Salisbury
Sunday 27th November**



**Chiltern League
St Albans
Saturday 3rd December**

**Oxford Mail XC League
Culham
Sunday 4th December**

**Young Athlete time trial
Ka's Centre site
Saturday 10th December**

**Christmas 5 miler
Charlton,Wantage
Tbc**